

# **Context evaluation:**

A profile of young people in Wicklow - December 2019

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# **Wicklow: Key Statistics**

# **Wicklow Population:**

- 142,425 13% increase since 2006 Census
- 11th largest population in the state
- Bray is the most densely populated area

# **Young People in County Wicklow:**

- Young people:
  - o 12-18 years: 13,626
  - o 19-24 years: 8,271
- 13<sup>th</sup> youngest county in the state
- Majority of young people 0-24 are Irish and identify as White Irish



#### **Families:**

- Most families are two-parent families
- 6,901 lone parent families
- 37% of these are families where all children in the household are under 15 years

#### School & Work:

- In 2018/2019 11,538 young people enrolled in post-primary schools in Wicklow
- 457 young people aged 15-25 on live register

# **Deprivation:**

- 7,000 young people under 18 estimated to be at risk of poverty
- 3,347 estimated to be living in consistent poverty

## **Mental Health and Wellbeing:**

- 12% of adolescents and 12% of young adults reported not being able to cope well with problems
- 16% of adolescents and 24% of young adults report severe or very severe levels of depression
- 24% of adolescents and 28% of young adults report severe or very severe levels of anxiety





# Introduction

The following report provides an overview of key characteristics of the Wicklow population, focusing on the youth population 12-25 years, and includes *My World Survey 2* (Dooley, O'Connor, Fitzgerald, & O'Reilly, 2019) data for adolescents and young adults. It also contains directories of relevant services and supports for young people, educational settings and health services in the county.

Please note that there are areas within this report that do not reference the 12-25-year-old age group. This is due to Census data being restricted to 0-24 and 25+ age groups, in some cases.

# **Characteristics of the Wicklow Population**

# Wicklow – A Growing Population

The county of Wicklow comprises a population of 142,425 people (Central Statistics Office [CSO], 2017), the 11<sup>th</sup> highest population by county in Ireland. The county has experienced consistent growth in population, and in the ten years between Census 2006 and 2016 there was a 13% increase in overall population. The largest rates of population growth in Wicklow have been concentrated in areas surrounding Bray, Greystones, Newtownmountkennedy, Ashford and Wicklow that are close to the M11: the main arterial route between Dublin and Wexford. Most people living in Wicklow (65%) live in urban areas. In 2016, Bray was the most highly populated settlement area with a population of 32,600, followed by Greystones (18,140), Arklow (13,163), and Wicklow Town (10,584; see Appendix A for a more detailed breakdown on population change and density by electoral division in Wicklow). However, it is important to note that surrounding towns such as Rathnew, Blessington, Aughrim and Roundwood had some of the highest rates of new development in the county between 2006 and 2011 (All-Island Research Observatory [AIRO], 2015).

The average age of the Wicklow population is 37.2 years (CSO, 2017), which is only marginally lower than the state average of approximately 37.4 years. Wicklow has a relatively high proportion of young people with approximately 34% of the total population under the age of 25 in 2016 (*n*=48,463), making it the 13<sup>th</sup>





youngest county in the state (CSO, 2017). In 2016, 13,626 (28%) young people in Wicklow were aged between 12-18 years and 8,271 (17%) were aged 19-24 years. The gender split in the population of young people aged 12-24 is roughly equal with 11,435 males (51.2%) and slightly less females (*n*=10,912; 48.8%).

Most young people aged 12-24 live in the settlement areas of Bray (5,273), Greystones/Delgany (2,595), Arklow (2,063), Wicklow (1,781) and Blessington (822; CSO, 2017. Please see Appendix B for Small Area Data for age and gender).

Nationals living in the county. This reduction reflects similar trends at national level, which may in part be accounted for by increased integration and dual Irish nationality (Wicklow Children and Young People's Services Committee, forthcoming).

This profile of nationality is consistent in the population of young people in Wicklow: the majority are Irish (93.2%) and identify as White Irish (87%). Only 5.5% of those aged 0-24 are from countries outside of Ireland, compared to 8.2% of 0-24 year olds in the whole of



Figure 1. Age cohorts by gender across Wicklow settlement areas.

# **Nationality and Ethnicity**

The vast majority of the Wicklow population are Irish (89.7%) and identify as White Irish (86%; CSO, 2017). Notably, Wicklow has seen a slight reduction (-2.9%) in the proportion of non-Irish

Ireland. The majority of 0-24 year olds from outside Ireland living in county Wicklow are from one of 28 European Union (EU) countries (4.2% of the 0-24 population), with the largest representation of these from Poland (22.4%) and the UK (12.8%). Only a small





proportion (1.3%) are from countries outside of Europe and the EU.

This is also reflected in statistics on ethnicity, whereby the next largest ethnic grouping for 0-24 year olds in Wicklow after White Irish is any other White background (6.4%) and only 4% identify as other ethnic groups including Black/Black Irish, Asian/Asian Irish, or other mixed background. Only 0.9% of 0-24 year olds in Wicklow identify as Irish Travellers. See Figure 2 below for breakdown of ethnicity and nationality for 0-24 year olds in county Wicklow.

families (*n*=21,069; 75.3%; CSO, 2017). A smaller but substantial proportion of young people (*n*= 6,901, 24.6%) live in lone-parent families, the majority of which (*n*=5,987; 86.8%) are single parent families consisting of a mother and children. Single parent families of a father and children account for only 13% of lone-parent families in Wicklow (CSO, 2017). Table 1 provides an overview of household composition by family type for family units with children in Wicklow.

The 2016 Census reports that most families in Wicklow have either one

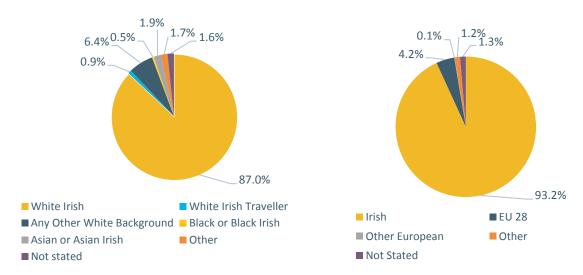


Figure 2. Ethnicity and nationality of the Wicklow 0-24 age cohort.

# **Household Composition**

Consistent with figures for the whole of Ireland, the vast majority of families in Wicklow are nuclear or two-parent

(*n*=11,052; 39.5%) or two (*n*=10,290; 36.8%) children. A very small proportion report have five or more children (*n*=388; 1.4%). As noted previously,





**Table 1**Household Composition by Family Type in Wicklow

Family units with children by type of family and age of children				
Age of Children	Couples with Children	Mothers with Children	Fathers with Children	
2016				
No. of families with all children under fifteen	10,817	2,369	157	
No. of families with all children above fifteen	7,030	2,910	685	
No. of families with children aged both under and above fifteen	3,222	708	72	
Total number of family units with children	21,069	5,987	914	

Wicklow has quite a young population and unsurprisingly the majority of families in Wicklow are made up of a parent/parents living with children who are all under 15 years of age (*n*=13,343; 55.7%; CSO, 2017).

Homelessness figures from the Department of Housing, Planning and Local Government (2019) indicate that Wicklow has a relatively low level of homelessness compared to the rest of Ireland. According to figures from September 2019, 20 adults in Wicklow accessed official homeless emergency accommodation and 2,477 households are on the social housing list. Homelessness data are not available at the county level for young people; however, data for the

mid-east region encompassing Wicklow, Kildare, and Meath, suggest that 15.5% of homeless adults in the area are aged 18-24 and on average each homeless adult has 1.5 dependents (Department of Housing, Planning and Local Government, 2019).

Wicklow also typically has a below average rate of children in care compared to the national average. Figures from the 2014 State of the Nation report (Department of Children & Youth Affairs, 2016) document 108 children and young people in care in the Wicklow Local Health Office (LHO) area and 191 in the Kildare/West Wicklow area: a rate of just over 3 per 1,000 children and young people living in these areas. More recent



Registered charity number 20064846. Charity revenue number 17439.



figures from the 2016 report are not directly comparable with reports from previous years as East Wicklow is now combined with figures from Dublin South East and West Wicklow is now combined with figures from Dublin South West and Kildare. However, the areas including Wicklow remain lower than the national average, with a slightly higher per thousand rate of 4.1 when these Dublin areas are included (Department of Children & Youth Affairs, 2016).

# **Education and Employment**

Overall, Wicklow residents have a relatively high level of education: 44% (n=38,542) of those aged 15 and above have a third-level degree, while only 11.7% (n=10,251) have no formal or primary only education. These figures are largely in keeping with national averages whereby 42% (n=1,216,945) of the population of Ireland have a third-level

degree and 13.3% (*n*=386,498) have no formal or primary only education (CSO, 2017).

As can be seen in Figure 3, women in Wicklow typically report slightly higher levels of educational attainment than men, with more women reporting having upper secondary or third-level education and more males reporting lower secondary education or below.

With 23 post-primary schools and 3 special education schools registered with the Department of Education and Skills alongside a number of other educational settings such as Youthreach, a large number of young people are currently in education in county Wicklow. In total, for the school year 2018/2019, 11,538 young people were enrolled in mainstream post-primary schools in the Wicklow area, 5,627 (49%) were female and 5,911 (51%) were male (Department of Education &

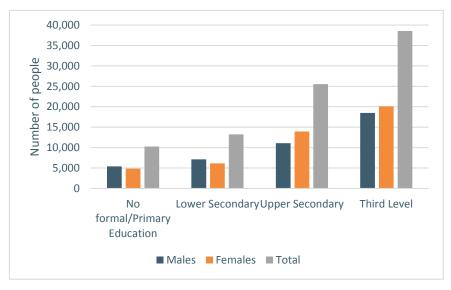


Figure 3. Highest education level of those age 15 years and above by gender in Wicklow.





Skills, 2018). Moreover, 10.8% (*n*=11,880) of the Wicklow population aged 15 and over are reported as still in education, encompassing second and third-level settings (CSO, 2017). A full list of primary, post-primary and other educational settings in county Wicklow can be found in the Directory of Educational Settings on p40.

In terms of employment, national Census and CSO Labour Force Survey figures indicate that the number of people in employment increased between the 2011 and 2016 Census (CSO, 2017; CSO, 2019a). Figures for Wicklow follow this national trend, with a decrease in the unemployment rate from 19.3% in 2011 to 12.7% in 2016 (CSO, 2017). Consistent with this, youth unemployment has also declined since 2011. Census figures for 2016 show that the unemployment rate for 15-24 year olds in Wicklow dropped from 40.3% in 2011 to 26.3% in 2016. Current figures from the October 2019 report 5,174 people on the Live Register in Wicklow, 10.8% (n=457) of these are young people aged between 15-25 years (CSO, 2019b). Overall, this represents a slight reduction from the start of the year (n=494).

A large proportion of the Wicklow population consists of young people aged less than 15 years who are too young to be active in the labour force i.e. dependents (CSO, 2017). As a proportion relative to the working population, Wicklow has a youth dependency rate of

35.2%, which is the 13<sup>th</sup> highest dependency rate in the state, and slightly higher than state average of 32.3%. This indicates that a relatively large number of people are of nonworking age relative to those of working age (CSO, 2017).

A small number of young people aged 0-24 years (n=328) in Wicklow also provide regular, unpaid, personal help for a friend or family member with a long-term illness, health problem, or disability (CSO, 2017). Wicklow has a relatively low proportion of carers relative to rest of Ireland, with the seventh lowest rate (3.9%) by Census county and city classification. Young carers account for approximately 6% of carers in Wicklow. While this figure is low and represents a slight reduction from the 2011 figures (*n*=349; 6.8%), some of these young carers provide up to as much as 12 hours of care each week (CSO, 2017). This is supported by data from My World Survey 2 (Dooley et al., 2019) which found that approximately 13% of adolescents and 6% of young adults in the Wicklow sample were providing regular unpaid help for a family member.

#### **General Health and Disability**

Overall, according to 2016 Census records (CSO, 2017), the majority of people living in Wicklow report having 'good' or 'very good' general health (*n*=126,295; 88.7%). Similarly, almost all young people aged 0-24 in Wicklow report that their health was 'good' or 'very good' (*n*=46,039; 95%), with only 1.8% (*n*=870) reporting 'fair',





'bad' or 'very bad' general health. In 2016, this was consistent across gender in Wicklow, with 95.2% of young males and 94.8% of young females under 25 reporting 'very good' or 'good' general health, respectively (CSO, 2017).

Most people in Wicklow live and function without the impairment of long-lasting health difficulties. However, 19,244 (13.5%) people in Wicklow reported that they had a disability. This is in line with the state average of 13.5%. Although the majority of these are aged 25 and above, approximately 1 in 5 are aged 0-24 (Disability Federation of Ireland, 2018). Census data also indicates that this cohort of people typically have poorer access to education and employment, as they have lower levels of education and higher rates of unemployment than the general population in Wicklow (CSO, 2017).

# Deprivation

Overall, the county of Wicklow is slightly more affluent than average. The Pobal HP Deprivation Index, which is calculated based on household sociodemographic indicators, provides an indication of relative affluence or disadvantage based on several socioeconomic indicators from Census data, such as indicators of population change, education, employment and household composition (Haase & Pratschke, 2017). Based on

Census data from 2016, Wicklow has a HP index score of 1.43 indicating that it has marginally above average levels of affluence (Pobal, n.d.). However, affluence is not equally distributed across the county. Although pocketed with small areas of disadvantage, the north-eastern part of Wicklow including areas surrounding Powerscourt, Bray and Greystones are typically considered affluent with relative HP index scores above 10. By contrast, the south western part of Wicklow is considered marginally below average in terms of affluence, with small areas around Stratford, Tinnahely, and Carnew considered as disadvantaged, with relative HP index scores below -10 (See Appendix C for a breakdown of relative HP index scores by Census Small Area of Population).

In Ireland, approximately 1 in 6 people are classified as at-risk of poverty and 1 in 14 live in consistent poverty<sup>1</sup> (CSO, 2019c). Young people under the age of 18 are the most at-risk of poverty and deprivation and are consistently identified as more likely to be living in poverty than older cohorts. Estimations based on the 2017 Survey on Income Living Conditions (SILC) in Ireland suggest that approximately 7,000 young people under 18 are at risk of poverty and 3,347 are living in consistent poverty<sup>2</sup>



<sup>&</sup>lt;sup>1</sup> Based on data from 2017 SILC survey

<sup>&</sup>lt;sup>2</sup> Estimated using SILC poverty rates and population data for county Wicklow



# **Mental Health & Wellbeing**

My World Survey 2 (MWS-2; Dooley et al., 2019) is the second wave of a national study of youth mental health in Ireland, which consisted of responses from 10,459 adolescents in second-level schools and 8,290 young adults.

This section describes key findings from analyses prepared by the *MWS-2* research team relating to adolescents (*N*=199) and young adults (*N*=348) in county Wicklow. To situate the data for the Wicklow sample within the national context, this report makes comparisons between the Wicklow *MWS-2* sample and the national *MWS-2* sample; however, it is important to note that these comparisons are for contextual purposes only and are not based on statistical inference.

#### **Adolescents**

# Demographic Characteristics of Wicklow Adolescent Sample

# Age and Gender

Adolescents were aged 12-18 years; the majority (65%) were female and the remaining 35% identified as male.

Adolescents were distributed across year groups, with the largest representation of students in 4<sup>th</sup> year (20%), followed by 5<sup>th</sup> year (19%) and 2<sup>nd</sup> year (18%; see Figure 4).

#### Sexual Orientation

When asked about their sexual orientation, 88% of Wicklow adolescents identified as heterosexual and 5% as lesbian, gay, bisexual, asexual or pansexual (LGBAP). Additionally, 7% of

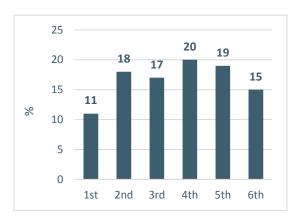


Figure 4. School year breakdown for Wicklow adolescents above by gender in Wicklow.

adolescents reported they were not sure/still questioning/other. Adolescents were also asked to rate how comfortable they were with their sexuality: 96% of adolescents in Wicklow reported they are highly comfortable with their sexuality,





slightly more than the national sample (90%) of adolescents.

## **Living Situation**

Approximately 40% of adolescents in Wicklow reported that they live in a town, 24% indicated they live in the countryside outside a town/city, 23% in a village, 10% on a farm and 3% in other areas. Most (91%) adolescents reported feeling safe in their neighbourhood.

## Religion

The most commonly reported religion amongst adolescents from Wicklow was Church of Ireland (58%), whereas only 4% of adolescents in the national *MWS-2* sample reported that they were Church of Ireland. Only 20% of adolescents from county Wicklow cited Roman Catholic as their religion, compared to 74% of the national sample. Furthermore, 6% of adolescents from county Wicklow reported that they were Christian, 10% that they had another religion, and 6% reported they did not have a religion.

#### Personal Well-Being and Lifestyle Factors

# Enjoying Family Life

Approximately 67% of adolescents in Wicklow stated that they enjoyed family life, while 29% stated that they sometimes did and 4% stated that they did not.

#### Anger

A small proportion (9%) of adolescents reported that they felt angry a lot, 46% reported they felt somewhat angry, while 45% said that they did not feel angry a lot. Males (16%) were more likely to report feeling angry than females (6%).

#### Schoolwork

In terms of their schoolwork, 27% of adolescents ranked themselves as being at the top of the class, 71% as being in the middle and 3% as being at the bottom.

Males (34%) were more likely to say they were at the top of the class than females (23%).

Furthermore, 17% of adolescents in Wicklow reported that they received additional teaching support in school (i.e., resource teaching and learning support).

#### Days Absent

The mean number of days absent from school in the past month was 1 day, with 59% of students reporting that they had not missed any days of school in the past month, 32% were absent once or twice, 8% were absent for three to five days and only 1% were absent six days or more.

#### Trouble with the Gardaí

Only 3% of adolescents from county Wicklow reported that they have been in trouble with the Gardaí. All of these students were in fifth year at the time of the survey.





# Sleep

The National Sleep Foundation in the US recommends that teenagers get 8-10 hours of sleep a night, referred to here as good sleep hygiene.

Of the Wicklow adolescents surveyed, 55% reported that they had good sleep hygiene, which is higher than that reported nationally (47%). Additionally, 42% of adolescents in Wicklow reported getting 6-7 hours sleep, and 4% between 0-5 hours sleep a night.

Similar to the national sample, female adolescents in Wicklow (51%) were less likely to get the recommended amount of sleep compared to their male peers (61%; see Figure 5).

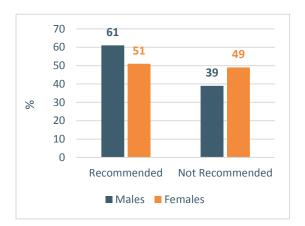


Figure 5. Sleep hygiene for Wicklow adolescents by gender.

# Body Appearance, Physical Activity and Hobbies

In relation to body appearance, 40% of adolescents in county Wicklow stated that they have tried to bulk up or maintain

muscle mass. Males (59%) were more likely to report this than females (30%). The main method used was exercising (98%).

In terms of weight management, 71% of adolescents in Wicklow stated that they have tried to lose weight or avoid gaining weight. Females (84%) were more likely to report this than males (48%). The main methods used to lose/avoid gaining weight were exercising (86%) and eating less food, fewer calories or foods low in fat (64%).

The majority of adolescents in the Wicklow sample reported that they played sport regularly (89%) or participated in hobbies or volunteered at least once a week (72%). A smaller proportion (36%) reported that they regularly attended the gym in the past six months (see Figure 6).

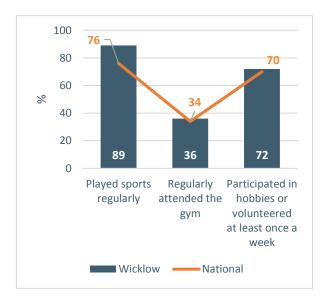


Figure 6. Adolescents' exercise and hobbies, Wicklow and National.





# **Bullying**

Overall, 38% of adolescents in Wicklow reported that they have been bullied at some point. Of these, 42% had experienced bullying within the last 4-5 years, 28% within the last 2-3 years, 7% within in the last year, 3% in the last six months and 7% in the past month. Females in Wicklow (38%) were less likely to report experiences of bullying than the national *MWS-2* sample (45%; see Figure 7).



Figure 7. Adolescents' frequency of bullying, Wicklow and National.

The most common forms of bullying for adolescents in Wicklow were verbal (30%) and emotional (24%), with only 7% reporting physical bullying.

Similar to trends in the main MWS-2 report, the majority of those who experienced bullying (75%) reported being bullied at school, with 8% bullied by text, 5% online, 3% at home, 3% by phone, and

8% elsewhere including at afterschool activities and classes.

#### Social Media Use

In relation to social media profiles, 92% of adolescents in Wicklow reported having a social media profile or account. Of those, 94% reported having Snapchat, 91% Instagram, 41% Facebook, 27% Twitter, 3% had a Dating App and 17% used other social media sites.

Compared to the national sample, Wicklow adolescents reported spending less time online: they were more likely to report spending no time, less than an hour or 1-2 hours online, whereas the national sample were more likely to report spending 2-3 or more than three hours online (see Figure 8). Female adolescents in Wicklow (32%) were more likely than their male peers (16%) to spend more than 3 hours online a day.

In relation to profile privacy, 74% of adolescents reported having their profile



Figure 8. Adolescents' time spent online, Wicklow and National.





on the social media site they use most often set to private, 12% partially private and 9% set to public. In terms of how adolescents spend time online, 68% reported that they never meet people online for social interaction that they have not met in real life.

When asked about being sent mean messages, 66% of Wicklow adolescents reported they never experienced this, 25% reported that it happened to them once and 8% reported being sent mean messages occasionally. A small number (2%) reported being sent mean messages daily. Furthermore, 86% reported that they had never experienced someone taking nasty photographs of them and posting them online.

# **Pornography**

Senior Cycle adolescents were asked about their experiences of pornography as part of *MWS*-2. In Wicklow, approximately 41% of these adolescents reported that they had watched pornography. Of those who watched pornography, 72% searched for a website themselves, while 21% received an email or clicked on a link and viewed pictures of sex that they did not want to see. A notable gender effect was observed, with 84% of males in Senior Cycle reporting having ever watched pornography compared to 22% of females, which coincides with findings on the national sample.

Compared to the national sample, Senior Cycle adolescents in Wicklow were more

likely to report never having watched pornography in the last month, and less likely to report watching pornography more than once a week (see Figure 9).



Figure 9. Adolescents watching pornography in the last month, Wicklow and National.

This pattern was also highly gendered, as most males reported watching pornography once a week (26%) or more than once a week (30%), while none of the females reported watching pornography more than once a week, but 13% reported watching it once a week.

# Relationships

The majority of adolescents in Wicklow (82%) reported that they did not have a boyfriend or girlfriend. A slightly lower proportion of adolescents in Wicklow (18%) reported having a boyfriend or girlfriend than adolescents in the national *MWS*-2 sample (24%; see Figure 10).





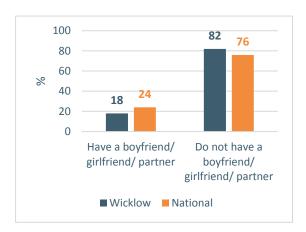


Figure 10. Adolescents having a boyfriend/girlfriend/romantic partner, Wicklow and National.

When asked how they spend time with their boyfriend/girlfriend, 94% of Wicklow adolescents reported that they spend time in person, 66% by texting, 57% on social media, 57% on the phone and 34% said on the internet. In addition, 86% of adolescents indicated they were satisfied or very satisfied with the relationship and 14% were neither satisfied nor dissatisfied.

Among all adolescents, 55% said they had never experienced a break-up, 17% reported that they had over a year ago and 28% had experienced one within the past year.

#### Sexual Behaviours

Senior Cycle adolescents were also asked about their sexual behaviours.

Approximately 1 in 3 Senior Cycle adolescents in Wicklow (38%) reported having had oral sex (compared to 49% of

the national sample) and 1 in 5 (19%) reported having had sex (compared to 30% in the national sample).

Of those who reported having had sex, 68% were aged 15-16 years, 32% were 17+ years and none were 14 and under when they first had sex. In addition, 63% reported that they had had sex with one person, 16% with two people, 11% with three people, none reported they had had sex with four or five people and 11% reported six people or more.

Within the past three months, of those who reported having had sex, 74% reported having one sexual partner, 11% reported having two and 16% reported that they had not had sex within the past three months.

Compared to the national sample, Senior Cycle adolescents in Wicklow were less likely to report always using contraception (33% vs 55%) and more likely to report using contraception most times (44% vs 13%; see Figure 11).

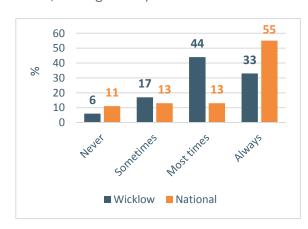


Figure 11. Adolescents' use of contraceptive methods, Wicklow and National.





# **Top Stressors**

Consistent with trends in the national data, the top three stressors for adolescents in Wicklow were school, exams and homework.

# Coping with Problems

Approximately 35% of Wicklow adolescents reported that they generally coped well with problems, 53% that they sometimes coped well, and 12% that they did not cope well.

Males (46%) were more likely to state that they coped well compared to females (30%).

