## My 5-a-day weekly planner

|  | Connect | Learn | Be Active | Take Notice | Give |
| :---: | :---: | :---: | :---: | :---: | :---: |
| Monday |  |  |  |  |  |
| Tuesday |  |  |  |  |  |
| Wednesday |  |  |  |  |  |
| Thursday |  |  |  |  |  |
| Friday |  |  |  |  |  |
| Saturday |  |  |  |  |  |
| Sunday |  |  |  |  |  |

