

<b>JOB TITLE:</b>	<b>Jigsaw Clinician</b>  <i>(i.e. Social Workers, Psychotherapists, Occupational Therapists, Mental Health Nurses and Clinical/Counselling/Educational Psychologists)</i>
<b>BASE:</b>	<b>Various</b>
<b>RESPONSIBLE TO:</b>	Clinical Supervisor: Clinical Manager  Line Manager: Service Manager
<b>CONTRACT TYPE:</b>	<b>Various</b>

#### **POSITION SUMMARY:**

The role of Jigsaw Clinician is suited to Social Workers, Psychotherapists, Occupational Therapists, Mental Health Nurses and Clinical/Counselling/Educational Psychologists with a minimum of 1 years' post qualification experience. The Jigsaw Clinician works as part of the transdisciplinary Jigsaw team providing brief therapeutic supports to young people experiencing mild to moderate mental health difficulties. The Jigsaw Clinician conducts assessments, delivers evidence informed brief interventions and participates in evaluation of the Jigsaw service. The post holder will also have an opportunity to get involved in other activities to support youth mental health, e.g. mental health promotion, youth participation, online content development etc.

#### **WHO WE ARE:**

We are Jigsaw, the National Centre for Youth Mental Health. Formerly known as Headstrong, we were set up in 2006 and to this day, we remain committed to leading a nationwide transformation in the area of youth mental health. By joining the Jigsaw Team, you will help us to create an Ireland where every young person's mental health is valued and supported.

#### **OUR VISION**

We are a community of professionals, supporters, and volunteers with a shared belief in an Ireland where every young person's mental health is valued and supported.

#### **OUR MISSION**

We advance the mental health of young people in Ireland by influencing change, strengthening communities and delivering services through our evidence informed early intervention approach. Our network of Jigsaw services provide young people aged 12-25 with a place, or a digital space, they can visit for free and receive confidential support from trained mental health professionals.

We also aim to better inform, support, educate and empower communities, enabling a better understanding of our collective responsibility in supporting young people's mental health. Our youth mental health promotion work seeks to enhance community engagement and increase knowledge and understanding in relation to youth mental health. Our community-based workshops and programmes build the capacity of those who work or volunteer with young people, better equipping them to promote and support the mental health of young people where they live, learn, work and play.

Youth voice is central to our work in Jigsaw. We believe that youth participation is about involving young people, listening to them and giving them a voice in how our services and supports are planned, designed, implemented

and evaluated. It means involving them in decisions in an appropriate, mutually respectful and meaningful way across all levels of the organisation.

We are changing the way Ireland thinks about and responds to young people's mental health. It is essential for our young people's mental health and wellbeing that we respond at the right time, in the right way. We work with Government, the HSE, policymakers and other stakeholders to make sure the right frameworks are being put in place to support Ireland's young people for generations to come.

#### **PRIMARY RESPONSIBILITIES:**

- To undertake initial mental health screening/assessments with young people focusing on both strengths and difficulties.
- To collaborate with young people in designing and implementing evidence informed brief therapeutic interventions.
- To undertake risk assessments and implement risk management plans as appropriate.
- To liaise and consult with other professionals in supporting the mental health of young people attending Jigsaw.
- To work in accordance with Jigsaw Policies, Procedures and Guidelines.
- To participate in clinical supervision and line management for the purposes of support, guidance, direction and oversight, as appropriate.
- To participate in case management meetings, team meetings and other meetings as deemed necessary.
- To fulfil obligations as per the Children First Act 2015 and comply with the Jigsaw Child Protection and Welfare policy.
- To maintain accurate, confidential records of practice using the Jigsaw Data System and to cooperate with reporting requirements as per the Jigsaw Record Keeping Policy.
- To comply with responsibilities under the Data Protection Acts 1988, 2003 & 2018 (GDPR).
- To maintain professional and personal boundaries.
- To contribute to research, audit and evaluation of the service as required.
- To collaborate with the Youth Advisory Panel, as needed.
- To engage in other activities as required, e.g. mental health promotion, online content development, outreach work etc.
- To demonstrate an open and flexible attitude to work at all times.
- To be flexible regarding working hours in line with the needs of the service (incorporating late evening and weekend work).
- Additional responsibilities, reflective of the nature of this post may be agreed by Management.