# **Top Coping Strategies**

Consistent with trends in the national data, the top three coping strategies for adolescents in Wicklow were exercise, music, and friends.

#### Parent's Mental Health

Approximately 12% of Wicklow adolescents reported having at least one parent/guardian who had had a mental health problem.

In addition, approximately 6% reported that their father had a long-term alcohol/drug addiction while 2% reported this for their mother and 2% for their guardian.

#### Mother and Father Criticism and Approval

Compared to the national sample, adolescents in Wicklow reported slightly

higher levels of parental approval from both parents (see Figure 12).

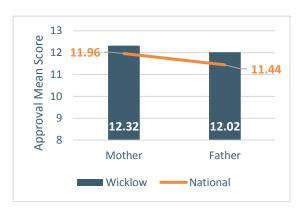


Figure 12. Adolescents' mean score of parental approval by parent, Wicklow and National.

Additionally, adolescents in Wicklow reported slightly lower levels of parental criticism than the national sample (see Figure 13).

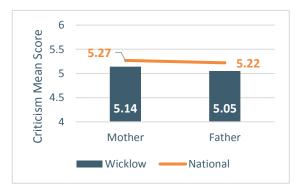


Figure 13. Adolescents' mean score of parental criticism by parent, Wicklow and National.





# **Negative Domains**

## Depression and Anxiety

Adolescent reports of depression and anxiety were gathered using the Depression, Anxiety and Stress Scale (DASS), and followed a similar pattern to that observed in the national sample, with the largest proportion of adolescents categorised in the normal range for depression (56%) and a smaller proportion experiencing severe (7%) very severe (9%) levels of depression (see Figure 14).

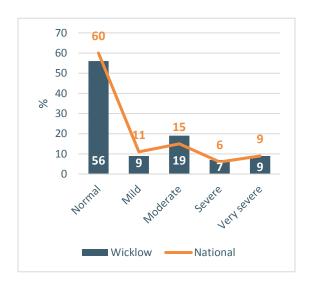


Figure 14. Adolescents' severity of depression, Wicklow and National.

Furthermore, females were more likely to report severe or very severe depression, whereas males were more likely to report mild or moderate depression (see Figure 15).

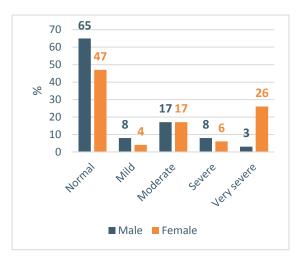


Figure 15. Adolescents' severity of depression by gender, Wicklow.

Levels of anxiety in Wicklow adolescents also followed a similar pattern to that observed in the national sample, with the largest proportion of adolescents categorised in the normal range for anxiety (53%) and a smaller proportion experiencing severe levels of anxiety. However, nearly one in six (18%) were experiencing very severe levels of anxiety (see Figure 16).



Figure 16. Adolescents' severity of anxiety, Wicklow and National.





Finally, females were more likely to report very severe levels of anxiety, whereas males were more likely to be categorised in the normal range for anxiety (see Figure 17).

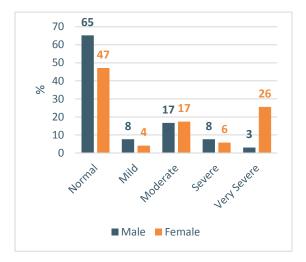


Figure 17. Adolescents' severity of anxiety by gender, Wicklow.

# Suicidality

As shown in Figure 18, reports of suicide ideation and deliberate self-harm followed similar trends to those found in the national sample, although adolescents in Wicklow reported slightly higher rates of deliberate self-harm without intent to die (31% vs 23%) and suicidal ideation (45% vs 41%).

Of the adolescents in Wicklow who reported that they had deliberately hurt themselves without wanting to take their own life, 20% did so within the last year, 19% within the last six months, 27% within the last month, and 34% at some other time (typically over a year ago).

Females (31%) were more likely to report deliberate self-harm than males (29%). Those in Senior Cycle (57%) were more likely to report this than those in Junior Cycle (19%).

In relation to suicidal thoughts, 45% of Wicklow adolescents had thought about taking their own life even though they would not do it; 32% indicated that this was within the last year, 22% within the last six months, 22% within the last month, and 24% at another time. Again, females (48%) were more likely to report thinking of taking their own life than males (40%).

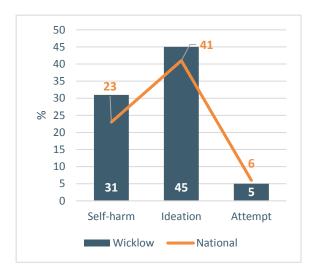


Figure 18. Adolescents' suicide ideation, deliberate self-harm and suicide, Wicklow and National.

A small proportion (5%; *n*=10) of Wicklow adolescents reported that they had made a suicide attempt.





# Psychotic-like Experiences

Some adolescents in the Wicklow MWS-2 sample reported experiencing psychotic like symptoms: 13% said that they had definitely thought that people were following or spying on them at some point and 30% indicated maybe. In addition, 21% said they had definitely heard voices or sounds that no one else could hear and 20% said maybe. Furthermore, 10% had definitely seen things that other people could not see and 18% reported they might have seen things that other people have not. Females (M=.84, SD=.91) scored significantly higher on the psychotic-like experiences indicator than males (M=.67, SD = .80).

#### Alcohol Behaviour

Of the Wicklow sample, 54% reported never drinking alcohol, 22% reported doing so less than monthly, 18% monthly, 5% weekly and 1% daily. Most of the adolescents in Junior Cycle (82%) reported they never drink alcohol, compared to 28% of the adolescents in Senior Cycle.

According to the AUDIT WHO cut-offs (Babor, Higgins-Biddle, Saunders & Monteiro, 2001), the majority of adolescents in Wicklow who drank alcohol were categorised as having low risk drinking behaviour (71% vs 65% national). A further 22% were classified as problem drinkers, 2% as harmful/hazardous drinkers, and 5% as potentially alcohol dependent.

Compared to the national *MWS-2* sample, female adolescents were more likely to be categorised as having low risk alcohol use (75% vs 68%). On the other hand, male adolescents in Wicklow were slightly more likely to be categorised as having possible alcohol dependence (8% vs 4%; see Figure 19).

#### Cannabis Use

Approximately 13% of adolescents in Wicklow reported that they had smoked Cannabis; 19% of males compared to 9% of females. This is in line with the national sample, whereby 15% of adolescents reported having smoked Cannabis.

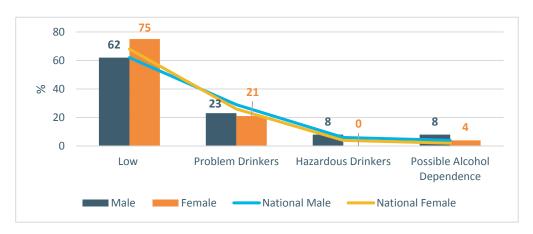


Figure 19. Adolescents' alcohol use by gender, Wicklow and National.





# Gambling

The Senior Cycle adolescent group were asked questions about gambling behaviour. Similar to the national sample, of those who answered the questions, 92% were categorised as non-gamblers, 1% as low-risk gamblers, 5% as moderaterisk gamblers, and 2% as problem gamblers.

# Stressful Life Events

Approximately 17% of adolescents in Wicklow reported that they had not experienced any of the stressful life events listed. Similar to national trends, the most common stressful life events for adolescents were having someone close to them die (50%), moving house within Ireland (42%), observing conflict between parents (35%), the serious illness/injury of a friend (23%), having a home broken into (17%) and experiencing violence in the home/domestic violence (9%). Smaller numbers of adolescents reported moving country (6%), violence in a romantic relationship (3%), and staying in a foster home/residential care (1%).

#### **Positive Domains**

# Self-Esteem

Overall, adolescents in Wicklow scored above the midpoint of 25 on this measure, indicating average levels of self-esteem.

As seen in Figure 20, males displayed

significantly higher levels of self-esteem than females.

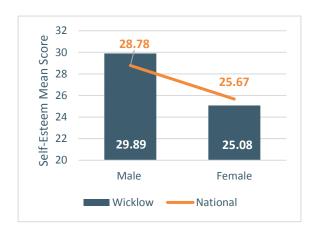


Figure 20. Adolescents' self-esteem by gender, Wicklow and National.

## **Body Esteem**

Overall, adolescents in Wicklow reported broadly similar levels of body esteem to those reported in the national *MWS-2* sample (see Figure 21).



Figure 21. Adolescents' body esteem by gender, Wicklow and National.

Adolescents were also asked how satisfied they were with their bodies. Here, 46% of adolescents (compared to 46% of the





national sample) reported that they were satisfied/very satisfied with their body, 24% were neither satisfied nor dissatisfied, and 30% were dissatisfied/very dissatisfied.

Males (70%) were much more likely to be satisfied or very satisfied with their body than females (34%). In the national sample, 57% of males were satisfied or very satisfied with their body compared to 38% of females.

## **Optimism**

Overall, adolescents in Wicklow scored slightly above the midpoint of 12 on the optimism measure (*M*=12.37, *SD*=5.05). As Figure 22 shows, males reported significantly higher levels of optimism than females. Optimism scores for adolescents in Wicklow were broadly similar to those reported in the national *MWS-2* sample.

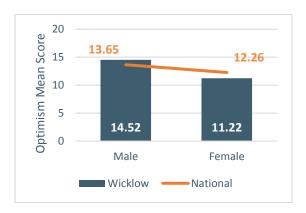


Figure 22. Adolescents' optimism by gender, Wicklow and National.

# Satisfaction with Life

Overall, similar to the national sample, adolescents scored much higher than the midpoint of 24 on the scale measuring life satisfaction (M=31.71, SD=6.5). Males (M=32.94, SD=5.72) reported being more satisfied overall with their lives than females (M=31.04, SD=6.81).

## **Coping Strategies**

Three fundamental coping strategies were assessed in *MWS*-2: problem-solving, seeking social support, and avoidance. High scores on problem-solving and seeking social support and low scores on avoidance coping factors indicate well-adjusted coping strategies.

#### **Problem-Solving**

Adolescents in Wicklow scored just above the midpoint of 17.5 in their use of problem-solving as a means of coping (*M*=17.58, *SD*=5.96). As seen in Figure 23 males were significantly more likely to use problem-solving as a coping strategy than females.

#### **Seeking Social Support**

In relation to seeking support, adolescents scored just below the midpoint of 14 (*M*=13.89, *SD*=5.11). Females showed a greater tendency to use social support than males as shown in Figure 23.

#### **Avoidance Based Coping**

Adolescents scored below the midpoint of 21 for avoidant-based coping (*M*=16.89, *SD*=6.23). Although females were more





likely to use social support to deal with problems than males, they were also significantly more likely to avoid problems than males (see Figure 23).

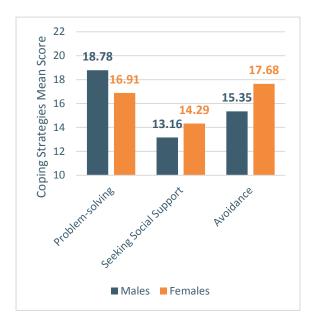


Figure 23. Adolescents' coping strategies by gender, Wicklow and National.

#### Resilience

Scores for subscales of resilience were broadly similar to those observed in the national *MWS-2* sample (see Table 2).

Overall, adolescents in Wicklow scored above the midpoint of 24 on the personal competence resilience subscale. Males displayed significantly higher levels of personal competence (M=28.53, SD=4.71) than females (M=25.00, SD=6.77).

#### School and Peer Connectedness

Similar to the national sample, adolescents in Wicklow scored above the midpoint of 18 in terms of school connectedness (*M*=20.40, *SD*=4.87) and peer connectedness (*M*=22.98, *SD*=3.91).

# Social Support

Compared to national figures, adolescents in the Wicklow sample reported similar levels of perceived social support from adults but slightly lower levels of perceived social support from family and friends (see Figure 24). Overall, adolescents scored

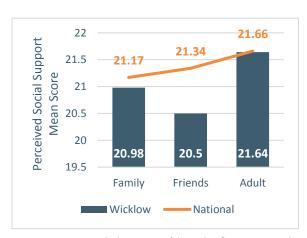


Figure 24. Adolescents' level of perceived social support, Wicklow and National.

**Table 2**Adolescents Resilience Subscales, Wicklow and National.

Resilience Subscale	County Wicklow (M)	National (M)
Personal Competence	26.23	27.97
Social Competence	18.18	18.46
Family Cohesion	23.72	23.41





above the midpoint of 14 in family support, in friend support and in adult support.

#### One Good Adult

#### Presence of One Good Adult©

Just under three-quarters (73%) of adolescents in Wicklow reported that they had a special adult in their lives when in need, 14% reported low support from a special adult and 13% reported moderate support from a special adult (see Figure 25).

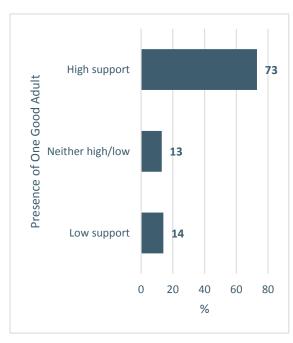


Figure 25. Adolescents' presence of a special adult, Wicklow.

# Availability of One Good Adult®

In terms of how available their special adult was in times of need, 56% of Wicklow adolescents reported that their special adult is always available to them, 24% said very regularly, 11% said regularly, 5% said sometimes and 4% reported that their special adult was irregularly available to them.

Females in the national sample (61%) were more likely to report that their special adult was always available to them compared to the females in county Wicklow (53%).

# Help-Seeking

# **Sources of Support**

Adolescents were asked how likely they would be to use a variety of sources to obtain information or support about their mental health and wellbeing. Similar to national trends, the most commonly reported informal sources were parents (68%) and friends (68%), followed by relatives (27%) and online (26%).

Teacher or guidance counsellor were the most likely source of formal support with 34% reporting this. This was followed by doctors or GPs (24%), and phone helplines (7%). Only 18% of adolescents in county Wicklow had heard of Jigsaw, compared to the national sample where 36% of adolescents had heard of Jigsaw.

# **Talking about Problems**

When adolescents from Wicklow are faced with problems, 64% reported that they talk about them with someone.

Overall, adolescents in Wicklow were more likely to talk to their family (62%) than their friends (29%; see Figure 26).





Adolescents in Junior Cycle were more likely to talk to their family (65%) about their problems than to their friends (25%). On the other hand, adolescents in Senior Cycle were more likely to talk to their friends (52%) about their problems than to their family (38%).

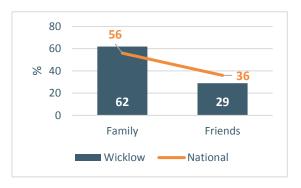


Figure 26. Adolescents talking about personal problems to family or friends, Wicklow and National.

# **Young Adults**

# Demographics and Characteristics of Sample

# Age

Young adult participants from Wicklow were aged 18-25 years (*M*=20.2, *SD*=1.79), with many reporting to be undergraduate third-level students (90%). With regard to gender, 32% identified as male and 68% identified as female. Less than 1% indicated they did not want to disclose their gender or that they were not sure/questioning.

# Sexual Orientation

Almost three quarters (73%) of the young adult sample from Wicklow identified themselves as heterosexual, 12% as bisexual, 7% were not sure or were

questioning their sexual orientation, 3% as gay and 2% as lesbian. A minority (1%) of young adults in Wicklow identified themselves as asexual, 1% as pansexual and 1% indicated that they would prefer not to say.

#### Religion

With regard to religion, 44% identified as an atheist/no religion, 40% as Roman Catholic, 7% as a Christian, 5% Church of Ireland and 3% reported having another religion.





# Personal Well-Being and Lifestyle Factors<sup>3</sup>

# Enjoying Family Life

About one-third (35%) of young adults reported that they enjoyed family life, 57% indicated that they sometimes did, while 8% said that they did not.

# Anger

Young adults in Wicklow were more likely to report feeling angry (22%) than the national sample (nearly 16%) while 38% reported sometimes feeling angry and 40% reported not feeling angry.

#### Trouble with the Gardaí

The vast majority of young adults in Wicklow reported that they had not been in trouble with the Gardaí (95%). This is in line with the national *MWS-2* sample (95%).

# Long-term Health Difficulty/Disability

About 36% of young adults from county Wicklow reported that they had a long-term health difficulty or disability (slightly higher than the national sample, which was 30%). Of those who reported this, 25% indicated they had a mental health difficulty, 7% reported a physical health difficulty and 3% reported both a mental and physical health difficulty.

Approximately 6% of the Wicklow young adult sample reported that they provide regular unpaid personal help for a family member with a long-term illness.

# Days Absent

Almost 41% of young adults indicated that they had not been absent from college/work at all in the past 30 days.

Approximately 14% indicated that they were absent for one day, 15% for two days and 30% for three days or more.

#### Sleep

Good sleep hygiene for young adults is defined as getting seven to nine hours of sleep a night (National Sleep Foundation, 2015). More than half of young adults from county Wicklow (58%) reported getting the recommended amount of sleep, which was slightly lower than the national sample (62%).

Almost 2% of young adults from county Wicklow reported getting 10 hours or more sleep per night, 5% reported getting 9 hours sleep, 17% said 8 hours, 36% said 7 hours and 27% reported getting 6 hours sleep per night. A small percentage of young adults reported getting 5 hours sleep (11%), 1% said 4 hours and 1% said 3 hours.



**Unpaid Carers** 

<sup>&</sup>lt;sup>3</sup> Gender groups other than male and female were omitted from further analyses due to small sample sizes.



# Body Appearance, Physical Activity and Hobbies

# **Body Appearance**

With regard to muscle building, 37% of young adults in Wicklow said they had tried to bulk up or maintain muscle mass at some point (compared to 33% in the national sample). With regard to dieting, similar to the national sample (80%), nearly 77% had tried to lose weight or avoid gaining weight previously.

# **Physical Activity and Hobbies**

Almost 35% of young adults in Wicklow indicated that they had regularly played sports in the last six months, while 36% of participants had regularly attended the gym in the last six months. In addition, 51% of young adults from county Wicklow had regularly participated in other hobbies in the last six months. These figures are consistent with those observed in the national sample of young adults, although a slightly higher proportion of young adults in Wicklow report playing sports regularly (35% vs 30%; see Figure 27).

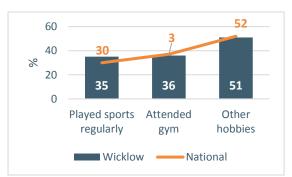


Figure 27. Exercise and hobbies of young adults, Wicklow and National.

## Bullying

Similar to the national sample, 55% of young adults in Wicklow reported that they themselves had been bullied, while 81% of participants said that they had seen bullying previously (see Figure 28).

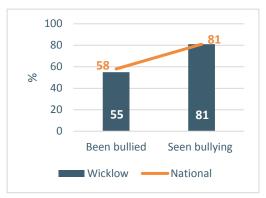


Figure 28. Young adults' experiences of bullying, Wicklow and National.

Similar to the national sample, most of the young adults in Wicklow who reported being bullied indicated that this had happened in school (77%) whereas 3% indicated this happened at home.

Additionally, 6% stated this was by text, 4% online, 2% by phone and 1% stated at their workplace. Finally, 7% of participants said they had been bullied somewhere else.

#### Social Media Use

Similar to the national sample, nearly all of the young adults (98%) from county Wicklow had a social media account.

On average, 31% of young adults reported that they spent more than 3 hours online a day, 28% reported 2-3 hours, 26%





reported 1-2 hours, and 15% said less an hour or no time online a day (see Figure 29). These reports are similar to national figures for young adults.



Figure 29. Young adults' time spent online, Wicklow and National.

Similar to the national trend, 57% said their status was private on the social media site they used most often so only their friends could see the content, while 24% said it was partially private (i.e., friends of friends can see) and 18% indicated it was public (i.e., everyone can see).

In relation to how they spend their time online, 69% of young adults reported that they never meet people online that they have not met in real life, while 29% did so occasionally and 3% said they did this every day.

Most participants (59%) said they had never had inappropriate photos of them posted online, while 41% had experienced this occasionally. Almost 61% of young adults reported never being sent mean messages, while 35% indicated this happened once a month and 2% said 2-3 times a month. Less than 1% of young adults reported that they had been sent mean messages several times a week/daily.

# **Pornography**

Similar to the national sample (65%), almost two-thirds of young adults in Wicklow (67%) had ever watched pornography on the internet. Of those, 98% searched for the site themselves, almost 2% received a link that they did not wish to see and less than 1% watched pornography through other means.

With regard to watching pornography during the past month, 13% said they had not watched pornography in the past month, 52% said less than once or 2-3 times in the last month, 35% said once a week or more (see Figure 30).



Figure 30. Young adults watching pornography in the last month, Wicklow and National.





# Relationships

Similar to national figures, approximately 40% of young adults in Wicklow reported being in a romantic relationship. Over half (62%) of young adults reported having experienced a break-up of a romantic relationship, with 43% reporting that they had ended the relationship, 38% reporting their partner had ended the relationship and 18% reporting that both partners ended the relationship.

Of those who had experienced a break-up, 45% reported that the break-up was very distressing, 19% said it was distressing, 25% indicated somewhat distressing and 10% reported that the break-up was not at all distressing.

#### Sexual Behaviours

More than 68% of young adults in Wicklow reported having had sex (compared to almost 66% in the national sample) and 71% reported having had oral sex (compared to 69% in the national sample), while 22% reported having had anal sex (compared to 22% in the national sample). Of those who reported having had sex, 5% of participants reported having sex before the age of 14, 30% said between 15-16years and 65% said that they were 17 or more when they first had sex.

In their lifetime, 37% of participants indicated that they have had one sexual partner, 16% said two sexual partners, 13% said three, 10% said four, 5% said

five, 3% said six, 2% said seven and 2% also said eight, 2% nine and 2% said they have had 10 sexual partners. In addition, 5% of young adults from county Wicklow said they have had 11-20 sexual partners, 2% said 21-30 and 1% said more than 31 sexual partners.

Consistent with data from the national *MWS-2* sample, of those who have had sex, the majority (72%) reported that they always used contraceptive methods, 12% reported that they never used contraceptive methods and 16% said they did so sometimes/most times (see Figure 31).



Figure 31. Young adults' practice of safe sex, Wicklow and National.

#### Sexual Consent

With regard to issues relating to sexual consent, 45% of young adults reported that they had been touched against their will or without their consent. A slightly higher proportion of young adults Wicklow than those in the national sample (26% vs 20%) said they had been forced or pressured to have sex.





#### Financial Stress

Overall, 43% of young adults in Wicklow indicated that they were often stressed by their current financial situation, and another 10% that they were highly stressed by it. Furthermore, 47% of young adults from county Wicklow said that they were not often stressed because of their financial situation or that they were not stressed at all.

# Coping with Problems

Over half of young adults (60%) indicated that they coped well with problems, 28% that they sometimes did, and 12% that they did not.

## **Negative Domains**

# Depression and Anxiety

Reports of severity of depression in young adults in Wicklow followed a similar pattern to that observed in the national sample, with the largest proportion of young adults in the normal range (38%). Yet the majority were outside the normal range, with almost a quarter experiencing severe (12%) or very severe (12%) levels of depression (see Figure 32).

Reports of severity of anxiety in young adults in Wicklow also followed a similar pattern to that observed in the national sample, with the largest proportion of

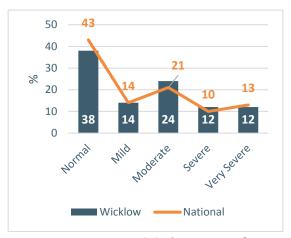


Figure 32. Young adults' severity of depression, Wicklow and National.

young adults categorised in the normal range for anxiety (41%) and a smaller proportion experiencing severe (9%) or very severe (19%) levels of anxiety (see Figure 33).



Figure 33. Young adults' severity of anxiety, Wicklow and National.





# Suicidality

Reports of deliberate self-harm and suicidality also followed similar trends to those found in the national sample. However, young adults in Wicklow reported higher rates of deliberate self-harm without wanting to take their own life (45% vs 38%; see Figure 34).

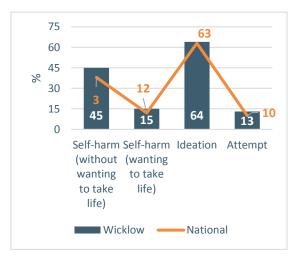


Figure 34. Young adults' self-harm and suicidal behaviours, Wicklow and National.

Nearly two-thirds of the young adult sample in Wicklow (64%) had ever thought about taking their life though they 'would not do it'. Of these, 33% indicated that they had thought this within the past year, 19% within the past six months or past month and 23% within the last month. A further 25% reported thinking about it at some other time.

Furthermore, 45% of the sample reported that they had ever deliberately hurt themselves without wanting to take their

own life. Nearly 32% reported that it happened within the last year, 13% within the past six months and 11% within the past month. A further 44% reported that they had hurt themselves without wanting to take their own life at some other time.

More than 15% of young adults in Wicklow reported that they had ever deliberately hurt themselves wanting to take their own life. Of those, 28% reported that it happened within the last year, 5% within the last six months and 5% within the last month. A further 63% reported that they had hurt themselves wanting to take their life at some other time.

