

School Staff Webinars - click your choice of date to register for the session

Supporting students' wellbeing during the transition from primary to post-primary school (with guestspeaker from TESS)

[Sept 2nd](#)
[7:30pm](#)

[Sept 3rd](#)
[4:30pm](#)

Body image and eating related difficulties:
Strategies for school staff to support students

Nov 2025
TBC

Maximising student voice for mental health and wellbeing in schools - for all school staff

Jan 2026
TBC

Social media and student mental health:
Strategies for supporting students to have healthy relationships with social media

Feb 2026
TBC

Maximising student voice for mental health and wellbeing in schools - for all school staff

Jan 2026
TBC

Supporting the Wellbeing Needs of Neurodivergent Students

March 2026
TBC

Self-compassion as a strategy for self-care for school staff (with input from Spectrum Life)

April 2026
TBC