## **KNOWLEDGE, SKILLS AND EXPERIENCE REQUIRED**

**Essential Criteria: *Qualifications & Accreditation/Registration – It is essential that you meet one of the below:***

- Psychotherapist accredited by the Irish Council for Psychotherapy or the Irish Association for Counselling & Psychotherapy. *(Psychotherapists must provide a copy of their current accreditation certificate/proof of accreditation at application stage).*
- Social Worker registered with CORU.
- Occupational Therapist registered with CORU.
- Mental Health Nurse registered with An Bord Altranais.
- Doctorate or equivalent in Clinical/Counselling/Educational Psychology. *(Psychologists who gained their qualification/s outside of the Republic of Ireland must provide a copy of their Letter of Validation from the Department of Health at application stage).*

**Essential Criteria: *Experience***

- Minimum of 1 year's post qualification or equivalent experience working in health, social care or related settings to support people with their mental health needs. *(For psychologists, this experience may have been spent in gaining the postgraduate professional qualification).*

**Desirable Criteria:**

- Experience of working in a community mental health settings, ideally with young people.
- Ability to demonstrate core clinical/therapeutic competencies; assessment, intervention and evaluation of outcome.
- Experience of /training in evidence informed mental health interventions, e.g. brief solution focused therapy, cognitive behaviour therapy, acceptance and commitment therapy etc.
- Familiarity with Children First: National Guidance for the Protection and Welfare of Children (2017).
- Passion for working with young people within the Jigsaw Model.
- Full, clean driving licence and access to a car.

**Skills**

- Strong interpersonal skills and an ability to engage young people in assessment and therapeutic work.
- Ability to reflect on practice in order to facilitate personal learning, professional development and service improvement.
- Ability to manage casework on an independent basis.

- Ability to work co-operatively as part of a team.
- Strong time management skills and capacity to prioritise competing demands
- Effective communication and presentation skills including the ability to present information in a clear and concise manner.
- Ability to consult, liaise and negotiate with young people, carers, family members and other professionals in community mental health settings and with other community services for young people.
- Proficient level of computer literacy and competent in MS office, Office 365, Microsoft Teams, Zoom, SharePoint.

Salary commensurate with qualifications and experience. Factors taken into account in determining an appropriate scale include the candidate's knowledge, skills, experience and qualifications relevant to the job. The salary range for this role will be **€36,000 - €49,500**.

Jigsaw operates the following benefits for its employee's

- Defined contribution pension scheme.
- Annual leave 25 days, exclusive of public holidays and 1.5 company days.
- Comprehensive annual CPD schedule
- Discounted Group Health Insurance Scheme
- Travel pass Scheme/ Bike to Work Scheme
- Financial support for further education

#### **Please note**

- Application is by online application form only & CVs will not be accepted. Please complete all fields of the application form. **Incomplete application forms will not be considered.**
- Your base site will be within our allocated service hubs, however due to the ongoing coronavirus pandemic, we're evolving our working practices to ensure we keep you and our teams safe. This will involve new ways of working using online platforms such as Zoom and MS Teams to conduct your duties and responsibilities. At various times during the course of your employment, there may be a requirement to spend some of your time working from home. This will be discussed and communicated with all staff as required, in a timely way. Jigsaw has clear protocols in place to support office working and working from home and has evolved its work practices to ensure you can perform your role safely and securely.
- The above Job Description is not intended to be a comprehensive list of all duties involved and consequently, the post holder may be required to perform other duties as appropriate to the post which may be assigned to him/her from time to time and to contribute to the development of the post while in office.
- For applicants who gained their qualification/s outside of the Republic of Ireland, evidence must be provided at the time of application that their qualification/s have been validated by the Irish Department of Health.
- Jigsaw is a registered charity. Our charity (revenue) number is CHY 17439. Our Registered Charity number is 20064846

- As Jigsaw is a regional organisation, this role may require access to a car and the post will require travel for work and a willingness to work occasional evenings and weekends, as required.
- All Jigsaw staff members are required to obtain Garda clearance as a condition of their initial and continued employment.
- Jigsaw is an Equal Opportunities Employer.
- All documentation received by Jigsaw will be processed in accordance with the Data Protection Acts, 1988 and 2003 *General Data Protection Regulation (GDPR; 2018)*. The information will only be used by Jigsaw in the processing of job applications and for ongoing administrative purposes with job candidates.