The majority of young adults (87%) reported that they had never attempted to take their life. Of the 13% who indicated that they had, 22% said it had been within the last year, 8% within the past six months and about 3% within the past month. A further 68% reported that they attempted suicide at some other time.

Less than half (46%) of those who attempted to take their life reported that they did access help or support. For those who accessed help or support after a suicide attempt, more than half (52%) said that accessing help or support after a suicide attempt was difficult or very difficult. Furthermore, 64% reported that the help they received was helpful/somewhat helpful.





#### Alcohol Behaviour

According to the AUDIT WHO cut-offs (Babor, Higgins-Biddle, Saunders & Monteiro, 2001), 51% of young adults in Wicklow fell into the range for low risk drinking behaviour, 38% into the problem drinking range and 7% into the harmful and hazardous drinking range, while 4% were classified as having a possible alcohol dependence. These figures followed similar trends at the national level for young adults in *MWS-2*, although a lower proportion of young adults in Wicklow were classified as having possible alcohol dependence (4% vs 7%; see Figure 35).

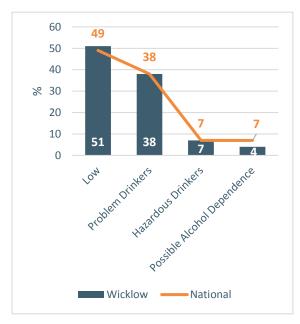


Figure 35. Young adults' drinking behaviour, Wicklow and National.

# Drug Use

A total of 61% of young adults in Wicklow reported that they had smoked cannabis in their lifetime, which is higher than the national sample (53%). According to the DAST cut-off points (Skinner, 1982), 45% of young adults in Wicklow presented with no drug problems, 38% fell into the low level and 17% were in the moderate/substantial level

# Gambling

Most young adults in Wicklow (91%) identified as non-gamblers, 7% as low-risk gamblers, more than 1% as moderate-risk gamblers and less than 1% as problem gamblers.

# Stressful Life Events

Approximately 58% of young adults from county Wicklow reported that someone close to them died. Similar to the national trend, the next most common stressful event experienced by young adults from county Wicklow was conflict between parents (38%), followed by moving house within Ireland (36%), serious illness/injury of a friend (20%) and moving country (14%). Furthermore, 12% said that they had experienced their house being broken into, 8% had experienced violence in the home/domestic violence and 6% experienced violence in a romantic relationship.





#### **Positive Domains**

## Self-Esteem

Self-esteem scores for the Wicklow sample were slightly above the midpoint of 25 (*M*=25.5, *SD*=6.27), indicating average levels of self-esteem.

# **Body Esteem**

Overall, young adults scored below the mid-point of 20 on the body esteem scale (M=18.57, SD=7.03).

About 38% of young adults from county Wicklow reported that they were very satisfied or satisfied with their body, 21% reported that they were neither satisfied/dissatisfied, and 42% reported that they were dissatisfied or very dissatisfied with their body.

# Optimism and Satisfaction with Life.

The young adults' mean score on optimism was slightly below the mid-point of 12 (M=11.2; SD=5.39). The young adults' mean score on satisfaction with life was slightly above the mid-point of 20 indicating average levels of life satisfaction (M=20.73; SD=6.1).

# Coping Strategies

#### **Problem Solving**

In general, young adults from county Wicklow scored below the midpoint of 17.5 on problem-solving coping (*M*=15.89, *SD*=4.82).

# **Seeking Social Support**

Young adults from county Wicklow also scored below the midpoint of 14 on support-focused coping (*M*=12.57, *SD*=4.72).

# **Avoidance Based Coping**

Mean score for young adults from county Wicklow for was below the midpoint of 21 on avoidance based coping (*M*=19.48, *SD*=5.6).

# Resilience

Young adults from county Wicklow centred slightly below the midpoint of 18 (*M*=17.1, *SD*=5.2) in terms of resilience.

# Social Support

The average score for overall social support was 60.75 (SD=15.01), indicating high levels of social support among young adults. The mean scores for perceived social support from family (M=19.51, SD=5.77), friends (M=19.93, SD=5.66) and one good adult (M=21.47, SD=6.3) were all above the mid-point of 14.

Almost 78% of young adults reported that they had a special adult in their lives when in need, which is in line with the national sample (76%). In addition, 15% of young adults from county Wicklow reported low support from a special adult and 8% reported neither high nor low support from a special adult.





# Help-Seeking

## **Sources of Support**

Young adults were asked how likely they would be to use a variety of sources to obtain information or support about their mental health and wellbeing. Similar to national trends, the most commonly reported informal sources were friends (62%), parents (46%) and online (31%), followed by relatives (14%) and phone help-line (14%).

Psychologist/Counsellor/Therapist was the most likely source of formal support with 49% reporting this. This was followed by Doctor/GP (42%), student counselling services (41%), psychiatrist (29%), Jigsaw (11%), Tutor/teacher assistant (4%) and Lecturer (3%).

Only 34% of young adults in Wicklow had heard of Jigsaw, compared to almost 50% of the national sample.

#### **Problems**

Of the Wicklow young adult sample, 18% reported few or no problems in the past year, 25% reported problems but had not felt they needed professional help and 26% reported problems but did not seek professional help even though they felt they had needed it. Finally, 31% reported that they had problems and had sought professional help.

# **Talking About Problems**

More than half of young adults from county Wicklow (62%) reported that they talked about their problems with someone. Additionally, 47% reported that they talked with their friends when they had problems, 33% said family and 20% said that they talked with someone else.





# **Closing Comments**

The Wicklow population has steadily increased in the last decade, with a substantial proportion of the population falling into the 12-25 age cohort. Census data from 2016 further indicates that the population in Wicklow had high levels of education and school completion, high levels of self-reported general health and many youths lived in 'nuclear' or two parent families. While youth and adult unemployment has decreased in Wicklow over time, the population has still seen moderate levels of youth unemployment and deprivation across many electoral districts with the risk of youth poverty still ever-present.

Moreover, results from *MWS-2* provide useful insight into the mental health needs of young people in Wicklow. Consistent with national trends, high levels of depression and anxiety were consistent across both adolescents and young adults, with adolescent females being more likely to present with severe and very severe levels of anxiety and depression. Although adolescents reported higher levels of optimism, body esteem and problem solving coping, young adults scored below the midpoint on all of these domains. Perhaps most alarmingly, self-reported suicide risk factors such as self-harm and suicidal ideation were high across the youth population of Wicklow. Nevertheless, *MWS-2* data indicated that protective factors such as perceived social support, especially from adults and family was high and reassuringly, the presence and availability of One Good Adult® was high across both cohorts.





# **Directory of Services and Supports**

#### **Youth Focused Services**

Name	Description	Age	Location	Contact Details
KILCOOLE YOUTH CAFÉ	Youth café in Kilcoole community centre	Teenagers	Kilcoole Community Centre Main Street Kilcoole	
KILDARE & WICKLOW EDUCATION & TRAINING BOARD YOUTH OFFICER	The Youth Officer offers support to Youth Services, Youth Clubs and groups across the two counties as well as being involved in a number of initiatives to support youth needs in Wicklow and Kildare.	Youth	Alison Fox, Kildare and Wicklow ETB Church Street, Wicklow Town.	alisonfox@kwetb.ie Tel: 0404 605 13 / 086 600 2258
THE STAGE YOUTH CENTRE	Volunteer-led Youth Café. Open Fridays 6.30pm-9.30pm.	13-19yrs	Wicklow Community Resource Centre, St Patrick's Road, Wicklow Town	www.facebook.com/thestageyouthcafe/
MR SANDS YOUTH THEATRE	Theatre Group for Young People. Every Wednesday 6.30-9.00pm	12-18yrs	St. Patrick's National School, Vevat Road, Bray	087 830 8995
COMHAIRLE NA NÓG	Youth Council. Five Youth Councils in Wicklow: Bray, Greystones, Wicklow, Arklow and West Wicklow.	12-18yrs	Wicklow County Council, Station Road, Whitegates, Wicklow Town	086 0635195 wicklowcomhairle@gmail.com
NEWCASTLE WEST FORÓIGE	Youth Café	12-18yrs	Newcastle Community Centre, Newcastle Rd, Newcastle Middle, Rockingham.	Edel.McGrath@foroige.ie 086-2378067
GLENEALY FORÓIGE CLUB	Youth Club	12-18yrs	Glenealy Village Hall, Glenealy.	Edel.McGrath@foroige.ie 086-2378067



Name	Description	Age	Location	Contact Details
MANOR KILBRIDE FOROIGE CLUB	Youth Club	12-18yrs	Manor Kilbride Community Centre, Kilbride.	Edel.McGrath@foroige.ie 086-2378067
FOROIGE WAY YOUTH DIVERSION PROJECT	Youth Diversion Project. Referred to the project by Liaison Officer/Schools/Agencies/Parent and Guardians. Offers opportunities for education, employment training, sport, art and other activities.	12-17yrs	1 Earlton House, South Quay, Wicklow.	siobhan.quinn@foroige.ie 086 859 0866
CROSSCARE -NEW DIRECTIONS PROJECT	Garda Youth Diversion Project	12-17yrs	Youthspin Information Service St. Bricin's Herbert Rd. Bray	bys@crosscare.ie (01) 205 0502
BRAY LGBT+ YOUTH GROUP.	Youth club providing a range of activities for young people. Drop-in facility with some structured activities (arts & crafts, tabletennis, live music nights. Tuesdays 4.30-6.30pm.	13-17yrs	Seomra Youth Centre, 1 Adelaide House, Adelaide Road, Bray	braylgbtyouth@gmail.com
ARKLOW LGBT SUPPORT GROUP	Peer support.	12-18yrs	Vault Youth Centre, Coomie Lane, Arklow Town	0402 39646
CROSSCARE YOUTH AND INFORMATION SERVICE	Provides information on a broad range of topics including education, training, employment, accommodation, early school leaving, rights, Drugs Education etc.	15-25yrs	Youthspin Information Service St. Bricin's Herbert Rd. Bray	bys@crosscare.ie (01) 205 0502





Name	Description	Age	Location	Contact Details
CROSSCARE YOUTH COUNSELLING SERVICE	Youth Counselling Service for those living or attending school in the Bray Area	12-18yrs	St. Bricin's Herbert Rd., Bray	bys@crosscare.ie (01) 205 0502
MACRA NA FEIRME	Supporting the social, economic, cultural, personal development and well-being of young people who have rural connections, including young farmers.  Friday's 9.30pm.	17-35yrs	Judges Inn, Main St, Baltinglass East, Baltinglass	jwalsh@macra.ie 087 281 9890
HALO PROJECT KILDARE/WEST WICKLOW (FUNDED BY SWRDATF)	Community Based Addiction Services for Young Persons under 18 and their families. Tuesdays 10am-12pm Thursday's 3pm-5pm.	U18's	Naas Town Centre, Wolfe Tone St, Naas East, Naas, Co. Kildare, W91 F597	045 872500 reception.halo@kys.ie
BE WELL BRAY BE WELL WICKLOW	Group of Young People who promote Youth Mental Health. The initiative started out in Bray and through Community Ireland Funds and CYPSC seed funding is now being rolled out by the group through Co. Wicklow in collaboration with a range of other agencies including Co. Wicklow CYPSC, KWETB, Comhairle na nóg, Co. Wicklow Partnership.	12-24yrs	The Well, Church Terrace, Main St, Ravenswell, Bray, Co. Wicklow, A98 VE43	bewellbray@gmail.com
WICKLOW YOUTH MENTAL HEALTH INITIATIVE (WYMHI)	Interagency group comprising of nine agencies. Initiative works with transition and Youthreach students promoting positive mental health. Annual Event held every October.			



Name	Description	Age	Location	Contact Details
KWETB: SPORTS	Two Sports Promotion Units located in Bray	10-21	Promoting sport, physical activity, and	ruthcomerford @kwetb.ie
PROMOTION UNITS	and Arklow		healthy lifestyles within the Bray and	
BRAY AND ARKLOW			Arklow areas.	





### **Drug and Addiction Services**

Name	Description	Age	Location	Contact Details
BRAY COMMUNITY ADDICTION TEAM	Provides services to individuals, families and the wider community, who are experiencing drug/alcohol problems.	Family service	37 Beechwood Cl, Kilruddery Demesne East, Bray	01 276 4692 brayaddictionteam@eircom.net
BRAY LOCAL DRUGS TASK FORCE - HEADLAMPS	School-based Service working with primary school children in 5 schools across Bray to address the developmental needs of children affected or at risk of substance misuse in the family or wider community.	Primary school children	Bray Local Drugs & Alcohol Task Force, HSE Block B, Civic Centre, Main Street, Bray	(086) 6057147 brayldtf@gmail.com http://brayldtf.ie
DRUG PREVENTION AND EDUCATION INITIATIVE WEST WICKLOW/KILDARE	South Western Regional Drugs & Alcohol Task Force (managed by Foróige, funded by SWRDATF) providing a range of Education and Training Programmes for Young People, Parents/Carers, Volunteers and Staff.	Adults and Children	Foróige Office, The Willows Naas Road, Newbridge, Co. Kildare	086-795 3215 darren.shanahan@foroige.ie
ARAS - COMMUNITY ADDICTION SERVICES WEST WICKLOW/KILDARE (FUNDING BY SWRDATF)	Community based addiction services for individuals and families affected by substance use problems providing limited service in the Blessington area.	Families	ARAS – Abbey Regional Addiction Services Main St. Newbridge Co. Kildare W12 E621	045 488 670 reception@kwaras.ie
DAISH BRAY TRAVELLERS COMMUNITY DEVELOPMENT GROUP	Traveller specific drugs initiative set up to address substance misuse among travellers.	Children and Families	Bray Travellers Community Development Group,	01-2762075 daish1@eircom.net



Name	Description	Age	Location	Contact Details
			97 Rear Main St, Bray	
HSE OUTREACH TEAM WEST WICKLOW	Outreach Addiction Services to Substance Misusers in the target area	Primarily over 18's	Operates through Arklow HSE Services, 2 Castle Park, Arklow	0402-33577 John Craven - 086- 8590734 Karena Keogh - 086-6040348
TIGLIN	Residential Treatment Centre and Day Programme that offers support to those with addictions.	18+	Ashford, Brittas, Arklow (Day), Greystones (Day)	Tiglin, Ashford, Co. Wicklow, (0404)40010 / (0404) 49683



# **Directory of Educational Settings**

### **Primary**

School Name	Address	Email	Phone No.	Principal Name
ALL SAINTS NATIONAL SCHOOL	Carnew, Y14YY46	school@allsaintscarnew.net	0539426513	Andrea McAssey
AN CHROI RO NAOFA NS	Aughrim, Co. Wicklow Y14YH98	aughrimns.ias@eircom.net	040236279	BRID KENNEDY
ANNACURRA NS	Annacurra, Tinahely Y14TX83	annacurrans@gmail.com	040236669	Eva Ryan
BLESSINGTON 1 NS	Blessington Demesne, Blessington, W91YX06	blessington1ns@gmail.com	045900879	Lilian Murphy
BLESSINGTON EDUCATE TOGETHER	Red Lane, Blessington W91DK23	office@betns.ie	045865281	Jonathan Kinsella
BRAY SCHOOL PROJECT NS	Killarney Road, Ballywaltrim A98RT02	office@brayschoolproject.ie	012864242	CAROLYN LANIGAN



School Name	Address	Email	Phone No.	Principal Name
BRITTAS BAY MXD NS	Ballynacarrig, Britta's Bay A67XP71	brittasbay.ias@eircom.net	040447488	Eileen Byrne
CAOIMHIN NAOFA NS	Glendalough Co. Wicklow A98TR96	glencaoimhin.ias@eircom.net	040445460	Anne Savage
CARNEW NS	Carnew, Arklow Y14XR62	carnewns@gmail.com	0539426315	KEVIN O'DONNELL
CARYSFORT MXD NS	Knockanrahan, Arklow Y14XE30	info@carysfortnsarklow.ie	040232690	Janet Nuzum
CLOCHAR MUIRE NS	Rathdrum, Co. Wicklow, A67KW18	ourladysschool@gmail.com	040446256	Breda Sheehan
COOLFANCY NS	Cúl Fhasaigh, Tinahely Y14VY60	coolfancy@eircom.net	040234866	Maeve Murphy
CRONAN NAOFA NS	Vevay Crescent, Vevay Road, A98NW42	officestcronans@gmail.com	012860440	Maeve Tierney
CROSSBRIDGE NS	Crossbridge, Tinahely Y14YH51	crossbridgens@eircom.net	040238523	MARIE MURPHY

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School Name	Address	Email	Phone No.	Principal Name
DELGANY NS	Delgany, A63A657	delganyns.ias@eircom.net	012876907	Elizabeth Conran
DONAGHMORE NS	Donoughmore, Donard W91XY32	donoughmorens@gmail.com	045404615	Myrtle Manley
DONARD NS	Barrack Street, Donard W91TW42	donardnationalschool@eircom.net	045404884	Julie Fitzmaurice
GAEL SCOIL NA LOCHANNA	Cill Moloma, Baile Coimín W91A403	priomhoide@gaelscoilnalochanna.com	045900525	Seán Ó Cearnaigh
GAELSCOIL AN INBHIR MHOIR	Bóthar Emoclew, An tInbhear Mór Y14XV50	oifig@gaelscoilim.ie	040239199	Cian Ó Cuanacháin
GAELSCOIL CHILL MHANTÁIN	Former Abbey Community College, Wicklow A67N797	gaelscoil@gmail.com	040467177	Seán Ó Briain
GAELSCOIL NA GCLOCH LIATH	Blacklion, Greystones A63AN22	oifig@gscl.ie	012010718	Rita Ní Thuathail
GAELSCOIL UI CHEADAIGH	Bóthar Vevay, Bré A98YH48	oifig@gaelscoiluicheadaigh.ie	012865044	Gearóidín Ní Bhaoill





School Name	Address	Email	Phone No.	Principal Name
GLEBE NS	Church Hill, Wicklow Town, A67X782	glebewicklow@gmail.com	040468310	Sandra Bryan
GLENEALY 1 NS	Glenealy, A67CD78	secretary@glenealy2ns.com	040444884	Emily Mulhall (acting)
GRANGE CON NS	Grangecon , Dunlavin, W91TV06	grangeconns1965@gmail.com	045403111	Linda Dowling (Acting Principal)
GREYSTONES COMMUNITY NS	Greystones Rugby Club, Mill Road A63RY64	admin@greystonescns.ie	0874007442	MR RORY KINANE
GREYSTONES EDUCATE TOGETHER NATIONAL SCHOOL	Blacklion, Greystones A63YE36	contact@greystoneset.ie	012871817	Catherine Sadlier
HOLLYWOOD NS	Hollywood Village, Hollywood W91N260	hollywoodnatschool@eircom.net	045864014	Séamas Ó Briain
JONATHAN SWIFT NS	Dunlavin, W91Y9DY	jsn.ias@eircom.net	045401611	Helena Boyd
KILBRIDE NS	Manor Kilbride, Blessington W91HK44	kilbrideschool@hotmail.com	014582550	Áisling Hanrahan





School Name	Address	Email	Phone No.	Principal Name
KILCOMMON NS	Kilcommon, Churchlands Y14Y302	info@kilcommon.net	040238192	Melanie Hadden
KILCOOLE PRIMARY SCHOOL	Main Street, Kilcoole A63XT71	kilcooleprimaryschool@gmail.com	012874649	Joanne McDonagh
KILMACANOGUE NS	Kilmacanogue, Bray A98D602	kilmacanoguens@gmail.com	012861934	MS NIAMH MURRAY
KILTEGAN NS	Kiltegan, W91A292	kilteganns.ias@eircom.net	0596473444	Helen Oxley
LACKEN MXD NS	Lacken, Blessington, W91CY82	lackenschool@eircom.net	045865086	Caroline Finan
MOIN AN BHEALAIGH NS	Valleymount, Blessington, W91NY66	valleymountoffice@eircom.net	045867289	Geraldine Moynihan
MONEYSTOWN NS	Moneystown, Roundwood Bray A98VF83	oifig@moneystownns.ie	040445477	Mary Tallon
NAOMH BRID NS	Knockananna, Arklow Y14W864	knockanannans@eircom.net	0596471364	ANN MARTINA GARTLAND





School Name	Address	Email	Phone No.	Principal Name
NEWTOWNMOUNTKENNEDY PRIMARY SCHOOL	Newtownmountkennedy, Co. Wicklow A63FP76	ntmkyps@gmail.com	012810048	Carmel Dempsey
NUNS CROSS NS	Nun's Cross, Ashford A67HK70	secretary@nunscross.ie	040440700	Lisa Ward
PADRAIG NAOFA NS	St Patricks Road, Wicklow A67HP90	stpatswicklow@gmail.com	040467415	Geraldine Barnes
PADRAIG NAOFA NS	Avoca, Co. Wicklow Y14X588	avocans@hotmail.com	040235331	Mary Cahill
POWERSCOURT NS	Cookstown Road, Enniskerry, A98RH33	office@powerscourtns.ie	012863862	Anna Ovington
RATHCOYLE NS	Rathcoyle Upper, Rathdangan W91PN26	trionambyrne@gmail.com	0596473355	Triona Byrne
RATHDRUM BOYS NS	Rathdrum,	bnsrathdrum@gmail.com	040446585	Aideen Parker
RAVENSWELL PRIMARY SCHOOL	Ravenswell, Bray, A98EF88	ravengns.ias@eircom.net	012860498	Emer Breen





School Name	Address	Email	Phone No.	Principal Name
SCOIL AN CHOROIN MHUIRE	Dominican Campus, Wicklow A67P680	hrsdwm.ias@eircom.net	040467939	Mary O'Riordan
SCOIL CHUALANN	Bóthar Vevay, Bré A98VP93	scoilchualann@eircom.net	012861388	CARMEL NI GHAIRBHIN
SCOIL MHUIRE NA NAIRD	Shillelagh, Co. Wicklow Y14W866	muirenanaird.ias@eircom.net	0539429166	Rory Healy
SCOIL NA CORÓINE MHUIRE	Ballinahinch, Ashford A67X257	scoilnacoroinemhuireashford@gmail.com	040440424	Conan Daye
SCOIL NAOMH CAOIMHGHIN	Greystones, Co. Wicklow A63AD73	stkevin.ias@eircom.net	012876660	Corrina Bailey
SCOIL NAOMH IOSAF	Lathaleer, Baltinglass W91EF95	scoilnaomhiosafbaltinglass@gmail.com	0596481083	Maireád Hennessy
SCOIL SAN EOIN	Redcross, A67VY99	Igreeneredcross@gmail.com	040441727	Linda Greene
SHILLELAGH NO 1 NS	Ballard, Shilleagh, Y14YY46	shillelagh@eircom.net	0539429141	Sonya Burgess





School Name	Address	Email	Phone No.	Principal Name
SN MHUIRE SENIOR SCHOOL	Blessington, Co. Wicklow W91RX84	info@stmarysns.ie	045900499	GEAROID DE BRUN
SN MUIRE	Stratford-on-Slaney, Baltinglass, W91DX22	stratfordns@gmail.com	0596481279	Mary O'Keeffe
SN MUIRE	Main Street, Blessington, W91YN0P	bsec@live.ie	045865501	Carmel Dillon
SN MUIRE IS GEARARD	Knocksink, Enniskerry A98DP70	info@enniskerryns.ie	012868851	Colette Langan
SN MUIRE MXD	Barndarrig, Co. Wicklow A67R296	barndarrigns@eircom.net	040448322	Mary Gilsenan
SN NAOMH BRID	Talbotstown, Kiltegan W91H762	talbotstownprincipal@gmail.com	0596473179	Lisa Jackson
SN NAOMH PADRAIG	Barnacleagh, Arklow, Y14NW50	bcjohnstown@gmail.com	040239602	Catherine McGarry
SN NICOLAIS NAOFA	Dunluain, Co. Chill Mhantáin W91YY22	snndunlavin@eircom.net	045401495	THOMAS M BRENNAN





School Name	Address	Email	Phone No.	Principal Name
SN PADRAIG NAOFA	Curtlestown, Enniskerry A98CC62	curtlestown@eircom.net	012861649	MARY CONROY
ST ANDREWS NS	Newcourt Road, Bray A98PY88	info@standrewsbray.ie	012867161	Daphne Wood
ST BRIGIDS SCHOOL	Trafalgar Road, Greystones, A63WR64	office@stbgns.ie	012876113	Máire Costello
ST COEN'S NATIONAL SCHOOL	Merrymeeting, Rathnew A67CY68	info@stcoens.ie	040431200	Miriam Cahill
ST FERGAL'S NATIONAL SCHOOL	Ballywaltrim, Bray A98A521	principal@stfergalsnsbray.ie	012868033	Tom Sargent
ST FRANCIS NS	Church Lane, Newcastle A63YX22	stfrancisns.ias@eircom.net	012819631	Nikki Fry
ST JOHN'S SENIOR SCHOOL	Coolgreaney Road, Arklow Y14PA97	principal@stjohnsarklow.ie	040232545	Joy Loughlin
ST JOSEPHS NS	Templerainey, Arklow Y14X856	iosefstaf.ias@eircom.net	040232984	Mary Dalton

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School Name	Address	Email	Phone No.	Principal Name
ST KEVIN'S BALLYCOOG NS	Ballycoog, Avoca Y14Y248	ballycoogns@gmail.com	040235511	Ross Byrne
ST LAURENCES NS	Roundwood, Bray A98RP49	roundwoodns@gmail.com	012818399	Anne Marie Morris (Acting)
ST LAURENCES NS	Kindlestown, Greystones A63Y6P9	office@stlaurences.ie	012876198	CAROLINE (DUNPHY) MOONEY
ST MICHAEL'S AND ST PETER'S JUNIOR SCHOOL	Hickey's Hill, Arklow Y14R239	office@ssmichaelandpeter.ie	040239861	Lisa Dempsey
ST PATRICK'S NS	Church Road, Greystones A63EY42	admin@stpns.ie	012875684	Rachel Harper
ST SAVIOURS NS	Station Road, Rathdrum A67PV00	saviours.ias@eircom.net	040446512	Antoinette Doyle
ST. PETER'S PRIMARY SCHOOL	Hawthorn Road, Bray A98YH93	stpetersbray@gmail.com	012860062	Scott Vance
STRATFORD LODGE NS	Baltinglass, Co. Wicklow W91KX75	stratfordlodge@gmail.com	0596481919	JANET ROSS





School Name	Address	Email	Phone No.	Principal Name
TINAHELY NS	Tinahely,	tinahelyns@gmail.com	040238209	SIOFRA GALLAGHER
	Arklow			
	Y14DC85			
WICKLOW EDUCATE TOGETHER NS	Hawkstown Road,	info@wicklowetns.com	040462786	Sinéad Watson
	Wicklow Town			
	A67A329			





### **Post-Primary**

Official School Name	Address	Email	Phone	Principal Name	School Gender - Post Primary
ARKLOW CBS	Coolgreaney Road, Arklow, Y14RV04	admin@arklowcbs.ie	040232564	MR. PETER SOMERS	Boys
AVONDALE COMMUNITY COLLEGE	Rathdrum, A67RR26	AvondaleCC@kwetb.ie	040446445	Rosaleen O'Neill	Mixed
BLESSINGTON COMMUNITY COLLEGE	Naas Road, Blessington, W91RD30	blessingtoncc@kwetb.ie	045865170	Mr Kieran Burke	Mixed
COLÁISTE BHRÍDE CARNEW	Arklow, Y14WA00	cbcarnew@kwetb.ie	0539426318	Linda Dunne	Mixed
COLÁISTE CHILL MHANTÁIN	Burkeen, Wicklow Town, A67TV21	admin.ccm@wicklowvec.ie	040461863	Padraig Donoghue	Mixed
COLAISTE CHRAOBH ABHANN	Creowen, Kilcoole, A63WF10	reception@colaisteca.ie	012870198	Mr. Shane Eivers	Mixed
COLÁISTE RAITHÍN	Bóthar Bhaile Átha Cliath, Bré	colaisteraithin@kwetb.ie	012865180	Gearóid Ó Ciaráin	Mixed
DOMINICAN COLLEGE	Wicklow Town, A67XV58	admin@dcw.ie	040468111	MS. LORRAINE MYNES	Girls



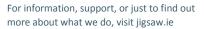


Official School Name	Address	Email	Phone	Principal Name	School Gender - Post Primary
EAST GLENDALOUGH SCHOOL	Station Road, Wicklow Town, A67PC52	eastglendalough@eircom.net	040469608	MR. CRAIG PETRIE	Mixed
GAELCHOLÁISTE NA MARA	Pairc Na bPiarsach, Bothar an Ghleanntáin, Y14DX27	gaelcholaistenamara@gmail.co m	040291764	Tony Ó Murchú	Mixed
GLENART COLLEGE	Coolgreaney Road, Arklow, Y14YR52	glenartcollege@kwetb.ie	040232149	Ms. Louise Kearns	Mixed
LORETO SECONDARY SCHOOL	Vevay Road, Bray, A98C822	info@loretobray.com	012867481	MS. EMMA LOUISE RAUGHTER	Girls
NORTH WICKLOW EDUCATE TOGETHER SECONDARY SCHOOL	Putland Road, Bray, A98CK73	office@nwetss.ie	012829606	MR. JONATHAN BROWNER	Mixed
PRESENTATION COLLEGE	Putland Road, Bray, A98P270	pgregory@presbray.com	012867517	MR. PATRICK GREGORY	Boys
SCOIL CHONGLAIS	Baltinglass, W91H5XC	info@scoilchonglais.ie	0596481449	Ms Patricia Gurhy	Mixed
ST DAVID'S HOLY FAITH SECONDARY	Greystones, A63AW90	info@stdavids.ie	012874800	MISS MARY O'DOHERTY	Mixed
ST KEVIN'S COMMUNITY COLLEGE	Dunlavin, W91R971	stkevinscc@wicklowvec.ie	045406000	Brian Doran	Mixed





Official School Name	Address	Email	Phone	Principal Name	School Gender - Post Primary
ST MARYS COLLEGE	St Mary's Road, Arklow, Y14FA38	info@stmarysarklow.ie	040232419	MR. AIDAN WARD	Girls
ST THOMAS' COMMUNITY COLLEGE	Novara Avenue, Bray, A98ND89	bifeenquiries@kwetb.ie	012829668	Mr Raymond Tedders	Mixed
ST. GERARD'S SCHOOL	Thornhill Road, Bray, A98R242	office@stgerards.ie	012821822	MR. THOMAS GERAGHTY	Mixed
ST. KILIAN'S COMMUNITY SCHOOL	Ballywaltrim, Bray, A98PP76	accounts@stkilianscs.com	012828126	MR. JOHN MURPHY	Mixed
TEMPLE CARRIG SECONDARY SCHOOL	Temple Carrig, Greystones, A63KT20		012873610	MR. ALAN COX	Mixed
WOODBROOK COLLEGE	Dublin Road, Woodbrook, A98AW64	info@woodbrookcollege.ie	012822317	MR. JOHN TAYLOR	Mixed





### **Other Educational Settings**

Name	Туре	Organisation	Description	Age-Range	Location(s)	Contact Details
NATIONAL LEARNING NETWORK	Education and Training Service	NLN	Training courses and support services for people 18years+ who need specialist support (job seekers, unemployed, people with illness or disability) in two centres: Arklow and Bray	18+	Arklow, Bray	(01) 282 9643
SCHOOL COMPLETION PROGRAMME	Education and Training Service	TUSLA	School Completion Programme	16+	Arklow, Rathdrum, Dunlavin, Bray, Wicklow, Rathnew, Ashford and Newtownmountkennedy	
FAMILY SUPPORT SERVICES: ARKLOW BRAY GREYSTONES WICKLOW	Community Education	Kildare & Wicklow Education & Training Board	A number of the family support services and family resource centres provide community education programmes which are supported by the Community Education Services of KWETB	Whole Family	Arklow, Bray, Greystones, Wicklow	01 9213400
BRAY AREA PARTNERSHIP	Education and Training Service		Provision of inclusion focused education supports to named target groups			



Name	Туре	Organisation	Description	Age-Range	Location(s)	Contact Details
WICKLOW TRAVELLERS GROUP, CEART COUNTYWIDE, EXCLUDING BRAY	Education Support Service	Multi-agency	Support for parents and liaison with the schools. Support the Local Wicklow School Completion Programme. Supporting local schools who are working to attain and retain the Yellow Flag (celebrating diversity) in their schools. Helping children with homework and school projects	Parent	Countywide excluding Bray	
BRAY TRAVELLERS COMMUNITY DEVELOPMENT GROUP	Education and Training Service		BTCDG activities and supports are Traveller specific in nature. BTCDG offers Educational Training Programme, Community Development, DAISH project: harm reduction and education on substance misuse, Youth Activities and Diversity Training		Bray	
NATIONAL EDUCATIONAL PSYCHOLOGICAL SERVICE, COUNTYWIDE	Educational Psychology Service	DEIS	Educational psychological service to schools. Access through schools in line with NEPS model of service. Focus on school-age children with particular emphasis on those with special educational needs		Countywide	





Name	Туре	Organisation	Description	Age-Range	Location(s)	Contact Details
EDUCATION WELFARE SERVICES (TUSLA)	Educational Welfare	TUSLA	The EWS (Tusla) employs Educational Welfare Officers (EWOs) x 3 for the county who prioritise children who are out of school/ who are experiencing school attendance difficulties/ who have no school place. Age range 6 – 16 years	6-16yrs	Countywide	(01) 771 8500



# **Directory of Health Services**

#### GP's

Name	Address	Contact details
Dr. Noreen Keane	116 Main Street, Bray	+353 1 2863949
Dr. Fidelma M Savage	2 Donard House, Novara Aveneue, Bray	+353 1 2861478
Dr. June Coates	3 Upper Main Street, Arklow	+353 402 32421
Dr Leah M Roche	9 Duncairn Terrace, Bray	+353 1 2863812
Dr Denis J Liston	9 Duncairn Terrace, Bray	+353 1 2863812
Arklow Medical Practice, Dr Ian G Bothwell	3 Upper Main Street, Arklow	+353 402 32421
Ashford Clinic, Dr Orla McAndrew	Ashford	+353 404 49114
Aughrim Health Centre, Dr Sinead Sheehan	Aughrim	
Boghall Medical Centre, Dr Peter Boles, Dr Eamon Peter Kelly	Boghall Shopping Centre, Boghall Road, Bray	+353 1 2863306
Bradshaws Lane Surgery, Dr Barbara Dooley, Dr Leonie Devereux	Arklow	+353 402 32418
Bray Family Practice, Dr Rita Doyle	St Helen's, Meath Road, Bray	+353 1 2860172
Bray Medical Centre, Dr Barbara Bonar, Dr Stephen Hawkins	Herbert Road, Bray	+353 1 2862035
Carlton Clinic, Dr Emma Kiernan, Dr Tony O'Brien	Novara Avenue, Bray	+353 1 2860568
Carrig Clinic, Dr Nicola Mary Cochrane	96 Heathervue, Greystones	+353 1 2875932
Centric Health, Dr Michael Joyce	McGreal's Primary Care Centre, Blessington	+353 76 695 7800
Charlesland Medical Centre, Dr Siobhan H O'Dwyer	Greystones	+353 1 2016665
Church Street Clinic, Dr Kenneth Bishop	Church Street, Wicklow Town	+353 404 67367





Name	Address	Contact details
Dargle Clinic, Dr Eddie Daly	11a Eglinton Road, Bray	+353 1 286 3949
Donard House, Dr Ernan J Gallagher	Novara Avenue, Bray	+353 1 2862152
Dunlavin Health Centre Dr Molly Maclochlainn Row	Dunlavin	+353 45 401748
Greystones Harbour Family Practice, Dr Janette Mc Guinness, Dr Brendan J Cuddihy	Trafalgar House, Trafalgar Road, Greystones	+353 1 2877235
Greystones Medical Centre, Dr Annette Liston, Dr Maria Lia Egan, Dr Conor Downes, Dr Judt McNulty	Mill Road, Greystones	+353 1 2874275
Harbour Surgery, Dr Robert A Foster	1 Harbour Road, Arklow	+353 402 32617
Health Centre, Dr Damian Doyle	Carnew	+353 53 9426411
Kilbride Road Surgery, Dr Aisling Hayes	Blessington	+353 45 865019
Kilcoole Health Centre, Dr Francis A Malone	Kilcoole	
Main Street, Dr Brendan Michael O'Brien	Blessington	+353 45 865527
Maryville Surgery, Dr Ann Marie O'Farrell, Dr Noeleen Fortune	St Mary's Road, Arklow	+353 402 39841
Meadowcroft Surgery, Dr Majella Perry, Dr Majella Perry	Milbview Court, Tinahely	+353 402 38690
Newtown Medical Practice, Dr Grainne Ni Ghairbhi	Mountkennedy Town Centre, Newtownmountkennedy	+353 1 2811661
Rathdrum Medical Centre, Dr Sinead Sheehan	The Fairgreen, Rathdrum	+353 404 43436
Salem Medical Centre, Dr Thomas Finnegan, Dr Peter O'Keane	1st Floor Wicklow Phc Centre, Knockrobin, Wicklow Town	+353 404 67319
Sheeran Purcell General Practie, Dr Phillip F Sheeran- Purcell	1st Floor Wicklow Primary Care Centre, Knockrobin, Wicklow Town	+353 404 40847
The Corner House, Dr Kenneth Bishop	Newtownmountkennedy	+353 1 2812222





Name	Address	Contact details
The Surgery, Dr Stephen Mary Mathews	Enniskerry Village, Enniskerry	+353 1 2863531
Town Hall Clinic, Dr Mary Eugenie Belton	Town Hall Centre, Bray	+353 1 2860625
Tudor Lodge, Dr Anne Marie King	Glencormac, Kilmaconague	+353 1 8560040
Village Practice, Dr Kenneth Bishop	3 Main Street, Kilcoole	+353 1 2875396
Westmount Clinic, Dr Joseph Keena, Dr Nicholas Byrne, Dr MarlAN Margarent Morisson	Church Hill, Wicklow Town	+353 404 67381
Wicklow Primary Healthcare, Dr Truls P Christiansen	Knockrobin, Wicklow	(0404) 30401

### **Health Centres**

Name	Address	Contact details
Arklow Health Centre	Castle Park, Arklow	(0402) 39 624
Aughrim Health Centre	Aughrim	(0402) 36 316
Avoca Health Centre	Avoca	(0402) 35 170
Barndarrig Health Centre	Bandarrig	(0404) 48 107
Bray Health Centre	Block B, Civic Centre, Main Street, Bray	(01) 274 4100
Carnew Primary Care Centre	Gorey Road, Carnew	(076) 6959090
Delgany Health Centre	Delgany	(01) 287 5832
Greystones Health Centre	Victoria Road, Greystones	(01) 287 7311
Kilcoole Health Centre	Kilcoole	(01) 201 8500
Knockananna Health Centre	Knockananna	(059) 647 1111
Newtown Mount Kennedy Primary Care Centre	Mountkennedy Town Centre	(01) 201 8500





Name	Address	Contact details
Roundwood Health Centre	Roundwood	(01) 281 8481
Shillelagh Health Centre	Shillelagh	(053) 942 9306
Tinahely Health Centre	Tinahely	(0402) 38 238
Wicklow Health Centre	Glenside Road. Wicklow Town	(0404) 68 400

#### Other

Name	Туре	Address	Contact details
Newcastle Hospital	Hospital	Greystones	01 2819001
Lucena Clinic	Child and Adolescent Mental Health Service	Summerhill, Wicklow Town	(0404) 25 591
Lucena Clinic	Child and Adolescent Mental Health Service	Sessa House, Vevay Road, Bray	(01) 286 6886





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### **Appendices**

Appendix A: Population Change and Density across Electoral Districts 2011-2016

**Table A1**Population Change and Density 2011-2016

Electoral District	Population - 2011 (Number)	Population - 2016 (Number)	Actual change since previous census (Number)	Percentage change since previous census (Number)	Population density (persons per sq km) (Number)
Arklow No. 1 Urban	9817	9976	159	1.6	2402.5
Arklow No. 2 Urban	2953	3013	60	2	1362.7
Bray No. 1	1746	1839	93	5.3	3345.4
Bray No. 2	6192	6414	222	3.6	2756.4
Bray No. 3	6424	6459	35	0.5	4611.4
Rathmichael (Bray)	2380	2415	35	1.5	7689
Wicklow Urban	6761	6762	1	0	2201.5
Ballinguile	138	136	-2	-1.4	5.3
Baltinglass	2614	2720	106	4.1	140.2
Blessington	4399	4606	207	4.7	74.5
Burgage	1786	2065	279	15.6	122.6
Donaghmore	396	439	43	10.9	25.1
Donard	508	510	2	0.4	26.3
Dunlavin	1327	1359	32	2.4	76.3
Eadestown, Co. Wicklow	201	194	-7	-3.5	11.5
Hartstown, Co. Wicklow	276	267	-9	-3.3	18.4
Hollywood, Co. Wicklow	727	766	39	5.4	26
Humewood, Co. Wicklow	304	314	10	3.3	18.4
Imael North, Co. Wicklow	235	258	23	9.8	5.3





Electoral District	Population - 2011 (Number)	Population - 2016 (Number)	Actual change since previous census (Number)	Percentage change since previous census (Number)	Population density (persons per sq km) (Number)
Imael South, Co.	254	253	-1	-0.4	11.3
Wicklow		0.00	_		
Kilbride, Co. Wicklow	975	968	-7	-0.7	20.7
Lackan, Co. Wicklow	743	805	62	8.3	12.6
Lugglass, Co. Wicklow	155	171	16	10.3	4.5
Rathdangan, Co. Wicklow	445	460	15	3.4	19
Rathsallagh, Co. Wicklow	269	292	23	8.6	19.5
Stratford, Co. Wicklow	430	468	38	8.8	50.3
Talbotstown, Co. Wicklow	395	416	21	5.3	28.7
The Grange, Co. Wicklow	419	435	16	3.8	24.6
Tober, Co. Wicklow	524	512	-12	-2.3	26.4
Togher, Co. Wicklow	332	341	9	2.7	18.8
Tuckmill, Co. Wicklow	246	279	33	13.4	24.3
Delgany	5652	5980	328	5.8	488.6
Enniskerry	2765	2910	145	5.2	90.2
Greystones	7151	7258	107	1.5	1914.8
Kilmacanoge (Part Urban)	14043	14706	663	4.7	518.9
Powerscourt	785	788	3	0.4	13.7
Altidore	363	365	2	0.6	20.4
Arklow Rural	1310	1367	57	4.4	21.6
Aughrim	1760	1858	98	5.6	69.7
Avoca	682	744	62	9.1	51.3
Ballinaclash	636	633	-3	-0.5	32.3
Ballinacor, Co. Wicklow	309	346	37	12	6.7
Ballinderry, Co. Wicklow	459	466	7	1.5	22.2
Ballyarthur, Co. Wicklow	1024	1102	78	7.6	59.1





Electoral District	Population - 2011 (Number)	Population - 2016 (Number)	Actual change since previous census (Number)	Percentage change since previous census (Number)	Population density (persons per sq km) (Number)
Ballycullen, Co. Wicklow	269	330	61	22.7	23.7
Brockagh, Co. Wicklow	776	733	-43	-5.5	9.7
Calary, Co. Wicklow	302	333	31	10.3	9.9
Cronebane, Co. Wicklow	478	469	-9	-1.9	34.9
Dunganstown East, Co. Wicklow	764	832	68	8.9	32.8
Dunganstown South, Co. Wicklow	840	903	63	7.5	38.7
Dunganstown West, Co. Wicklow	453	458	5	1.1	18.2
Ennereilly, Co. Wicklow	382	411	29	7.6	20.9
Glendalough, Co. Wicklow	268	274	6	2.2	4.5
Glenealy, Co. Wicklow	2750	2724	-26	-0.9	68.6
Kilbride, Co. Wicklow	909	889	-20	-2.2	36
Kilcoole, Co. Wicklow	9834	10731	897	9.1	451.2
Killiskey, Co. Wicklow	1038	1062	24	2.3	44.8
Knockrath, Co. Wicklow	239	246	7	2.9	3.5
Moneystown, Co. Wicklow	303	304	1	0.3	21.9
Newcastle Lower, Co. Wicklow	2209	2354	145	6.6	94.4
Newcastle Upper, Co. Wicklow	3584	4009	425	11.9	148.5
Oldtown, Co. Wicklow	583	615	32	5.5	32.9
Rathdrum, Co. Wicklow	2448	2529	81	3.3	68.4
Togher, Co. Wicklow	1204	1378	174	14.5	67.6





Electoral District	Population - 2011 (Number)	Population - 2016 (Number)	Actual change since previous census (Number)	Percentage change since previous census (Number)	Population density (persons per sq km) (Number)
Trooperstown, Co. Wicklow	348	335	-13	-3.7	16.7
Wicklow Rural, Co. Wicklow	7429	8163	734	9.9	246.1
Aghowle, Co. Wicklow	213	242	29	13.6	14.6
Ballingate, Co. Wicklow	398	404	6	1.5	18.9
Ballinglen, Co. Wicklow	230	210	-20	-8.7	12
Ballybeg, Co. Wicklow	201	184	-17	-8.5	10
Carnew, Co. Wicklow	1759	1701	-58	-3.3	71.5
Coolattin, Co. Wicklow	290	278	-12	-4.1	17.9
Coolballintaggart, Co. Wicklow	461	491	30	6.5	12.1
Coolboy, Co. Wicklow	546	597	51	9.3	36.3
Cronelea, Co. Wicklow	190	178	-12	-6.3	13
Kilballyowen, Co. Wicklow	345	348	3	0.9	19.9
Killinure, Co. Wicklow	340	334	-6	-1.8	19.5
Kilpipe, Co. Wicklow	406	427	21	5.2	14.5
Money, Co. Wicklow	149	141	-8	-5.4	9.5
Rath, Co. Wicklow	261	277	16	6.1	17.3
Shillelagh, Co. Wicklow	595	589	-6	-1	37.5
Tinahely, Co. Wicklow	1536	1507	-29	-1.9	37.3





### Appendix B: Small Area Data for Age and Gender 2016

**Table B1**Number of Males by Age Category in Wicklow Small Areas (Electoral Districts) 2016

Males							
Electoral District	0-11 yrs.	12-24 yrs.	25+ yrs.	Total	0-11 yrs.	12-24 yrs.	25+ yrs.
	(n)	(n)	(n)	(n)	(%)	(%)	(%)
Arklow No. 1 Urban	988	784	3116	4,888	20%	16%	64%
Arklow No. 2 Urban	273	222	959	1,454	19%	15%	66%
Bray No. 1	168	98	672	938	18%	10%	72%
Bray No. 2	430	407	2240	3,077	14%	13%	73%
Bray No. 3	479	447	2190	3,116	15%	14%	70%
Rathmichael (Bray)	210	249	682	1,141	18%	22%	60%
Wicklow Urban	538	560	2249	3,347	16%	17%	67%
Ballinguile	11	13	49	73	15%	18%	67%
Baltinglass	232	248	861	1,341	17%	18%	64%
Blessington	469	386	1413	2,268	21%	17%	62%
Burgage	261	173	611	1,045	25%	17%	58%
Donaghmore	46	36	147	229	20%	16%	64%
Donard	45	30	171	246	18%	12%	70%
Dunlavin	133	120	431	684	19%	18%	63%
Eadestown	22	12	73	107	21%	11%	68%
Hartstown	23	14	91	128	18%	11%	71%
Hollywood	87	61	245	393	22%	16%	62%
Humewood	17	25	108	150	11%	17%	72%
Imael North	27	27	95	149	18%	18%	64%
Imael South	15	29	95	139	11%	21%	68%
Kilbride	79	71	355	505	16%	14%	70%
Lackan	78	51	284	413	19%	12%	69%
Lugglass	11	15	52	78	14%	19%	67%
Rathdangan	42	24	193	259	16%	9%	75%
Rathsallagh	27	15	101	143	19%	10%	71%
Stratford	42	38	143	223	19%	17%	64%
Talbotstown	43	33	141	217	20%	15%	65%
The Grange	35	30	145	210	17%	14%	69%
Tober	46	55	157	258	18%	21%	61%
Togher	36	14	123	173	21%	8%	71%





Males							
Electoral District	0-11 yrs.	12-24 yrs.	25+ yrs.	Total	0-11 yrs.	12-24 yrs.	25+ yrs.
	(n)	(n)	(n)	(n)	(%)	(%)	(%)
Tuckmill	36	18	90	144	25%	13%	63%
Delgany	572	498	1835	2,905	20%	17%	63%
Enniskerry	185	296	904	1,385	13%	21%	65%
Greystones	584	649	2281	3,514	17%	18%	65%
Kilmacanoge	1258	1377	4397	7,032	18%	20%	63%
Powerscourt	48	80	259	387	12%	21%	67%
Altidore	38	21	131	190	20%	11%	69%
Arklow Rural	140	107	444	691	20%	15%	64%
Aughrim	209	116	568	893	23%	13%	64%
Avoca	63	56	275	394	16%	14%	70%
Ballinaclash	55	63	215	333	17%	19%	65%
Ballinacor	41	17	111	169	24%	10%	66%
Ballinderry	47	37	167	251	19%	15%	67%
Ballyarthur	107	99	340	546	20%	18%	62%
Ballycullen	26	25	127	178	15%	14%	71%
Brockagh	64	45	265	374	17%	12%	71%
Calary	25	18	117	160	16%	11%	73%
Cronebane	30	37	175	242	12%	15%	72%
Dunganstown East	76	56	261	393	19%	14%	66%
Dunganstown South	91	94	274	459	20%	20%	60%
Dunganstown West	28	49	160	237	12%	21%	68%
Ennereilly	28	40	136	204	14%	20%	67%
Glendalough	22	24	92	138	16%	17%	67%
Glenealy	252	237	902	1391	18%	17%	65%
Kilbride	62	44	378	484	13%	9%	78%
Kilcoole	1351	714	3154	5,219	26%	14%	60%
Killiskey	102	95	319	516	20%	18%	62%
Knockrath	23	23	85	131	18%	18%	65%
Moneystown	31	29	95	155	20%	19%	61%
Newcastle Lower	214	195	801	1,210	18%	16%	66%
Newcastle Upper	390	342	1286	2,018	19%	17%	64%
Oldtown	50	38	221	309	16%	12%	72%
Rathdrum	238	207	809	1,254	19%	17%	65%
Togher	172	96	419	687	25%	14%	61%
Trooperstown	28	35	111	174	16%	20%	64%
Wicklow Rural	948	678	2365	3,991	24%	17%	59%





Males							
Electoral District	0-11 yrs. (n)	12-24 yrs. (n)	25+ yrs. (n)	Total (n)	0-11 yrs. (%)	12-24 yrs. (%)	25+ yrs. (%)
Aghowle	25	18	87	130	19%	14%	67%
Ballingate	36	24	148	208	17%	12%	71%
Ballinglen	12	17	73	102	12%	17%	72%
Ballybeg	15	22	64	101	15%	22%	63%
Carnew	163	119	573	855	19%	14%	67%
Coolattin	21	22	94	137	15%	16%	69%
Coolballintaggart	47	39	164	250	19%	16%	66%
Coolboy	65	45	210	320	20%	14%	66%
Cronelea	11	11	68	90	12%	12%	76%
Kilballyowen	39	25	119	183	21%	14%	65%
Killinure	27	22	118	167	16%	13%	71%
Kilpipe	37	38	147	222	17%	17%	66%
Money	17	7	53	77	22%	9%	69%
Rath	25	29	92	146	17%	20%	63%
Shillelagh	57	39	197	293	19%	13%	67%
Tinahely	139	116	470	725	19%	16%	65%
Total	13,283	11,435	45,438	70,156			





**Table B2**Number of Females by Age Category in Wicklow Small Areas (Electoral Districts) 2016

Females Control of the Control of th							
Electoral District	0-11 yrs. (n)	12-24yrs. (n)	25+ yrs. (n)	Total (n)	0-11 yrs. (%)	12-24yrs (%)	25+ yrs. (%)
Arklow No. 1 Urban	981	779	3328	5,088	19%	15%	65%
Arklow No. 2 Urban	295	262	1002	1,559	19%	17%	64%
Bray No. 1	147	96	658	901	16%	11%	73%
Bray No. 2	428	428	2481	3,337	13%	13%	74%
Bray No. 3	443	454	2446	3,343	13%	14%	73%
Rathmichael (Bray)	195	254	825	1,274	15%	20%	65%
Wicklow Urban	493	487	2435	3,415	14%	14%	71%
Ballinguile	9	9	45	63	14%	14%	71%
Baltinglass	234	243	902	1,379	17%	18%	65%
Blessington	485	337	1516	2,338	21%	14%	65%
Burgage	249	121	650	1,020	24%	12%	64%
Donaghmore	48	22	140	210	23%	10%	67%
Donard	42	40	182	264	16%	15%	69%
Dunlavin	118	115	442	675	17%	17%	65%
Eadestown	11	16	60	87	13%	18%	69%
Hartstown	24	28	87	139	17%	20%	63%
Hollywood	55	65	253	373	15%	17%	68%
Humewood	27	24	113	164	16%	15%	69%
Imael North	17	17	75	109	16%	16%	69%
Imael South	8	18	88	114	7%	16%	77%
Kilbride	63	76	324	463	14%	16%	70%
Lackan	63	57	272	392	16%	15%	69%
Lugglass	15	25	53	93	16%	27%	57%
Rathdangan	42	27	132	201	21%	13%	66%
Rathsallagh	27	19	103	149	18%	13%	69%
Stratford	41	39	165	245	17%	16%	67%
Talbotstown	39	21	139	199	20%	11%	70%
The Grange	40	33	152	225	18%	15%	68%
Tober	51	43	160	254	20%	17%	63%
Togher	35	25	108	168	21%	15%	64%





Females Control of the Control of th							
Electoral District	0-11 yrs.	12-24yrs.	25+ yrs.	Total	0-11 yrs.	12-24yrs	25+ yrs.
	(n)	(n)	(n)	(n)	(%)	(%)	(%)
Tuckmill	37	13	85	135	27%	10%	63%
Delgany	604	436	2035	3,075	20%	14%	66%
Enniskerry	242	264	1019	1,525	16%	17%	67%
Greystones	551	593	2600	3,744	15%	16%	69%
Kilmacanoge	1243	1413	5018	7,674	16%	18%	65%
Powerscourt	56	74	271	401	14%	18%	68%
Altidore	30	21	124	175	17%	12%	71%
Arklow Rural	122	115	439	676	18%	17%	65%
Aughrim	216	112	637	965	22%	12%	66%
Avoca	39	48	263	350	11%	14%	75%
Ballinaclash	62	45	193	300	21%	15%	64%
Ballinacor	38	26	113	177	21%	15%	64%
Ballinderry	34	28	153	215	16%	13%	71%
Ballyarthur	114	91	351	556	21%	16%	63%
Ballycullen	25	13	114	152	16%	9%	75%
Brockagh	37	43	279	359	10%	12%	78%
Calary	38	27	108	173	22%	16%	62%
Cronebane	34	40	153	227	15%	18%	67%
Dunganstown East	76	41	322	439	17%	9%	73%
<b>Dunganstown South</b>	67	73	304	444	15%	16%	68%
<b>Dunganstown West</b>	33	42	146	221	15%	19%	66%
Ennereilly	32	33	142	207	15%	16%	69%
Glendalough	17	16	103	136	13%	12%	76%
Glenealy	209	220	904	1333	16%	17%	68%
Kilbride	64	48	293	405	16%	12%	72%
Kilcoole	1299	697	3516	5,512	24%	13%	64%
Killiskey	80	89	377	546	15%	16%	69%
Knockrath	22	11	82	115	19%	10%	71%
Moneystown	27	20	102	149	18%	13%	68%
Newcastle Lower	183	164	797	1,144	16%	14%	70%
Newcastle Upper	372	276	1343	1,991	19%	14%	67%
Oldtown	60	43	203	306	20%	14%	66%
Rathdrum	243	185	847	1,275	19%	15%	66%





Females							
Electoral District	0-11 yrs. (n)	12-24yrs. (n)	25+ yrs. (n)	Total (n)	0-11 yrs. (%)	12-24yrs (%)	25+ yrs. (%)
Togher	173	79	439	691	25%	11%	64%
Trooperstown	31	27	103	161	19%	17%	64%
Wicklow Rural	909	668	2595	4,172	22%	16%	62%
Aghowle	21	10	81	112	19%	9%	72%
Ballingate	31	29	136	196	16%	15%	69%
Ballinglen	13	22	73	108	12%	20%	68%
Ballybeg	10	13	60	83	12%	16%	72%
Carnew	152	130	564	846	18%	15%	67%
Coolattin	25	22	94	141	18%	16%	67%
Coolballintaggart	52	44	145	241	22%	18%	60%
Coolboy	54	40	183	277	19%	14%	66%
Cronelea	11	15	62	88	13%	17%	70%
Kilballyowen	31	19	115	165	19%	12%	70%
Killinure	22	27	118	167	13%	16%	71%
Kilpipe	36	29	140	205	18%	14%	68%
Money	10	2	52	64	16%	3%	81%
Rath	20	25	86	131	15%	19%	66%
Shillelagh	60	43	193	296	20%	15%	65%
Tinahely	141	128	513	782	18%	16%	66%
Total	12,833	10,912	48,524	72,269			





## Appendix C: Breakdown of Relative HP Index Scores by Census Small Area of Population 2016

**Table C1**Poabl HP Index Scores for Wicklow Electoral Districts 2016

Electoral District	HP Deprivation Index	Description
Aghowle	-5.57	Marginally below average
Altidore	3.5	Marginally above average
Arklow No. 1 Urban	-7.75	Marginally below average
Arklow No. 2 Urban	-2.9	Marginally below average
Arklow Rural	-2.34	Marginally below average
Aughrim	-2.79	Marginally below average
Avoca	-4.85	Marginally below average
Ballinaclash	-1.84	Marginally below average
Ballinacor	1.95	Marginally above average
Ballinderry	2.01	Marginally above average
Ballingate	-4.77	Marginally below average
Ballinglen	-0.17	Marginally below average
Ballinguile	1.21	Marginally above average
Ballyarthur	0.95	Marginally above average
Ballybeg	-3.05	Marginally below average
Ballycullen	3.66	Marginally above average
Baltinglass	-7.02	Marginally below average
Blessington	2.05	Marginally above average
Bray no. 1	-3.08	Marginally below average
Bray no. 2	6.8	Marginally above average
Bray no.3	1.14	Marginally above average
Brockagh	0.12	Marginally above average
Burgage	6.06	Marginally above average
Calary	5.39	Marginally above average
Carnew	-10.65	Disadvantaged
Coolattin	-1.58	Marginally below average
Coolballintaggart	-3.16	Marginally below average
Coolboy	-3.93	Marginally below average
Cronebane	-4.58	Marginally below average
Cronelea	-4.39	Marginally below average
Delgany	8.96	Marginally above average





Electoral District	HP Deprivation Index	Description
Donaghmore	-0.82	Marginally below average
Donard	-1.34	Marginally below average
Dunganstown East	0.25	Marginally above average
Dunganstown South	0.25	Marginally above average
Dunganstown West	3.03	Marginally above average
Dunlavin	-7.5	Marginally below average
Eadestown	-1.72	Marginally below average
Ennereilly	0.95	Marginally above average
Enniskerry	8.72	Marginally above average
Glendalough	-0.7	Marginally below average
Glenealy	0.07	Marginally above average
Greystones	9.36	Marginally above average
Hartstown	1.98	Marginally above average
Hollywood	2.84	Marginally above average
Humewood	1.19	Marginally above average
Imael North	-0.72	Marginally below average
Imael South	-5.24	Marginally below average
Kilballyowen	1.39	Marginally above average
Kilbride	-4.73	Marginally below average
Kilbride	5.65	Marginally above average
Kilcoole	1.43	Marginally above average
Killinure	-4.18	Marginally below average
Killiskey	5.63	Marginally above average
Kilmacanogue	3.56	Marginally above average
Kilpipe	2.44	Marginally above average
Knockrath	-0.28	Marginally below average
Lackan	2.56	Marginally above average
Lugglass	1.43	Marginally above average
Moneystown	8.94	Marginally above average
Moneystown	0.6	Marginally above average
Newcastle Lower	3.72	Marginally above average
Newcastle Upper	3.82	Marginally above average
Oldtown	3.22	Marginally above average
Powerscourt	9.69	Marginally above average
Rath	0.4 Marginally above average	
Rathdangan	-1.66	Marginally below average
Rathdrum	-5.29 Marginally below average	
Rathmichael (Bray)	-13.74	Disadvantaged





Electoral District	HP Deprivation Index	Description
Rathsallagh	5.11	Marginally above average
Shilleagh	-3.72	Marginally below average
Stratford	-2.81	Marginally below average
Talbotstown	2.95	Marginally above average
The Grange	2.1	Marginally above average
Tinahely	-5.23	Marginally below average
Tober	2.79	Marginally above average
Togher	1.81	Marginally above average
Togher	0.33	Marginally above average
Trooperstown	6.78	Marginally above average
Wickloe Rural	2.18	Marginally above average
Wicklow Urban	-4.06	Marginally below average







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# **Context evaluation:**

A profile of young people in Wicklow

Dr Ailbhe Booth, Maria Tibbs & Dr Aileen O'Reilly



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## **Wicklow: Key Statistics**

## **Wicklow Population:**

- 142,425 13% increase since 2006 Census
- 11th largest population in the state
- Bray is the most densely populated area

## **Young People in County Wicklow:**

- Young people:
  - o 12-18 years: 13,626
  - o 19-24 years: 8,271
- 13<sup>th</sup> youngest county in the state
- Majority of young people 0-24 are Irish and identify as White Irish



#### **Families:**

- Most families are two-parent families
- 6,901 lone parent families
- 37% of these are families where all children in the household are under 15 years

#### School & Work:

- In 2018/2019 11,538 young people enrolled in post-primary schools in Wicklow
- 457 young people aged 15-25 on live register

## **Deprivation:**

- 7,000 young people under 18 estimated to be at risk of poverty
- 3,347 estimated to be living in consistent poverty

#### **Mental Health and Wellbeing:**

- 12% of adolescents and 12% of young adults reported not being able to cope well with problems
- 16% of adolescents and 24% of young adults report severe or very severe levels of depression
- 24% of adolescents and 28% of young adults report severe or very severe levels of anxiety





## Introduction

The following report provides an overview of key characteristics of the Wicklow population, focusing on the youth population 12-25 years, and includes *My World Survey 2* (Dooley, O'Connor, Fitzgerald, & O'Reilly, 2019) data for adolescents and young adults. It also contains directories of relevant services and supports for young people, educational settings and health services in the county.

Please note that there are areas within this report that do not reference the 12-25-year-old age group. This is due to Census data being restricted to 0-24 and 25+ age groups, in some cases.

## **Characteristics of the Wicklow Population**

### Wicklow – A Growing Population

The county of Wicklow comprises a population of 142,425 people (Central Statistics Office [CSO], 2017), the 11<sup>th</sup> highest population by county in Ireland. The county has experienced consistent growth in population, and in the ten years between Census 2006 and 2016 there was a 13% increase in overall population. The largest rates of population growth in Wicklow have been concentrated in areas surrounding Bray, Greystones, Newtownmountkennedy, Ashford and Wicklow that are close to the M11: the main arterial route between Dublin and Wexford. Most people living in Wicklow (65%) live in urban areas. In 2016, Bray was the most highly populated settlement area with a population of 32,600, followed by Greystones (18,140), Arklow (13,163), and Wicklow Town (10,584; see Appendix A for a more detailed breakdown on population change and density by electoral division in Wicklow). However, it is important to note that surrounding towns such as Rathnew, Blessington, Aughrim and Roundwood had some of the highest rates of new development in the county between 2006 and 2011 (All-Island Research Observatory [AIRO], 2015).

The average age of the Wicklow population is 37.2 years (CSO, 2017), which is only marginally lower than the state average of approximately 37.4 years. Wicklow has a relatively high proportion of young people with approximately 34% of the total population under the age of 25 in 2016 (*n*=48,463), making it the 13<sup>th</sup>





youngest county in the state (CSO, 2017). In 2016, 13,626 (28%) young people in Wicklow were aged between 12-18 years and 8,271 (17%) were aged 19-24 years. The gender split in the population of young people aged 12-24 is roughly equal with 11,435 males (51.2%) and slightly less females (*n*=10,912; 48.8%).

Most young people aged 12-24 live in the settlement areas of Bray (5,273), Greystones/Delgany (2,595), Arklow (2,063), Wicklow (1,781) and Blessington (822; CSO, 2017. Please see Appendix B for Small Area Data for age and gender).

Nationals living in the county. This reduction reflects similar trends at national level, which may in part be accounted for by increased integration and dual Irish nationality (Wicklow Children and Young People's Services Committee, forthcoming).

This profile of nationality is consistent in the population of young people in Wicklow: the majority are Irish (93.2%) and identify as White Irish (87%). Only 5.5% of those aged 0-24 are from countries outside of Ireland, compared to 8.2% of 0-24 year olds in the whole of



Figure 1. Age cohorts by gender across Wicklow settlement areas.

#### **Nationality and Ethnicity**

The vast majority of the Wicklow population are Irish (89.7%) and identify as White Irish (86%; CSO, 2017). Notably, Wicklow has seen a slight reduction (-2.9%) in the proportion of non-Irish

Ireland. The majority of 0-24 year olds from outside Ireland living in county Wicklow are from one of 28 European Union (EU) countries (4.2% of the 0-24 population), with the largest representation of these from Poland (22.4%) and the UK (12.8%). Only a small





proportion (1.3%) are from countries outside of Europe and the EU.

This is also reflected in statistics on ethnicity, whereby the next largest ethnic grouping for 0-24 year olds in Wicklow after White Irish is any other White background (6.4%) and only 4% identify as other ethnic groups including Black/Black Irish, Asian/Asian Irish, or other mixed background. Only 0.9% of 0-24 year olds in Wicklow identify as Irish Travellers. See Figure 2 below for breakdown of ethnicity and nationality for 0-24 year olds in county Wicklow.

families (*n*=21,069; 75.3%; CSO, 2017). A smaller but substantial proportion of young people (*n*= 6,901, 24.6%) live in lone-parent families, the majority of which (*n*=5,987; 86.8%) are single parent families consisting of a mother and children. Single parent families of a father and children account for only 13% of lone-parent families in Wicklow (CSO, 2017). Table 1 provides an overview of household composition by family type for family units with children in Wicklow.

The 2016 Census reports that most families in Wicklow have either one

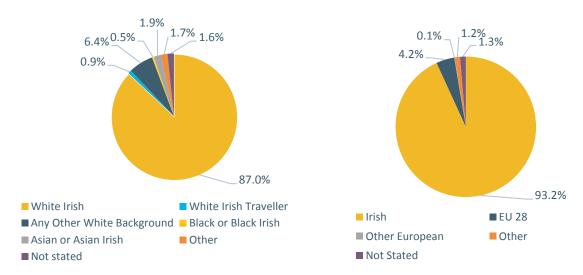


Figure 2. Ethnicity and nationality of the Wicklow 0-24 age cohort.

## **Household Composition**

Consistent with figures for the whole of Ireland, the vast majority of families in Wicklow are nuclear or two-parent

(*n*=11,052; 39.5%) or two (*n*=10,290; 36.8%) children. A very small proportion report have five or more children (*n*=388; 1.4%). As noted previously,





**Table 1**Household Composition by Family Type in Wicklow

Family units with children by type of family and age of children					
Age of Children	Couples with Children	Mothers with Children	Fathers with Children		
	2016				
No. of families with all children under fifteen	10,817	2,369	157		
No. of families with all children above fifteen	7,030	2,910	685		
No. of families with children aged both under and above fifteen	3,222	708	72		
Total number of family units with children	21,069	5,987	914		

Wicklow has quite a young population and unsurprisingly the majority of families in Wicklow are made up of a parent/parents living with children who are all under 15 years of age (*n*=13,343; 55.7%; CSO, 2017).

Homelessness figures from the Department of Housing, Planning and Local Government (2019) indicate that Wicklow has a relatively low level of homelessness compared to the rest of Ireland. According to figures from September 2019, 20 adults in Wicklow accessed official homeless emergency accommodation and 2,477 households are on the social housing list. Homelessness data are not available at the county level for young people; however, data for the

mid-east region encompassing Wicklow, Kildare, and Meath, suggest that 15.5% of homeless adults in the area are aged 18-24 and on average each homeless adult has 1.5 dependents (Department of Housing, Planning and Local Government, 2019).

Wicklow also typically has a below average rate of children in care compared to the national average. Figures from the 2014 State of the Nation report (Department of Children & Youth Affairs, 2016) document 108 children and young people in care in the Wicklow Local Health Office (LHO) area and 191 in the Kildare/West Wicklow area: a rate of just over 3 per 1,000 children and young people living in these areas. More recent



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figures from the 2016 report are not directly comparable with reports from previous years as East Wicklow is now combined with figures from Dublin South East and West Wicklow is now combined with figures from Dublin South West and Kildare. However, the areas including Wicklow remain lower than the national average, with a slightly higher per thousand rate of 4.1 when these Dublin areas are included (Department of Children & Youth Affairs, 2016).

## **Education and Employment**

Overall, Wicklow residents have a relatively high level of education: 44% (n=38,542) of those aged 15 and above have a third-level degree, while only 11.7% (n=10,251) have no formal or primary only education. These figures are largely in keeping with national averages whereby 42% (n=1,216,945) of the population of Ireland have a third-level

degree and 13.3% (*n*=386,498) have no formal or primary only education (CSO, 2017).

As can be seen in Figure 3, women in Wicklow typically report slightly higher levels of educational attainment than men, with more women reporting having upper secondary or third-level education and more males reporting lower secondary education or below.

With 23 post-primary schools and 3 special education schools registered with the Department of Education and Skills alongside a number of other educational settings such as Youthreach, a large number of young people are currently in education in county Wicklow. In total, for the school year 2018/2019, 11,538 young people were enrolled in mainstream post-primary schools in the Wicklow area, 5,627 (49%) were female and 5,911 (51%) were male (Department of Education &

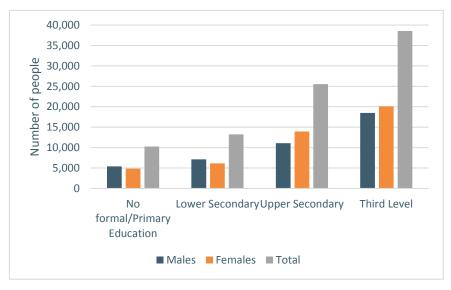


Figure 3. Highest education level of those age 15 years and above by gender in Wicklow.





Skills, 2018). Moreover, 10.8% (*n*=11,880) of the Wicklow population aged 15 and over are reported as still in education, encompassing second and third-level settings (CSO, 2017). A full list of primary, post-primary and other educational settings in county Wicklow can be found in the Directory of Educational Settings on p40.

In terms of employment, national Census and CSO Labour Force Survey figures indicate that the number of people in employment increased between the 2011 and 2016 Census (CSO, 2017; CSO, 2019a). Figures for Wicklow follow this national trend, with a decrease in the unemployment rate from 19.3% in 2011 to 12.7% in 2016 (CSO, 2017). Consistent with this, youth unemployment has also declined since 2011. Census figures for 2016 show that the unemployment rate for 15-24 year olds in Wicklow dropped from 40.3% in 2011 to 26.3% in 2016. Current figures from the October 2019 report 5,174 people on the Live Register in Wicklow, 10.8% (n=457) of these are young people aged between 15-25 years (CSO, 2019b). Overall, this represents a slight reduction from the start of the year (n=494).

A large proportion of the Wicklow population consists of young people aged less than 15 years who are too young to be active in the labour force i.e. dependents (CSO, 2017). As a proportion relative to the working population, Wicklow has a youth dependency rate of

35.2%, which is the 13<sup>th</sup> highest dependency rate in the state, and slightly higher than state average of 32.3%. This indicates that a relatively large number of people are of nonworking age relative to those of working age (CSO, 2017).

A small number of young people aged 0-24 years (n=328) in Wicklow also provide regular, unpaid, personal help for a friend or family member with a long-term illness, health problem, or disability (CSO, 2017). Wicklow has a relatively low proportion of carers relative to rest of Ireland, with the seventh lowest rate (3.9%) by Census county and city classification. Young carers account for approximately 6% of carers in Wicklow. While this figure is low and represents a slight reduction from the 2011 figures (*n*=349; 6.8%), some of these young carers provide up to as much as 12 hours of care each week (CSO, 2017). This is supported by data from My World Survey 2 (Dooley et al., 2019) which found that approximately 13% of adolescents and 6% of young adults in the Wicklow sample were providing regular unpaid help for a family member.

#### **General Health and Disability**

Overall, according to 2016 Census records (CSO, 2017), the majority of people living in Wicklow report having 'good' or 'very good' general health (*n*=126,295; 88.7%). Similarly, almost all young people aged 0-24 in Wicklow report that their health was 'good' or 'very good' (*n*=46,039; 95%), with only 1.8% (*n*=870) reporting 'fair',





'bad' or 'very bad' general health. In 2016, this was consistent across gender in Wicklow, with 95.2% of young males and 94.8% of young females under 25 reporting 'very good' or 'good' general health, respectively (CSO, 2017).

Most people in Wicklow live and function without the impairment of long-lasting health difficulties. However, 19,244 (13.5%) people in Wicklow reported that they had a disability. This is in line with the state average of 13.5%. Although the majority of these are aged 25 and above, approximately 1 in 5 are aged 0-24 (Disability Federation of Ireland, 2018). Census data also indicates that this cohort of people typically have poorer access to education and employment, as they have lower levels of education and higher rates of unemployment than the general population in Wicklow (CSO, 2017).

## Deprivation

Overall, the county of Wicklow is slightly more affluent than average. The Pobal HP Deprivation Index, which is calculated based on household sociodemographic indicators, provides an indication of relative affluence or disadvantage based on several socioeconomic indicators from Census data, such as indicators of population change, education, employment and household composition (Haase & Pratschke, 2017). Based on

Census data from 2016, Wicklow has a HP index score of 1.43 indicating that it has marginally above average levels of affluence (Pobal, n.d.). However, affluence is not equally distributed across the county. Although pocketed with small areas of disadvantage, the north-eastern part of Wicklow including areas surrounding Powerscourt, Bray and Greystones are typically considered affluent with relative HP index scores above 10. By contrast, the south western part of Wicklow is considered marginally below average in terms of affluence, with small areas around Stratford, Tinnahely, and Carnew considered as disadvantaged, with relative HP index scores below -10 (See Appendix C for a breakdown of relative HP index scores by Census Small Area of Population).

In Ireland, approximately 1 in 6 people are classified as at-risk of poverty and 1 in 14 live in consistent poverty<sup>1</sup> (CSO, 2019c). Young people under the age of 18 are the most at-risk of poverty and deprivation and are consistently identified as more likely to be living in poverty than older cohorts. Estimations based on the 2017 Survey on Income Living Conditions (SILC) in Ireland suggest that approximately 7,000 young people under 18 are at risk of poverty and 3,347 are living in consistent poverty<sup>2</sup>



<sup>&</sup>lt;sup>1</sup> Based on data from 2017 SILC survey

<sup>&</sup>lt;sup>2</sup> Estimated using SILC poverty rates and population data for county Wicklow



## **Mental Health & Wellbeing**

My World Survey 2 (MWS-2; Dooley et al., 2019) is the second wave of a national study of youth mental health in Ireland, which consisted of responses from 10,459 adolescents in second-level schools and 8,290 young adults.

This section describes key findings from analyses prepared by the *MWS-2* research team relating to adolescents (*N*=199) and young adults (*N*=348) in county Wicklow. To situate the data for the Wicklow sample within the national context, this report makes comparisons between the Wicklow *MWS-2* sample and the national *MWS-2* sample; however, it is important to note that these comparisons are for contextual purposes only and are not based on statistical inference.

#### **Adolescents**

# Demographic Characteristics of Wicklow Adolescent Sample

## Age and Gender

Adolescents were aged 12-18 years; the majority (65%) were female and the remaining 35% identified as male.

Adolescents were distributed across year groups, with the largest representation of students in 4<sup>th</sup> year (20%), followed by 5<sup>th</sup> year (19%) and 2<sup>nd</sup> year (18%; see Figure 4).

#### Sexual Orientation

When asked about their sexual orientation, 88% of Wicklow adolescents identified as heterosexual and 5% as lesbian, gay, bisexual, asexual or pansexual (LGBAP). Additionally, 7% of

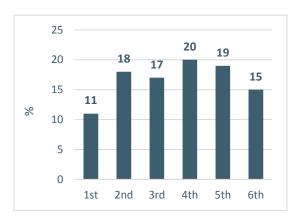


Figure 4. School year breakdown for Wicklow adolescents above by gender in Wicklow.

adolescents reported they were not sure/still questioning/other. Adolescents were also asked to rate how comfortable they were with their sexuality: 96% of adolescents in Wicklow reported they are highly comfortable with their sexuality,





slightly more than the national sample (90%) of adolescents.

#### **Living Situation**

Approximately 40% of adolescents in Wicklow reported that they live in a town, 24% indicated they live in the countryside outside a town/city, 23% in a village, 10% on a farm and 3% in other areas. Most (91%) adolescents reported feeling safe in their neighbourhood.

#### Religion

The most commonly reported religion amongst adolescents from Wicklow was Church of Ireland (58%), whereas only 4% of adolescents in the national *MWS-2* sample reported that they were Church of Ireland. Only 20% of adolescents from county Wicklow cited Roman Catholic as their religion, compared to 74% of the national sample. Furthermore, 6% of adolescents from county Wicklow reported that they were Christian, 10% that they had another religion, and 6% reported they did not have a religion.

#### Personal Well-Being and Lifestyle Factors

## Enjoying Family Life

Approximately 67% of adolescents in Wicklow stated that they enjoyed family life, while 29% stated that they sometimes did and 4% stated that they did not.

#### Anger

A small proportion (9%) of adolescents reported that they felt angry a lot, 46% reported they felt somewhat angry, while 45% said that they did not feel angry a lot. Males (16%) were more likely to report feeling angry than females (6%).

#### Schoolwork

In terms of their schoolwork, 27% of adolescents ranked themselves as being at the top of the class, 71% as being in the middle and 3% as being at the bottom.

Males (34%) were more likely to say they were at the top of the class than females (23%).

Furthermore, 17% of adolescents in Wicklow reported that they received additional teaching support in school (i.e., resource teaching and learning support).

#### Days Absent

The mean number of days absent from school in the past month was 1 day, with 59% of students reporting that they had not missed any days of school in the past month, 32% were absent once or twice, 8% were absent for three to five days and only 1% were absent six days or more.

#### Trouble with the Gardaí

Only 3% of adolescents from county Wicklow reported that they have been in trouble with the Gardaí. All of these students were in fifth year at the time of the survey.





## Sleep

The National Sleep Foundation in the US recommends that teenagers get 8-10 hours of sleep a night, referred to here as good sleep hygiene.

Of the Wicklow adolescents surveyed, 55% reported that they had good sleep hygiene, which is higher than that reported nationally (47%). Additionally, 42% of adolescents in Wicklow reported getting 6-7 hours sleep, and 4% between 0-5 hours sleep a night.

Similar to the national sample, female adolescents in Wicklow (51%) were less likely to get the recommended amount of sleep compared to their male peers (61%; see Figure 5).

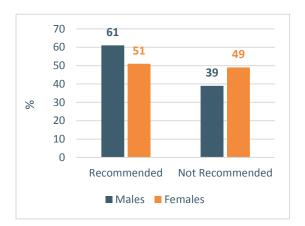


Figure 5. Sleep hygiene for Wicklow adolescents by gender.

# Body Appearance, Physical Activity and Hobbies

In relation to body appearance, 40% of adolescents in county Wicklow stated that they have tried to bulk up or maintain

muscle mass. Males (59%) were more likely to report this than females (30%). The main method used was exercising (98%).

In terms of weight management, 71% of adolescents in Wicklow stated that they have tried to lose weight or avoid gaining weight. Females (84%) were more likely to report this than males (48%). The main methods used to lose/avoid gaining weight were exercising (86%) and eating less food, fewer calories or foods low in fat (64%).

The majority of adolescents in the Wicklow sample reported that they played sport regularly (89%) or participated in hobbies or volunteered at least once a week (72%). A smaller proportion (36%) reported that they regularly attended the gym in the past six months (see Figure 6).

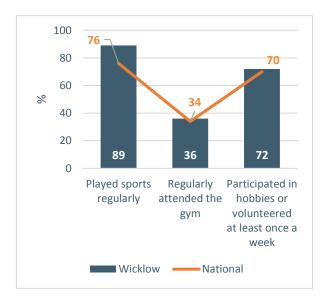


Figure 6. Adolescents' exercise and hobbies, Wicklow and National.





## **Bullying**

Overall, 38% of adolescents in Wicklow reported that they have been bullied at some point. Of these, 42% had experienced bullying within the last 4-5 years, 28% within the last 2-3 years, 7% within in the last year, 3% in the last six months and 7% in the past month. Females in Wicklow (38%) were less likely to report experiences of bullying than the national *MWS-2* sample (45%; see Figure 7).



Figure 7. Adolescents' frequency of bullying, Wicklow and National.

The most common forms of bullying for adolescents in Wicklow were verbal (30%) and emotional (24%), with only 7% reporting physical bullying.

Similar to trends in the main MWS-2 report, the majority of those who experienced bullying (75%) reported being bullied at school, with 8% bullied by text, 5% online, 3% at home, 3% by phone, and

8% elsewhere including at afterschool activities and classes.

#### Social Media Use

In relation to social media profiles, 92% of adolescents in Wicklow reported having a social media profile or account. Of those, 94% reported having Snapchat, 91% Instagram, 41% Facebook, 27% Twitter, 3% had a Dating App and 17% used other social media sites.

Compared to the national sample, Wicklow adolescents reported spending less time online: they were more likely to report spending no time, less than an hour or 1-2 hours online, whereas the national sample were more likely to report spending 2-3 or more than three hours online (see Figure 8). Female adolescents in Wicklow (32%) were more likely than their male peers (16%) to spend more than 3 hours online a day.

In relation to profile privacy, 74% of adolescents reported having their profile



Figure 8. Adolescents' time spent online, Wicklow and National.





on the social media site they use most often set to private, 12% partially private and 9% set to public. In terms of how adolescents spend time online, 68% reported that they never meet people online for social interaction that they have not met in real life.

When asked about being sent mean messages, 66% of Wicklow adolescents reported they never experienced this, 25% reported that it happened to them once and 8% reported being sent mean messages occasionally. A small number (2%) reported being sent mean messages daily. Furthermore, 86% reported that they had never experienced someone taking nasty photographs of them and posting them online.

#### **Pornography**

Senior Cycle adolescents were asked about their experiences of pornography as part of *MWS*-2. In Wicklow, approximately 41% of these adolescents reported that they had watched pornography. Of those who watched pornography, 72% searched for a website themselves, while 21% received an email or clicked on a link and viewed pictures of sex that they did not want to see. A notable gender effect was observed, with 84% of males in Senior Cycle reporting having ever watched pornography compared to 22% of females, which coincides with findings on the national sample.

Compared to the national sample, Senior Cycle adolescents in Wicklow were more

likely to report never having watched pornography in the last month, and less likely to report watching pornography more than once a week (see Figure 9).



Figure 9. Adolescents watching pornography in the last month, Wicklow and National.

This pattern was also highly gendered, as most males reported watching pornography once a week (26%) or more than once a week (30%), while none of the females reported watching pornography more than once a week, but 13% reported watching it once a week.

#### Relationships

The majority of adolescents in Wicklow (82%) reported that they did not have a boyfriend or girlfriend. A slightly lower proportion of adolescents in Wicklow (18%) reported having a boyfriend or girlfriend than adolescents in the national *MWS*-2 sample (24%; see Figure 10).





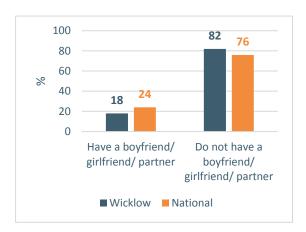


Figure 10. Adolescents having a boyfriend/girlfriend/romantic partner, Wicklow and National.

When asked how they spend time with their boyfriend/girlfriend, 94% of Wicklow adolescents reported that they spend time in person, 66% by texting, 57% on social media, 57% on the phone and 34% said on the internet. In addition, 86% of adolescents indicated they were satisfied or very satisfied with the relationship and 14% were neither satisfied nor dissatisfied.

Among all adolescents, 55% said they had never experienced a break-up, 17% reported that they had over a year ago and 28% had experienced one within the past year.

#### Sexual Behaviours

Senior Cycle adolescents were also asked about their sexual behaviours.

Approximately 1 in 3 Senior Cycle adolescents in Wicklow (38%) reported having had oral sex (compared to 49% of

the national sample) and 1 in 5 (19%) reported having had sex (compared to 30% in the national sample).

Of those who reported having had sex, 68% were aged 15-16 years, 32% were 17+ years and none were 14 and under when they first had sex. In addition, 63% reported that they had had sex with one person, 16% with two people, 11% with three people, none reported they had had sex with four or five people and 11% reported six people or more.

Within the past three months, of those who reported having had sex, 74% reported having one sexual partner, 11% reported having two and 16% reported that they had not had sex within the past three months.

Compared to the national sample, Senior Cycle adolescents in Wicklow were less likely to report always using contraception (33% vs 55%) and more likely to report using contraception most times (44% vs 13%; see Figure 11).

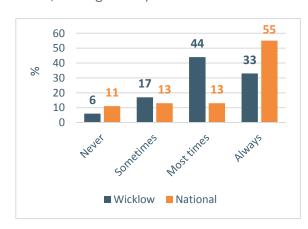


Figure 11. Adolescents' use of contraceptive methods, Wicklow and National.





## **Top Stressors**

Consistent with trends in the national data, the top three stressors for adolescents in Wicklow were school, exams and homework.

## Coping with Problems

Approximately 35% of Wicklow adolescents reported that they generally coped well with problems, 53% that they sometimes coped well, and 12% that they did not cope well.

Males (46%) were more likely to state that they coped well compared to females (30%).

### **Top Coping Strategies**

Consistent with trends in the national data, the top three coping strategies for adolescents in Wicklow were exercise, music, and friends.

#### Parent's Mental Health

Approximately 12% of Wicklow adolescents reported having at least one parent/guardian who had had a mental health problem.

In addition, approximately 6% reported that their father had a long-term alcohol/drug addiction while 2% reported this for their mother and 2% for their guardian.

#### Mother and Father Criticism and Approval

Compared to the national sample, adolescents in Wicklow reported slightly

higher levels of parental approval from both parents (see Figure 12).

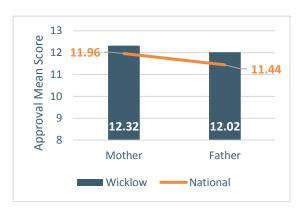


Figure 12. Adolescents' mean score of parental approval by parent, Wicklow and National.

Additionally, adolescents in Wicklow reported slightly lower levels of parental criticism than the national sample (see Figure 13).

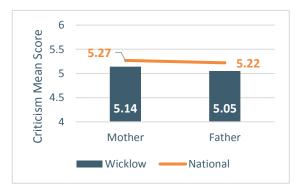


Figure 13. Adolescents' mean score of parental criticism by parent, Wicklow and National.





## **Negative Domains**

#### Depression and Anxiety

Adolescent reports of depression and anxiety were gathered using the Depression, Anxiety and Stress Scale (DASS), and followed a similar pattern to that observed in the national sample, with the largest proportion of adolescents categorised in the normal range for depression (56%) and a smaller proportion experiencing severe (7%) very severe (9%) levels of depression (see Figure 14).

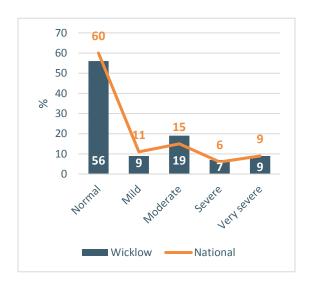


Figure 14. Adolescents' severity of depression, Wicklow and National.

Furthermore, females were more likely to report severe or very severe depression, whereas males were more likely to report mild or moderate depression (see Figure 15).

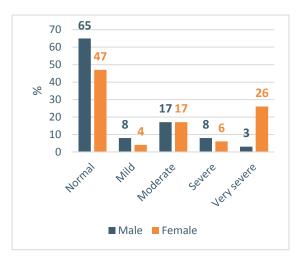


Figure 15. Adolescents' severity of depression by gender, Wicklow.

Levels of anxiety in Wicklow adolescents also followed a similar pattern to that observed in the national sample, with the largest proportion of adolescents categorised in the normal range for anxiety (53%) and a smaller proportion experiencing severe levels of anxiety. However, nearly one in six (18%) were experiencing very severe levels of anxiety (see Figure 16).



Figure 16. Adolescents' severity of anxiety, Wicklow and National.





Finally, females were more likely to report very severe levels of anxiety, whereas males were more likely to be categorised in the normal range for anxiety (see Figure 17).

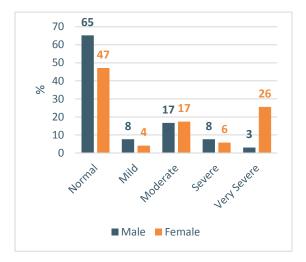


Figure 17. Adolescents' severity of anxiety by gender, Wicklow.

### Suicidality

As shown in Figure 18, reports of suicide ideation and deliberate self-harm followed similar trends to those found in the national sample, although adolescents in Wicklow reported slightly higher rates of deliberate self-harm without intent to die (31% vs 23%) and suicidal ideation (45% vs 41%).

Of the adolescents in Wicklow who reported that they had deliberately hurt themselves without wanting to take their own life, 20% did so within the last year, 19% within the last six months, 27% within the last month, and 34% at some other time (typically over a year ago).

Females (31%) were more likely to report deliberate self-harm than males (29%). Those in Senior Cycle (57%) were more likely to report this than those in Junior Cycle (19%).

In relation to suicidal thoughts, 45% of Wicklow adolescents had thought about taking their own life even though they would not do it; 32% indicated that this was within the last year, 22% within the last six months, 22% within the last month, and 24% at another time. Again, females (48%) were more likely to report thinking of taking their own life than males (40%).

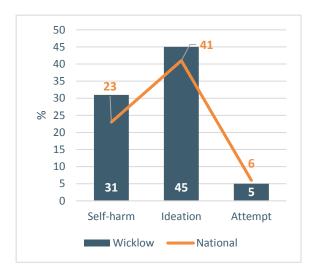


Figure 18. Adolescents' suicide ideation, deliberate self-harm and suicide, Wicklow and National.

A small proportion (5%; *n*=10) of Wicklow adolescents reported that they had made a suicide attempt.





## Psychotic-like Experiences

Some adolescents in the Wicklow MWS-2 sample reported experiencing psychotic like symptoms: 13% said that they had definitely thought that people were following or spying on them at some point and 30% indicated maybe. In addition, 21% said they had definitely heard voices or sounds that no one else could hear and 20% said maybe. Furthermore, 10% had definitely seen things that other people could not see and 18% reported they might have seen things that other people have not. Females (M=.84, SD=.91) scored significantly higher on the psychotic-like experiences indicator than males (M=.67, SD = .80).

#### Alcohol Behaviour

Of the Wicklow sample, 54% reported never drinking alcohol, 22% reported doing so less than monthly, 18% monthly, 5% weekly and 1% daily. Most of the adolescents in Junior Cycle (82%) reported they never drink alcohol, compared to 28% of the adolescents in Senior Cycle.

According to the AUDIT WHO cut-offs (Babor, Higgins-Biddle, Saunders & Monteiro, 2001), the majority of adolescents in Wicklow who drank alcohol were categorised as having low risk drinking behaviour (71% vs 65% national). A further 22% were classified as problem drinkers, 2% as harmful/hazardous drinkers, and 5% as potentially alcohol dependent.

Compared to the national *MWS-2* sample, female adolescents were more likely to be categorised as having low risk alcohol use (75% vs 68%). On the other hand, male adolescents in Wicklow were slightly more likely to be categorised as having possible alcohol dependence (8% vs 4%; see Figure 19).

#### Cannabis Use

Approximately 13% of adolescents in Wicklow reported that they had smoked Cannabis; 19% of males compared to 9% of females. This is in line with the national sample, whereby 15% of adolescents reported having smoked Cannabis.

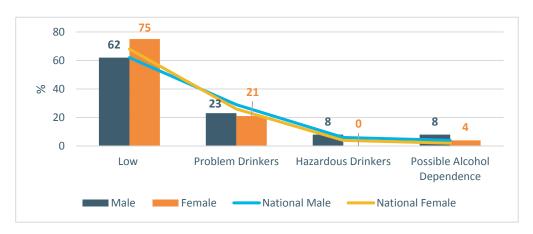


Figure 19. Adolescents' alcohol use by gender, Wicklow and National.





## Gambling

The Senior Cycle adolescent group were asked questions about gambling behaviour. Similar to the national sample, of those who answered the questions, 92% were categorised as non-gamblers, 1% as low-risk gamblers, 5% as moderaterisk gamblers, and 2% as problem gamblers.

## Stressful Life Events

Approximately 17% of adolescents in Wicklow reported that they had not experienced any of the stressful life events listed. Similar to national trends, the most common stressful life events for adolescents were having someone close to them die (50%), moving house within Ireland (42%), observing conflict between parents (35%), the serious illness/injury of a friend (23%), having a home broken into (17%) and experiencing violence in the home/domestic violence (9%). Smaller numbers of adolescents reported moving country (6%), violence in a romantic relationship (3%), and staying in a foster home/residential care (1%).

#### **Positive Domains**

### Self-Esteem

Overall, adolescents in Wicklow scored above the midpoint of 25 on this measure, indicating average levels of self-esteem.

As seen in Figure 20, males displayed

significantly higher levels of self-esteem than females.

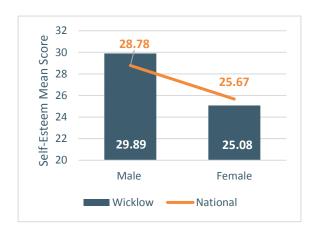


Figure 20. Adolescents' self-esteem by gender, Wicklow and National.

#### **Body Esteem**

Overall, adolescents in Wicklow reported broadly similar levels of body esteem to those reported in the national *MWS-2* sample (see Figure 21).



Figure 21. Adolescents' body esteem by gender, Wicklow and National.

Adolescents were also asked how satisfied they were with their bodies. Here, 46% of adolescents (compared to 46% of the





national sample) reported that they were satisfied/very satisfied with their body, 24% were neither satisfied nor dissatisfied, and 30% were dissatisfied/very dissatisfied.

Males (70%) were much more likely to be satisfied or very satisfied with their body than females (34%). In the national sample, 57% of males were satisfied or very satisfied with their body compared to 38% of females.

#### **Optimism**

Overall, adolescents in Wicklow scored slightly above the midpoint of 12 on the optimism measure (*M*=12.37, *SD*=5.05). As Figure 22 shows, males reported significantly higher levels of optimism than females. Optimism scores for adolescents in Wicklow were broadly similar to those reported in the national *MWS-2* sample.

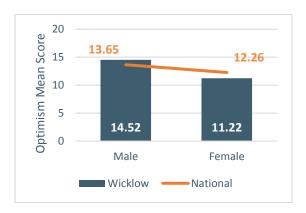


Figure 22. Adolescents' optimism by gender, Wicklow and National.

## Satisfaction with Life

Overall, similar to the national sample, adolescents scored much higher than the midpoint of 24 on the scale measuring life satisfaction (M=31.71, SD=6.5). Males (M=32.94, SD=5.72) reported being more satisfied overall with their lives than females (M=31.04, SD=6.81).

#### **Coping Strategies**

Three fundamental coping strategies were assessed in *MWS*-2: problem-solving, seeking social support, and avoidance. High scores on problem-solving and seeking social support and low scores on avoidance coping factors indicate well-adjusted coping strategies.

#### **Problem-Solving**

Adolescents in Wicklow scored just above the midpoint of 17.5 in their use of problem-solving as a means of coping (*M*=17.58, *SD*=5.96). As seen in Figure 23 males were significantly more likely to use problem-solving as a coping strategy than females.

#### **Seeking Social Support**

In relation to seeking support, adolescents scored just below the midpoint of 14 (*M*=13.89, *SD*=5.11). Females showed a greater tendency to use social support than males as shown in Figure 23.

#### **Avoidance Based Coping**

Adolescents scored below the midpoint of 21 for avoidant-based coping (*M*=16.89, *SD*=6.23). Although females were more





likely to use social support to deal with problems than males, they were also significantly more likely to avoid problems than males (see Figure 23).

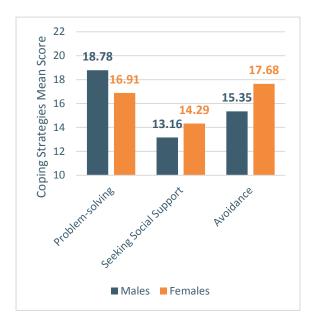


Figure 23. Adolescents' coping strategies by gender, Wicklow and National.

#### Resilience

Scores for subscales of resilience were broadly similar to those observed in the national *MWS-2* sample (see Table 2).

Overall, adolescents in Wicklow scored above the midpoint of 24 on the personal competence resilience subscale. Males displayed significantly higher levels of personal competence (M=28.53, SD=4.71) than females (M=25.00, SD=6.77).

#### School and Peer Connectedness

Similar to the national sample, adolescents in Wicklow scored above the midpoint of 18 in terms of school connectedness (*M*=20.40, *SD*=4.87) and peer connectedness (*M*=22.98, *SD*=3.91).

## Social Support

Compared to national figures, adolescents in the Wicklow sample reported similar levels of perceived social support from adults but slightly lower levels of perceived social support from family and friends (see Figure 24). Overall, adolescents scored

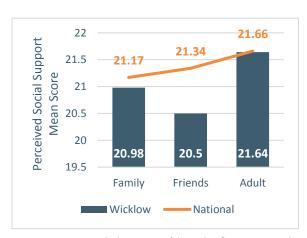


Figure 24. Adolescents' level of perceived social support, Wicklow and National.

**Table 2**Adolescents Resilience Subscales, Wicklow and National.

Resilience Subscale	County Wicklow (M)	National (M)
Personal Competence	26.23	27.97
Social Competence	18.18	18.46
Family Cohesion	23.72	23.41





above the midpoint of 14 in family support, in friend support and in adult support.

#### One Good Adult

#### Presence of One Good Adult©

Just under three-quarters (73%) of adolescents in Wicklow reported that they had a special adult in their lives when in need, 14% reported low support from a special adult and 13% reported moderate support from a special adult (see Figure 25).

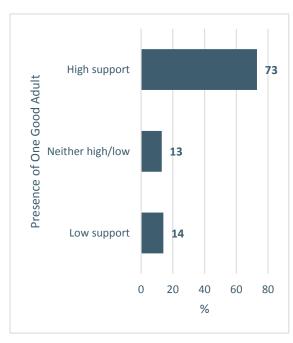


Figure 25. Adolescents' presence of a special adult, Wicklow.

## Availability of One Good Adult®

In terms of how available their special adult was in times of need, 56% of Wicklow adolescents reported that their special adult is always available to them, 24% said very regularly, 11% said regularly, 5% said sometimes and 4% reported that their special adult was irregularly available to them.

Females in the national sample (61%) were more likely to report that their special adult was always available to them compared to the females in county Wicklow (53%).

## Help-Seeking

## **Sources of Support**

Adolescents were asked how likely they would be to use a variety of sources to obtain information or support about their mental health and wellbeing. Similar to national trends, the most commonly reported informal sources were parents (68%) and friends (68%), followed by relatives (27%) and online (26%).

Teacher or guidance counsellor were the most likely source of formal support with 34% reporting this. This was followed by doctors or GPs (24%), and phone helplines (7%). Only 18% of adolescents in county Wicklow had heard of Jigsaw, compared to the national sample where 36% of adolescents had heard of Jigsaw.

## **Talking about Problems**

When adolescents from Wicklow are faced with problems, 64% reported that they talk about them with someone.

Overall, adolescents in Wicklow were more likely to talk to their family (62%) than their friends (29%; see Figure 26).





Adolescents in Junior Cycle were more likely to talk to their family (65%) about their problems than to their friends (25%). On the other hand, adolescents in Senior Cycle were more likely to talk to their friends (52%) about their problems than to their family (38%).

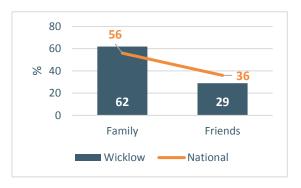


Figure 26. Adolescents talking about personal problems to family or friends, Wicklow and National.

#### **Young Adults**

# Demographics and Characteristics of Sample

## Age

Young adult participants from Wicklow were aged 18-25 years (*M*=20.2, *SD*=1.79), with many reporting to be undergraduate third-level students (90%). With regard to gender, 32% identified as male and 68% identified as female. Less than 1% indicated they did not want to disclose their gender or that they were not sure/questioning.

#### Sexual Orientation

Almost three quarters (73%) of the young adult sample from Wicklow identified themselves as heterosexual, 12% as bisexual, 7% were not sure or were

questioning their sexual orientation, 3% as gay and 2% as lesbian. A minority (1%) of young adults in Wicklow identified themselves as asexual, 1% as pansexual and 1% indicated that they would prefer not to say.

#### Religion

With regard to religion, 44% identified as an atheist/no religion, 40% as Roman Catholic, 7% as a Christian, 5% Church of Ireland and 3% reported having another religion.





## Personal Well-Being and Lifestyle Factors<sup>3</sup>

## Enjoying Family Life

About one-third (35%) of young adults reported that they enjoyed family life, 57% indicated that they sometimes did, while 8% said that they did not.

#### Anger

Young adults in Wicklow were more likely to report feeling angry (22%) than the national sample (nearly 16%) while 38% reported sometimes feeling angry and 40% reported not feeling angry.

#### Trouble with the Gardaí

The vast majority of young adults in Wicklow reported that they had not been in trouble with the Gardaí (95%). This is in line with the national *MWS-2* sample (95%).

#### Long-term Health Difficulty/Disability

About 36% of young adults from county Wicklow reported that they had a long-term health difficulty or disability (slightly higher than the national sample, which was 30%). Of those who reported this, 25% indicated they had a mental health difficulty, 7% reported a physical health difficulty and 3% reported both a mental and physical health difficulty.

Approximately 6% of the Wicklow young adult sample reported that they provide regular unpaid personal help for a family member with a long-term illness.

#### Days Absent

Almost 41% of young adults indicated that they had not been absent from college/work at all in the past 30 days.

Approximately 14% indicated that they were absent for one day, 15% for two days and 30% for three days or more.

#### Sleep

Good sleep hygiene for young adults is defined as getting seven to nine hours of sleep a night (National Sleep Foundation, 2015). More than half of young adults from county Wicklow (58%) reported getting the recommended amount of sleep, which was slightly lower than the national sample (62%).

Almost 2% of young adults from county Wicklow reported getting 10 hours or more sleep per night, 5% reported getting 9 hours sleep, 17% said 8 hours, 36% said 7 hours and 27% reported getting 6 hours sleep per night. A small percentage of young adults reported getting 5 hours sleep (11%), 1% said 4 hours and 1% said 3 hours.



**Unpaid Carers** 

<sup>&</sup>lt;sup>3</sup> Gender groups other than male and female were omitted from further analyses due to small sample sizes.



## Body Appearance, Physical Activity and Hobbies

#### **Body Appearance**

With regard to muscle building, 37% of young adults in Wicklow said they had tried to bulk up or maintain muscle mass at some point (compared to 33% in the national sample). With regard to dieting, similar to the national sample (80%), nearly 77% had tried to lose weight or avoid gaining weight previously.

## **Physical Activity and Hobbies**

Almost 35% of young adults in Wicklow indicated that they had regularly played sports in the last six months, while 36% of participants had regularly attended the gym in the last six months. In addition, 51% of young adults from county Wicklow had regularly participated in other hobbies in the last six months. These figures are consistent with those observed in the national sample of young adults, although a slightly higher proportion of young adults in Wicklow report playing sports regularly (35% vs 30%; see Figure 27).

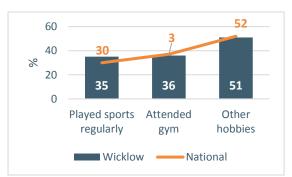


Figure 27. Exercise and hobbies of young adults, Wicklow and National.

#### Bullying

Similar to the national sample, 55% of young adults in Wicklow reported that they themselves had been bullied, while 81% of participants said that they had seen bullying previously (see Figure 28).

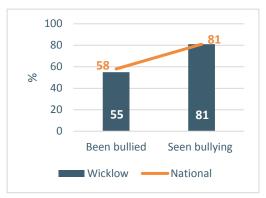


Figure 28. Young adults' experiences of bullying, Wicklow and National.

Similar to the national sample, most of the young adults in Wicklow who reported being bullied indicated that this had happened in school (77%) whereas 3% indicated this happened at home.

Additionally, 6% stated this was by text, 4% online, 2% by phone and 1% stated at their workplace. Finally, 7% of participants said they had been bullied somewhere else.

#### Social Media Use

Similar to the national sample, nearly all of the young adults (98%) from county Wicklow had a social media account.

On average, 31% of young adults reported that they spent more than 3 hours online a day, 28% reported 2-3 hours, 26%





reported 1-2 hours, and 15% said less an hour or no time online a day (see Figure 29). These reports are similar to national figures for young adults.



Figure 29. Young adults' time spent online, Wicklow and National.

Similar to the national trend, 57% said their status was private on the social media site they used most often so only their friends could see the content, while 24% said it was partially private (i.e., friends of friends can see) and 18% indicated it was public (i.e., everyone can see).

In relation to how they spend their time online, 69% of young adults reported that they never meet people online that they have not met in real life, while 29% did so occasionally and 3% said they did this every day.

Most participants (59%) said they had never had inappropriate photos of them posted online, while 41% had experienced this occasionally. Almost 61% of young adults reported never being sent mean messages, while 35% indicated this happened once a month and 2% said 2-3 times a month. Less than 1% of young adults reported that they had been sent mean messages several times a week/daily.

#### **Pornography**

Similar to the national sample (65%), almost two-thirds of young adults in Wicklow (67%) had ever watched pornography on the internet. Of those, 98% searched for the site themselves, almost 2% received a link that they did not wish to see and less than 1% watched pornography through other means.

With regard to watching pornography during the past month, 13% said they had not watched pornography in the past month, 52% said less than once or 2-3 times in the last month, 35% said once a week or more (see Figure 30).



Figure 30. Young adults watching pornography in the last month, Wicklow and National.





#### Relationships

Similar to national figures, approximately 40% of young adults in Wicklow reported being in a romantic relationship. Over half (62%) of young adults reported having experienced a break-up of a romantic relationship, with 43% reporting that they had ended the relationship, 38% reporting their partner had ended the relationship and 18% reporting that both partners ended the relationship.

Of those who had experienced a break-up, 45% reported that the break-up was very distressing, 19% said it was distressing, 25% indicated somewhat distressing and 10% reported that the break-up was not at all distressing.

#### Sexual Behaviours

More than 68% of young adults in Wicklow reported having had sex (compared to almost 66% in the national sample) and 71% reported having had oral sex (compared to 69% in the national sample), while 22% reported having had anal sex (compared to 22% in the national sample). Of those who reported having had sex, 5% of participants reported having sex before the age of 14, 30% said between 15-16years and 65% said that they were 17 or more when they first had sex.

In their lifetime, 37% of participants indicated that they have had one sexual partner, 16% said two sexual partners, 13% said three, 10% said four, 5% said

five, 3% said six, 2% said seven and 2% also said eight, 2% nine and 2% said they have had 10 sexual partners. In addition, 5% of young adults from county Wicklow said they have had 11-20 sexual partners, 2% said 21-30 and 1% said more than 31 sexual partners.

Consistent with data from the national *MWS-2* sample, of those who have had sex, the majority (72%) reported that they always used contraceptive methods, 12% reported that they never used contraceptive methods and 16% said they did so sometimes/most times (see Figure 31).



Figure 31. Young adults' practice of safe sex, Wicklow and National.

#### Sexual Consent

With regard to issues relating to sexual consent, 45% of young adults reported that they had been touched against their will or without their consent. A slightly higher proportion of young adults Wicklow than those in the national sample (26% vs 20%) said they had been forced or pressured to have sex.





#### Financial Stress

Overall, 43% of young adults in Wicklow indicated that they were often stressed by their current financial situation, and another 10% that they were highly stressed by it. Furthermore, 47% of young adults from county Wicklow said that they were not often stressed because of their financial situation or that they were not stressed at all.

#### Coping with Problems

Over half of young adults (60%) indicated that they coped well with problems, 28% that they sometimes did, and 12% that they did not.

#### **Negative Domains**

#### Depression and Anxiety

Reports of severity of depression in young adults in Wicklow followed a similar pattern to that observed in the national sample, with the largest proportion of young adults in the normal range (38%). Yet the majority were outside the normal range, with almost a quarter experiencing severe (12%) or very severe (12%) levels of depression (see Figure 32).

Reports of severity of anxiety in young adults in Wicklow also followed a similar pattern to that observed in the national sample, with the largest proportion of

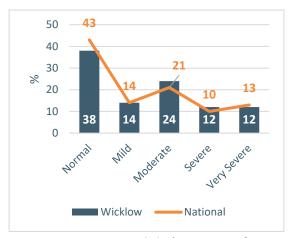


Figure 32. Young adults' severity of depression, Wicklow and National.

young adults categorised in the normal range for anxiety (41%) and a smaller proportion experiencing severe (9%) or very severe (19%) levels of anxiety (see Figure 33).



Figure 33. Young adults' severity of anxiety, Wicklow and National.





#### Suicidality

Reports of deliberate self-harm and suicidality also followed similar trends to those found in the national sample. However, young adults in Wicklow reported higher rates of deliberate self-harm without wanting to take their own life (45% vs 38%; see Figure 34).

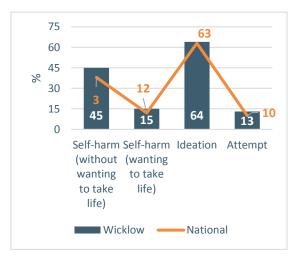


Figure 34. Young adults' self-harm and suicidal behaviours, Wicklow and National.

Nearly two-thirds of the young adult sample in Wicklow (64%) had ever thought about taking their life though they 'would not do it'. Of these, 33% indicated that they had thought this within the past year, 19% within the past six months or past month and 23% within the last month. A further 25% reported thinking about it at some other time.

Furthermore, 45% of the sample reported that they had ever deliberately hurt themselves without wanting to take their

own life. Nearly 32% reported that it happened within the last year, 13% within the past six months and 11% within the past month. A further 44% reported that they had hurt themselves without wanting to take their own life at some other time.

More than 15% of young adults in Wicklow reported that they had ever deliberately hurt themselves wanting to take their own life. Of those, 28% reported that it happened within the last year, 5% within the last six months and 5% within the last month. A further 63% reported that they had hurt themselves wanting to take their life at some other time.

The majority of young adults (87%) reported that they had never attempted to take their life. Of the 13% who indicated that they had, 22% said it had been within the last year, 8% within the past six months and about 3% within the past month. A further 68% reported that they attempted suicide at some other time.

Less than half (46%) of those who attempted to take their life reported that they did access help or support. For those who accessed help or support after a suicide attempt, more than half (52%) said that accessing help or support after a suicide attempt was difficult or very difficult. Furthermore, 64% reported that the help they received was helpful/somewhat helpful.





#### Alcohol Behaviour

According to the AUDIT WHO cut-offs (Babor, Higgins-Biddle, Saunders & Monteiro, 2001), 51% of young adults in Wicklow fell into the range for low risk drinking behaviour, 38% into the problem drinking range and 7% into the harmful and hazardous drinking range, while 4% were classified as having a possible alcohol dependence. These figures followed similar trends at the national level for young adults in *MWS-2*, although a lower proportion of young adults in Wicklow were classified as having possible alcohol dependence (4% vs 7%; see Figure 35).

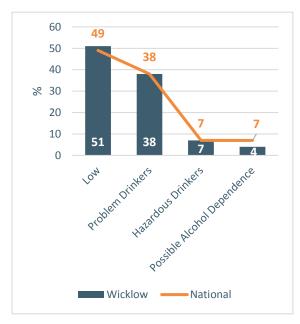


Figure 35. Young adults' drinking behaviour, Wicklow and National.

#### Drug Use

A total of 61% of young adults in Wicklow reported that they had smoked cannabis in their lifetime, which is higher than the national sample (53%). According to the DAST cut-off points (Skinner, 1982), 45% of young adults in Wicklow presented with no drug problems, 38% fell into the low level and 17% were in the moderate/substantial level

#### Gambling

Most young adults in Wicklow (91%) identified as non-gamblers, 7% as low-risk gamblers, more than 1% as moderate-risk gamblers and less than 1% as problem gamblers.

#### Stressful Life Events

Approximately 58% of young adults from county Wicklow reported that someone close to them died. Similar to the national trend, the next most common stressful event experienced by young adults from county Wicklow was conflict between parents (38%), followed by moving house within Ireland (36%), serious illness/injury of a friend (20%) and moving country (14%). Furthermore, 12% said that they had experienced their house being broken into, 8% had experienced violence in the home/domestic violence and 6% experienced violence in a romantic relationship.





#### **Positive Domains**

#### Self-Esteem

Self-esteem scores for the Wicklow sample were slightly above the midpoint of 25 (*M*=25.5, *SD*=6.27), indicating average levels of self-esteem.

#### **Body Esteem**

Overall, young adults scored below the mid-point of 20 on the body esteem scale (M=18.57, SD=7.03).

About 38% of young adults from county Wicklow reported that they were very satisfied or satisfied with their body, 21% reported that they were neither satisfied/dissatisfied, and 42% reported that they were dissatisfied or very dissatisfied with their body.

#### Optimism and Satisfaction with Life.

The young adults' mean score on optimism was slightly below the mid-point of 12 (M=11.2; SD=5.39). The young adults' mean score on satisfaction with life was slightly above the mid-point of 20 indicating average levels of life satisfaction (M=20.73; SD=6.1).

#### Coping Strategies

#### **Problem Solving**

In general, young adults from county Wicklow scored below the midpoint of 17.5 on problem-solving coping (*M*=15.89, *SD*=4.82).

#### **Seeking Social Support**

Young adults from county Wicklow also scored below the midpoint of 14 on support-focused coping (*M*=12.57, *SD*=4.72).

#### **Avoidance Based Coping**

Mean score for young adults from county Wicklow for was below the midpoint of 21 on avoidance based coping (*M*=19.48, *SD*=5.6).

#### Resilience

Young adults from county Wicklow centred slightly below the midpoint of 18 (*M*=17.1, *SD*=5.2) in terms of resilience.

#### Social Support

The average score for overall social support was 60.75 (SD=15.01), indicating high levels of social support among young adults. The mean scores for perceived social support from family (M=19.51, SD=5.77), friends (M=19.93, SD=5.66) and one good adult (M=21.47, SD=6.3) were all above the mid-point of 14.

Almost 78% of young adults reported that they had a special adult in their lives when in need, which is in line with the national sample (76%). In addition, 15% of young adults from county Wicklow reported low support from a special adult and 8% reported neither high nor low support from a special adult.





#### Help-Seeking

#### **Sources of Support**

Young adults were asked how likely they would be to use a variety of sources to obtain information or support about their mental health and wellbeing. Similar to national trends, the most commonly reported informal sources were friends (62%), parents (46%) and online (31%), followed by relatives (14%) and phone help-line (14%).

Psychologist/Counsellor/Therapist was the most likely source of formal support with 49% reporting this. This was followed by Doctor/GP (42%), student counselling services (41%), psychiatrist (29%), Jigsaw (11%), Tutor/teacher assistant (4%) and Lecturer (3%).

Only 34% of young adults in Wicklow had heard of Jigsaw, compared to almost 50% of the national sample.

#### **Problems**

Of the Wicklow young adult sample, 18% reported few or no problems in the past year, 25% reported problems but had not felt they needed professional help and 26% reported problems but did not seek professional help even though they felt they had needed it. Finally, 31% reported that they had problems and had sought professional help.

#### **Talking About Problems**

More than half of young adults from county Wicklow (62%) reported that they talked about their problems with someone. Additionally, 47% reported that they talked with their friends when they had problems, 33% said family and 20% said that they talked with someone else.





## **Closing Comments**

The Wicklow population has steadily increased in the last decade, with a substantial proportion of the population falling into the 12-25 age cohort. Census data from 2016 further indicates that the population in Wicklow had high levels of education and school completion, high levels of self-reported general health and many youths lived in 'nuclear' or two parent families. While youth and adult unemployment has decreased in Wicklow over time, the population has still seen moderate levels of youth unemployment and deprivation across many electoral districts with the risk of youth poverty still ever-present.

Moreover, results from *MWS-2* provide useful insight into the mental health needs of young people in Wicklow. Consistent with national trends, high levels of depression and anxiety were consistent across both adolescents and young adults, with adolescent females being more likely to present with severe and very severe levels of anxiety and depression. Although adolescents reported higher levels of optimism, body esteem and problem solving coping, young adults scored below the midpoint on all of these domains. Perhaps most alarmingly, self-reported suicide risk factors such as self-harm and suicidal ideation were high across the youth population of Wicklow. Nevertheless, *MWS-2* data indicated that protective factors such as perceived social support, especially from adults and family was high and reassuringly, the presence and availability of One Good Adult® was high across both cohorts.





# **Directory of Services and Supports**

### **Youth Focused Services**

Name	Description	Age	Location	Contact Details
KILCOOLE YOUTH CAFÉ	Youth café in Kilcoole community centre	Teenagers	Kilcoole Community Centre Main Street Kilcoole	
KILDARE & WICKLOW EDUCATION & TRAINING BOARD YOUTH OFFICER	The Youth Officer offers support to Youth Services, Youth Clubs and groups across the two counties as well as being involved in a number of initiatives to support youth needs in Wicklow and Kildare.	Youth	Alison Fox, Kildare and Wicklow ETB Church Street, Wicklow Town.	alisonfox@kwetb.ie Tel: 0404 605 13 / 086 600 2258
THE STAGE YOUTH CENTRE	Volunteer-led Youth Café. Open Fridays 6.30pm-9.30pm.	13-19yrs	Wicklow Community Resource Centre, St Patrick's Road, Wicklow Town	www.facebook.com/thestageyouthcafe/
MR SANDS YOUTH THEATRE	Theatre Group for Young People. Every Wednesday 6.30-9.00pm	12-18yrs	St. Patrick's National School, Vevat Road, Bray	087 830 8995
COMHAIRLE NA NÓG	Youth Council. Five Youth Councils in Wicklow: Bray, Greystones, Wicklow, Arklow and West Wicklow.	12-18yrs	Wicklow County Council, Station Road, Whitegates, Wicklow Town	086 0635195 wicklowcomhairle@gmail.com
NEWCASTLE WEST FORÓIGE	Youth Café	12-18yrs	Newcastle Community Centre, Newcastle Rd, Newcastle Middle, Rockingham.	Edel.McGrath@foroige.ie 086-2378067
GLENEALY FORÓIGE CLUB	Youth Club	12-18yrs	Glenealy Village Hall, Glenealy.	Edel.McGrath@foroige.ie 086-2378067



Name	Description	Age	Location	Contact Details
MANOR KILBRIDE FOROIGE CLUB	Youth Club	12-18yrs	Manor Kilbride Community Centre, Kilbride.	Edel.McGrath@foroige.ie 086-2378067
FOROIGE WAY YOUTH DIVERSION PROJECT	Youth Diversion Project. Referred to the project by Liaison Officer/Schools/Agencies/Parent and Guardians. Offers opportunities for education, employment training, sport, art and other activities.	12-17yrs	1 Earlton House, South Quay, Wicklow.	siobhan.quinn@foroige.ie 086 859 0866
CROSSCARE -NEW DIRECTIONS PROJECT	Garda Youth Diversion Project	12-17yrs	Youthspin Information Service St. Bricin's Herbert Rd. Bray	bys@crosscare.ie (01) 205 0502
BRAY LGBT+ YOUTH GROUP.	Youth club providing a range of activities for young people. Drop-in facility with some structured activities (arts & crafts, tabletennis, live music nights. Tuesdays 4.30-6.30pm.	13-17yrs	Seomra Youth Centre, 1 Adelaide House, Adelaide Road, Bray	braylgbtyouth@gmail.com
ARKLOW LGBT SUPPORT GROUP	Peer support.	12-18yrs	Vault Youth Centre, Coomie Lane, Arklow Town	0402 39646
CROSSCARE YOUTH AND INFORMATION SERVICE	Provides information on a broad range of topics including education, training, employment, accommodation, early school leaving, rights, Drugs Education etc.	15-25yrs	Youthspin Information Service St. Bricin's Herbert Rd. Bray	bys@crosscare.ie (01) 205 0502





Name	Description	Age	Location	Contact Details
CROSSCARE YOUTH COUNSELLING SERVICE	Youth Counselling Service for those living or attending school in the Bray Area	12-18yrs	St. Bricin's Herbert Rd., Bray	bys@crosscare.ie (01) 205 0502
MACRA NA FEIRME	Supporting the social, economic, cultural, personal development and well-being of young people who have rural connections, including young farmers.  Friday's 9.30pm.	17-35yrs	Judges Inn, Main St, Baltinglass East, Baltinglass	jwalsh@macra.ie 087 281 9890
HALO PROJECT KILDARE/WEST WICKLOW (FUNDED BY SWRDATF)	Community Based Addiction Services for Young Persons under 18 and their families. Tuesdays 10am-12pm Thursday's 3pm-5pm.	U18's	Naas Town Centre, Wolfe Tone St, Naas East, Naas, Co. Kildare, W91 F597	045 872500 reception.halo@kys.ie
BE WELL BRAY BE WELL WICKLOW	Group of Young People who promote Youth Mental Health. The initiative started out in Bray and through Community Ireland Funds and CYPSC seed funding is now being rolled out by the group through Co. Wicklow in collaboration with a range of other agencies including Co. Wicklow CYPSC, KWETB, Comhairle na nóg, Co. Wicklow Partnership.	12-24yrs	The Well, Church Terrace, Main St, Ravenswell, Bray, Co. Wicklow, A98 VE43	bewellbray@gmail.com
WICKLOW YOUTH MENTAL HEALTH INITIATIVE (WYMHI)	Interagency group comprising of nine agencies. Initiative works with transition and Youthreach students promoting positive mental health. Annual Event held every October.			



Name	Description	Age	Location	Contact Details
KWETB: SPORTS	Two Sports Promotion Units located in Bray	10-21	Promoting sport, physical activity, and	ruthcomerford @kwetb.ie
PROMOTION UNITS	and Arklow		healthy lifestyles within the Bray and	
BRAY AND ARKLOW			Arklow areas.	





## **Drug and Addiction Services**

Name	Description	Age	Location	Contact Details
BRAY COMMUNITY ADDICTION TEAM	Provides services to individuals, families and the wider community, who are experiencing drug/alcohol problems.	Family service	37 Beechwood Cl, Kilruddery Demesne East, Bray	01 276 4692 brayaddictionteam@eircom.net
BRAY LOCAL DRUGS TASK FORCE - HEADLAMPS	School-based Service working with primary school children in 5 schools across Bray to address the developmental needs of children affected or at risk of substance misuse in the family or wider community.	Primary school children	Bray Local Drugs & Alcohol Task Force, HSE Block B, Civic Centre, Main Street, Bray	(086) 6057147 brayldtf@gmail.com http://brayldtf.ie
DRUG PREVENTION AND EDUCATION INITIATIVE WEST WICKLOW/KILDARE	South Western Regional Drugs & Alcohol Task Force (managed by Foróige, funded by SWRDATF) providing a range of Education and Training Programmes for Young People, Parents/Carers, Volunteers and Staff.	Adults and Children	Foróige Office, The Willows Naas Road, Newbridge, Co. Kildare	086-795 3215 darren.shanahan@foroige.ie
ARAS - COMMUNITY ADDICTION SERVICES WEST WICKLOW/KILDARE (FUNDING BY SWRDATF)	Community based addiction services for individuals and families affected by substance use problems providing limited service in the Blessington area.	Families	ARAS – Abbey Regional Addiction Services Main St. Newbridge Co. Kildare W12 E621	045 488 670 reception@kwaras.ie
DAISH BRAY TRAVELLERS COMMUNITY DEVELOPMENT GROUP	Traveller specific drugs initiative set up to address substance misuse among travellers.	Children and Families	Bray Travellers Community Development Group,	01-2762075 daish1@eircom.net



Name	Description	Age	Location	Contact Details
			97 Rear Main St, Bray	
HSE OUTREACH TEAM WEST WICKLOW	Outreach Addiction Services to Substance Misusers in the target area	Primarily over 18's	Operates through Arklow HSE Services, 2 Castle Park, Arklow	0402-33577 John Craven - 086- 8590734 Karena Keogh - 086-6040348
TIGLIN	Residential Treatment Centre and Day Programme that offers support to those with addictions.	18+	Ashford, Brittas, Arklow (Day), Greystones (Day)	Tiglin, Ashford, Co. Wicklow, (0404)40010 / (0404) 49683



# **Directory of Educational Settings**

## **Primary**

School Name	Address	Email	Phone No.	Principal Name
ALL SAINTS NATIONAL SCHOOL	Carnew, Y14YY46	school@allsaintscarnew.net	0539426513	Andrea McAssey
AN CHROI RO NAOFA NS	Aughrim, Co. Wicklow Y14YH98	aughrimns.ias@eircom.net	040236279	BRID KENNEDY
ANNACURRA NS	Annacurra, Tinahely Y14TX83	annacurrans@gmail.com	040236669	Eva Ryan
BLESSINGTON 1 NS	Blessington Demesne, Blessington, W91YX06	blessington1ns@gmail.com	045900879	Lilian Murphy
BLESSINGTON EDUCATE TOGETHER	Red Lane, Blessington W91DK23	office@betns.ie	045865281	Jonathan Kinsella
BRAY SCHOOL PROJECT NS	Killarney Road, Ballywaltrim A98RT02	office@brayschoolproject.ie	012864242	CAROLYN LANIGAN



School Name	Address	Email	Phone No.	Principal Name
BRITTAS BAY MXD NS	Ballynacarrig, Britta's Bay A67XP71	brittasbay.ias@eircom.net	040447488	Eileen Byrne
CAOIMHIN NAOFA NS	Glendalough Co. Wicklow A98TR96	glencaoimhin.ias@eircom.net	040445460	Anne Savage
CARNEW NS	Carnew, Arklow Y14XR62	carnewns@gmail.com	0539426315	KEVIN O'DONNELL
CARYSFORT MXD NS	Knockanrahan, Arklow Y14XE30	info@carysfortnsarklow.ie	040232690	Janet Nuzum
CLOCHAR MUIRE NS	Rathdrum, Co. Wicklow, A67KW18	ourladysschool@gmail.com	040446256	Breda Sheehan
COOLFANCY NS	Cúl Fhasaigh, Tinahely Y14VY60	coolfancy@eircom.net	040234866	Maeve Murphy
CRONAN NAOFA NS	Vevay Crescent, Vevay Road, A98NW42	officestcronans@gmail.com	012860440	Maeve Tierney
CROSSBRIDGE NS	Crossbridge, Tinahely Y14YH51	crossbridgens@eircom.net	040238523	MARIE MURPHY

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School Name	Address	Email	Phone No.	Principal Name
DELGANY NS	Delgany, A63A657	delganyns.ias@eircom.net	012876907	Elizabeth Conran
DONAGHMORE NS	Donoughmore, Donard W91XY32	donoughmorens@gmail.com	045404615	Myrtle Manley
DONARD NS	Barrack Street, Donard W91TW42	donardnationalschool@eircom.net	045404884	Julie Fitzmaurice
GAEL SCOIL NA LOCHANNA	Cill Moloma, Baile Coimín W91A403	priomhoide@gaelscoilnalochanna.com	045900525	Seán Ó Cearnaigh
GAELSCOIL AN INBHIR MHOIR	Bóthar Emoclew, An tInbhear Mór Y14XV50	oifig@gaelscoilim.ie	040239199	Cian Ó Cuanacháin
GAELSCOIL CHILL MHANTÁIN	Former Abbey Community College, Wicklow A67N797	gaelscoil@gmail.com	040467177	Seán Ó Briain
GAELSCOIL NA GCLOCH LIATH	Blacklion, Greystones A63AN22	oifig@gscl.ie	012010718	Rita Ní Thuathail
GAELSCOIL UI CHEADAIGH	Bóthar Vevay, Bré A98YH48	oifig@gaelscoiluicheadaigh.ie	012865044	Gearóidín Ní Bhaoill





School Name	Address	Email	Phone No.	Principal Name
GLEBE NS	Church Hill, Wicklow Town, A67X782	glebewicklow@gmail.com	040468310	Sandra Bryan
GLENEALY 1 NS	Glenealy, A67CD78	secretary@glenealy2ns.com	040444884	Emily Mulhall (acting)
GRANGE CON NS	Grangecon , Dunlavin, W91TV06	grangeconns1965@gmail.com	045403111	Linda Dowling (Acting Principal)
GREYSTONES COMMUNITY NS	Greystones Rugby Club, Mill Road A63RY64	admin@greystonescns.ie	0874007442	MR RORY KINANE
GREYSTONES EDUCATE TOGETHER NATIONAL SCHOOL	Blacklion, Greystones A63YE36	contact@greystoneset.ie	012871817	Catherine Sadlier
HOLLYWOOD NS	Hollywood Village, Hollywood W91N260	hollywoodnatschool@eircom.net	045864014	Séamas Ó Briain
JONATHAN SWIFT NS	Dunlavin, W91Y9DY	jsn.ias@eircom.net	045401611	Helena Boyd
KILBRIDE NS	Manor Kilbride, Blessington W91HK44	kilbrideschool@hotmail.com	014582550	Áisling Hanrahan





School Name	Address	Email	Phone No.	Principal Name
KILCOMMON NS	Kilcommon, Churchlands Y14Y302	info@kilcommon.net	040238192	Melanie Hadden
KILCOOLE PRIMARY SCHOOL	Main Street, Kilcoole A63XT71	kilcooleprimaryschool@gmail.com	012874649	Joanne McDonagh
KILMACANOGUE NS	Kilmacanogue, Bray A98D602	kilmacanoguens@gmail.com	012861934	MS NIAMH MURRAY
KILTEGAN NS	Kiltegan, W91A292	kilteganns.ias@eircom.net	0596473444	Helen Oxley
LACKEN MXD NS	Lacken, Blessington, W91CY82	lackenschool@eircom.net	045865086	Caroline Finan
MOIN AN BHEALAIGH NS	Valleymount, Blessington, W91NY66	valleymountoffice@eircom.net	045867289	Geraldine Moynihan
MONEYSTOWN NS	Moneystown, Roundwood Bray A98VF83	oifig@moneystownns.ie	040445477	Mary Tallon
NAOMH BRID NS	Knockananna, Arklow Y14W864	knockanannans@eircom.net	0596471364	ANN MARTINA GARTLAND





School Name	Address	Email	Phone No.	Principal Name
NEWTOWNMOUNTKENNEDY PRIMARY SCHOOL	Newtownmountkennedy, Co. Wicklow A63FP76	ntmkyps@gmail.com	012810048	Carmel Dempsey
NUNS CROSS NS	Nun's Cross, Ashford A67HK70	secretary@nunscross.ie	040440700	Lisa Ward
PADRAIG NAOFA NS	St Patricks Road, Wicklow A67HP90	stpatswicklow@gmail.com	040467415	Geraldine Barnes
PADRAIG NAOFA NS	Avoca, Co. Wicklow Y14X588	avocans@hotmail.com	040235331	Mary Cahill
POWERSCOURT NS	Cookstown Road, Enniskerry, A98RH33	office@powerscourtns.ie	012863862	Anna Ovington
RATHCOYLE NS	Rathcoyle Upper, Rathdangan W91PN26	trionambyrne@gmail.com	0596473355	Triona Byrne
RATHDRUM BOYS NS	Rathdrum,	bnsrathdrum@gmail.com	040446585	Aideen Parker
RAVENSWELL PRIMARY SCHOOL	Ravenswell, Bray, A98EF88	ravengns.ias@eircom.net	012860498	Emer Breen





School Name	Address	Email	Phone No.	Principal Name
SCOIL AN CHOROIN MHUIRE	Dominican Campus, Wicklow A67P680	hrsdwm.ias@eircom.net	040467939	Mary O'Riordan
SCOIL CHUALANN	Bóthar Vevay, Bré A98VP93	scoilchualann@eircom.net	012861388	CARMEL NI GHAIRBHIN
SCOIL MHUIRE NA NAIRD	Shillelagh, Co. Wicklow Y14W866	muirenanaird.ias@eircom.net	0539429166	Rory Healy
SCOIL NA CORÓINE MHUIRE	Ballinahinch, Ashford A67X257	scoilnacoroinemhuireashford@gmail.com	040440424	Conan Daye
SCOIL NAOMH CAOIMHGHIN	Greystones, Co. Wicklow A63AD73	stkevin.ias@eircom.net	012876660	Corrina Bailey
SCOIL NAOMH IOSAF	Lathaleer, Baltinglass W91EF95	scoilnaomhiosafbaltinglass@gmail.com	0596481083	Maireád Hennessy
SCOIL SAN EOIN	Redcross, A67VY99	Igreeneredcross@gmail.com	040441727	Linda Greene
SHILLELAGH NO 1 NS	Ballard, Shilleagh, Y14YY46	shillelagh@eircom.net	0539429141	Sonya Burgess





School Name	Address	Email	Phone No.	Principal Name
SN MHUIRE SENIOR SCHOOL	Blessington, Co. Wicklow W91RX84	info@stmarysns.ie	045900499	GEAROID DE BRUN
SN MUIRE	Stratford-on-Slaney, Baltinglass, W91DX22	stratfordns@gmail.com	0596481279	Mary O'Keeffe
SN MUIRE	Main Street, Blessington, W91YN0P	bsec@live.ie	045865501	Carmel Dillon
SN MUIRE IS GEARARD	Knocksink, Enniskerry A98DP70	info@enniskerryns.ie	012868851	Colette Langan
SN MUIRE MXD	Barndarrig, Co. Wicklow A67R296	barndarrigns@eircom.net	040448322	Mary Gilsenan
SN NAOMH BRID	Talbotstown, Kiltegan W91H762	talbotstownprincipal@gmail.com	0596473179	Lisa Jackson
SN NAOMH PADRAIG	Barnacleagh, Arklow, Y14NW50	bcjohnstown@gmail.com	040239602	Catherine McGarry
SN NICOLAIS NAOFA	Dunluain, Co. Chill Mhantáin W91YY22	snndunlavin@eircom.net	045401495	THOMAS M BRENNAN





School Name	Address	Email	Phone No.	Principal Name
SN PADRAIG NAOFA	Curtlestown, Enniskerry A98CC62	curtlestown@eircom.net	012861649	MARY CONROY
ST ANDREWS NS	Newcourt Road, Bray A98PY88	info@standrewsbray.ie	012867161	Daphne Wood
ST BRIGIDS SCHOOL	Trafalgar Road, Greystones, A63WR64	office@stbgns.ie	012876113	Máire Costello
ST COEN'S NATIONAL SCHOOL	Merrymeeting, Rathnew A67CY68	info@stcoens.ie	040431200	Miriam Cahill
ST FERGAL'S NATIONAL SCHOOL	Ballywaltrim, Bray A98A521	principal@stfergalsnsbray.ie	012868033	Tom Sargent
ST FRANCIS NS	Church Lane, Newcastle A63YX22	stfrancisns.ias@eircom.net	012819631	Nikki Fry
ST JOHN'S SENIOR SCHOOL	Coolgreaney Road, Arklow Y14PA97	principal@stjohnsarklow.ie	040232545	Joy Loughlin
ST JOSEPHS NS	Templerainey, Arklow Y14X856	iosefstaf.ias@eircom.net	040232984	Mary Dalton

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School Name	Address	Email	Phone No.	Principal Name
ST KEVIN'S BALLYCOOG NS	Ballycoog, Avoca Y14Y248	ballycoogns@gmail.com	040235511	Ross Byrne
ST LAURENCES NS	Roundwood, Bray A98RP49	roundwoodns@gmail.com	012818399	Anne Marie Morris (Acting)
ST LAURENCES NS	Kindlestown, Greystones A63Y6P9	office@stlaurences.ie	012876198	CAROLINE (DUNPHY) MOONEY
ST MICHAEL'S AND ST PETER'S JUNIOR SCHOOL	Hickey's Hill, Arklow Y14R239	office@ssmichaelandpeter.ie	040239861	Lisa Dempsey
ST PATRICK'S NS	Church Road, Greystones A63EY42	admin@stpns.ie	012875684	Rachel Harper
ST SAVIOURS NS	Station Road, Rathdrum A67PV00	saviours.ias@eircom.net	040446512	Antoinette Doyle
ST. PETER'S PRIMARY SCHOOL	Hawthorn Road, Bray A98YH93	stpetersbray@gmail.com	012860062	Scott Vance
STRATFORD LODGE NS	Baltinglass, Co. Wicklow W91KX75	stratfordlodge@gmail.com	0596481919	JANET ROSS





School Name	Address	Email	Phone No.	Principal Name
TINAHELY NS	Tinahely,	tinahelyns@gmail.com	040238209	SIOFRA GALLAGHER
	Arklow			
	Y14DC85			
WICKLOW EDUCATE TOGETHER NS	Hawkstown Road,	info@wicklowetns.com	040462786	Sinéad Watson
	Wicklow Town			
	A67A329			





## **Post-Primary**

Official School Name	Address	Email	Phone	Principal Name	School Gender - Post Primary
ARKLOW CBS	Coolgreaney Road, Arklow, Y14RV04	admin@arklowcbs.ie	040232564	MR. PETER SOMERS	Boys
AVONDALE COMMUNITY COLLEGE	Rathdrum, A67RR26	AvondaleCC@kwetb.ie	040446445	Rosaleen O'Neill	Mixed
BLESSINGTON COMMUNITY COLLEGE	Naas Road, Blessington, W91RD30	blessingtoncc@kwetb.ie	045865170	Mr Kieran Burke	Mixed
COLÁISTE BHRÍDE CARNEW	Arklow, Y14WA00	cbcarnew@kwetb.ie	0539426318	Linda Dunne	Mixed
COLÁISTE CHILL MHANTÁIN	Burkeen, Wicklow Town, A67TV21	admin.ccm@wicklowvec.ie	040461863	Padraig Donoghue	Mixed
COLAISTE CHRAOBH ABHANN	Creowen, Kilcoole, A63WF10	reception@colaisteca.ie	012870198	Mr. Shane Eivers	Mixed
COLÁISTE RAITHÍN	Bóthar Bhaile Átha Cliath, Bré	colaisteraithin@kwetb.ie	012865180	Gearóid Ó Ciaráin	Mixed
DOMINICAN COLLEGE	Wicklow Town, A67XV58	admin@dcw.ie	040468111	MS. LORRAINE MYNES	Girls



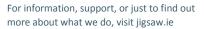


Official School Name	Address	Email	Phone	Principal Name	School Gender - Post Primary
EAST GLENDALOUGH SCHOOL	Station Road, Wicklow Town, A67PC52	eastglendalough@eircom.net	040469608	MR. CRAIG PETRIE	Mixed
GAELCHOLÁISTE NA MARA	Pairc Na bPiarsach, Bothar an Ghleanntáin, Y14DX27	gaelcholaistenamara@gmail.co m	040291764	Tony Ó Murchú	Mixed
GLENART COLLEGE	Coolgreaney Road, Arklow, Y14YR52	glenartcollege@kwetb.ie	040232149	Ms. Louise Kearns	Mixed
LORETO SECONDARY SCHOOL	Vevay Road, Bray, A98C822	info@loretobray.com	012867481	MS. EMMA LOUISE RAUGHTER	Girls
NORTH WICKLOW EDUCATE TOGETHER SECONDARY SCHOOL	Putland Road, Bray, A98CK73	office@nwetss.ie	012829606	MR. JONATHAN BROWNER	Mixed
PRESENTATION COLLEGE	Putland Road, Bray, A98P270	pgregory@presbray.com	012867517	MR. PATRICK GREGORY	Boys
SCOIL CHONGLAIS	Baltinglass, W91H5XC	info@scoilchonglais.ie	0596481449	Ms Patricia Gurhy	Mixed
ST DAVID'S HOLY FAITH SECONDARY	Greystones, A63AW90	info@stdavids.ie	012874800	MISS MARY O'DOHERTY	Mixed
ST KEVIN'S COMMUNITY COLLEGE	Dunlavin, W91R971	stkevinscc@wicklowvec.ie	045406000	Brian Doran	Mixed





Official School Name	Address	Email	Phone	Principal Name	School Gender - Post Primary
ST MARYS COLLEGE	St Mary's Road, Arklow, Y14FA38	info@stmarysarklow.ie	040232419	MR. AIDAN WARD	Girls
ST THOMAS' COMMUNITY COLLEGE	Novara Avenue, Bray, A98ND89	bifeenquiries@kwetb.ie	012829668	Mr Raymond Tedders	Mixed
ST. GERARD'S SCHOOL	Thornhill Road, Bray, A98R242	office@stgerards.ie	012821822	MR. THOMAS GERAGHTY	Mixed
ST. KILIAN'S COMMUNITY SCHOOL	Ballywaltrim, Bray, A98PP76	accounts@stkilianscs.com	012828126	MR. JOHN MURPHY	Mixed
TEMPLE CARRIG SECONDARY SCHOOL	Temple Carrig, Greystones, A63KT20		012873610	MR. ALAN COX	Mixed
WOODBROOK COLLEGE	Dublin Road, Woodbrook, A98AW64	info@woodbrookcollege.ie	012822317	MR. JOHN TAYLOR	Mixed





## **Other Educational Settings**

Name	Туре	Organisation	Description	Age-Range	Location(s)	Contact Details
NATIONAL LEARNING NETWORK	Education and Training Service	NLN	Training courses and support services for people 18years+ who need specialist support (job seekers, unemployed, people with illness or disability) in two centres: Arklow and Bray	18+	Arklow, Bray	(01) 282 9643
SCHOOL COMPLETION PROGRAMME	Education and Training Service	TUSLA	School Completion Programme	16+	Arklow, Rathdrum, Dunlavin, Bray, Wicklow, Rathnew, Ashford and Newtownmountkennedy	
FAMILY SUPPORT SERVICES: ARKLOW BRAY GREYSTONES WICKLOW	Community Education	Kildare & Wicklow Education & Training Board	A number of the family support services and family resource centres provide community education programmes which are supported by the Community Education Services of KWETB	Whole Family	Arklow, Bray, Greystones, Wicklow	01 9213400
BRAY AREA PARTNERSHIP	Education and Training Service		Provision of inclusion focused education supports to named target groups			



Name	Туре	Organisation	Description	Age-Range	Location(s)	Contact Details
WICKLOW TRAVELLERS GROUP, CEART COUNTYWIDE, EXCLUDING BRAY	Education Support Service	Multi-agency	Support for parents and liaison with the schools. Support the Local Wicklow School Completion Programme. Supporting local schools who are working to attain and retain the Yellow Flag (celebrating diversity) in their schools. Helping children with homework and school projects	Parent	Countywide excluding Bray	
BRAY TRAVELLERS COMMUNITY DEVELOPMENT GROUP	Education and Training Service		BTCDG activities and supports are Traveller specific in nature. BTCDG offers Educational Training Programme, Community Development, DAISH project: harm reduction and education on substance misuse, Youth Activities and Diversity Training		Bray	
NATIONAL EDUCATIONAL PSYCHOLOGICAL SERVICE, COUNTYWIDE	Educational Psychology Service	DEIS	Educational psychological service to schools. Access through schools in line with NEPS model of service. Focus on school-age children with particular emphasis on those with special educational needs		Countywide	





Name	Туре	Organisation	Description	Age-Range	Location(s)	Contact Details
EDUCATION WELFARE SERVICES (TUSLA)	Educational Welfare	TUSLA	The EWS (Tusla) employs Educational Welfare Officers (EWOs) x 3 for the county who prioritise children who are out of school/ who are experiencing school attendance difficulties/ who have no school place. Age range 6 – 16 years	6-16yrs	Countywide	(01) 771 8500



# **Directory of Health Services**

#### GP's

Name	Address	Contact details
Dr. Noreen Keane	116 Main Street, Bray	+353 1 2863949
Dr. Fidelma M Savage	2 Donard House, Novara Aveneue, Bray	+353 1 2861478
Dr. June Coates	3 Upper Main Street, Arklow	+353 402 32421
Dr Leah M Roche	9 Duncairn Terrace, Bray	+353 1 2863812
Dr Denis J Liston	9 Duncairn Terrace, Bray	+353 1 2863812
Arklow Medical Practice, Dr Ian G Bothwell	3 Upper Main Street, Arklow	+353 402 32421
Ashford Clinic, Dr Orla McAndrew	Ashford	+353 404 49114
Aughrim Health Centre, Dr Sinead Sheehan	Aughrim	
Boghall Medical Centre, Dr Peter Boles, Dr Eamon Peter Kelly	Boghall Shopping Centre, Boghall Road, Bray	+353 1 2863306
Bradshaws Lane Surgery, Dr Barbara Dooley, Dr Leonie Devereux	Arklow	+353 402 32418
Bray Family Practice, Dr Rita Doyle	St Helen's, Meath Road, Bray	+353 1 2860172
Bray Medical Centre, Dr Barbara Bonar, Dr Stephen Hawkins	Herbert Road, Bray	+353 1 2862035
Carlton Clinic, Dr Emma Kiernan, Dr Tony O'Brien	Novara Avenue, Bray	+353 1 2860568
Carrig Clinic, Dr Nicola Mary Cochrane	96 Heathervue, Greystones	+353 1 2875932
Centric Health, Dr Michael Joyce	McGreal's Primary Care Centre, Blessington	+353 76 695 7800
Charlesland Medical Centre, Dr Siobhan H O'Dwyer	Greystones	+353 1 2016665
Church Street Clinic, Dr Kenneth Bishop	Church Street, Wicklow Town	+353 404 67367





Name	Address	Contact details
Dargle Clinic, Dr Eddie Daly	11a Eglinton Road, Bray	+353 1 286 3949
Donard House, Dr Ernan J Gallagher	Novara Avenue, Bray	+353 1 2862152
Dunlavin Health Centre Dr Molly Maclochlainn Row	Dunlavin	+353 45 401748
Greystones Harbour Family Practice, Dr Janette Mc Guinness, Dr Brendan J Cuddihy	Trafalgar House, Trafalgar Road, Greystones	+353 1 2877235
Greystones Medical Centre, Dr Annette Liston, Dr Maria Lia Egan, Dr Conor Downes, Dr Judt McNulty	Mill Road, Greystones	+353 1 2874275
Harbour Surgery, Dr Robert A Foster	1 Harbour Road, Arklow	+353 402 32617
Health Centre, Dr Damian Doyle	Carnew	+353 53 9426411
Kilbride Road Surgery, Dr Aisling Hayes	Blessington	+353 45 865019
Kilcoole Health Centre, Dr Francis A Malone	Kilcoole	
Main Street, Dr Brendan Michael O'Brien	Blessington	+353 45 865527
Maryville Surgery, Dr Ann Marie O'Farrell, Dr Noeleen Fortune	St Mary's Road, Arklow	+353 402 39841
Meadowcroft Surgery, Dr Majella Perry, Dr Majella Perry	Milbview Court, Tinahely	+353 402 38690
Newtown Medical Practice, Dr Grainne Ni Ghairbhi	Mountkennedy Town Centre, Newtownmountkennedy	+353 1 2811661
Rathdrum Medical Centre, Dr Sinead Sheehan	The Fairgreen, Rathdrum	+353 404 43436
Salem Medical Centre, Dr Thomas Finnegan, Dr Peter O'Keane	1st Floor Wicklow Phc Centre, Knockrobin, Wicklow Town	+353 404 67319
Sheeran Purcell General Practie, Dr Phillip F Sheeran- Purcell	1st Floor Wicklow Primary Care Centre, Knockrobin, Wicklow Town	+353 404 40847
The Corner House, Dr Kenneth Bishop	Newtownmountkennedy	+353 1 2812222





Name	Address	Contact details
The Surgery, Dr Stephen Mary Mathews	Enniskerry Village, Enniskerry	+353 1 2863531
Town Hall Clinic, Dr Mary Eugenie Belton	Town Hall Centre, Bray	+353 1 2860625
Tudor Lodge, Dr Anne Marie King	Glencormac, Kilmaconague	+353 1 8560040
Village Practice, Dr Kenneth Bishop	3 Main Street, Kilcoole	+353 1 2875396
Westmount Clinic, Dr Joseph Keena, Dr Nicholas Byrne, Dr MarlAN Margarent Morisson	Church Hill, Wicklow Town	+353 404 67381
Wicklow Primary Healthcare, Dr Truls P Christiansen	Knockrobin, Wicklow	(0404) 30401

## **Health Centres**

Name	Address	Contact details
Arklow Health Centre	Castle Park, Arklow	(0402) 39 624
Aughrim Health Centre	Aughrim	(0402) 36 316
Avoca Health Centre	Avoca	(0402) 35 170
Barndarrig Health Centre	Bandarrig	(0404) 48 107
Bray Health Centre	Block B, Civic Centre, Main Street, Bray	(01) 274 4100
Carnew Primary Care Centre	Gorey Road, Carnew	(076) 6959090
Delgany Health Centre	Delgany	(01) 287 5832
Greystones Health Centre	Victoria Road, Greystones	(01) 287 7311
Kilcoole Health Centre	Kilcoole	(01) 201 8500
Knockananna Health Centre	Knockananna	(059) 647 1111
Newtown Mount Kennedy Primary Care Centre	Mountkennedy Town Centre	(01) 201 8500





Name	Address	Contact details
Roundwood Health Centre	Roundwood	(01) 281 8481
Shillelagh Health Centre	Shillelagh	(053) 942 9306
Tinahely Health Centre	Tinahely	(0402) 38 238
Wicklow Health Centre	Glenside Road. Wicklow Town	(0404) 68 400

### Other

Name	Туре	Address	Contact details
Newcastle Hospital	Hospital	Greystones	01 2819001
Lucena Clinic	Child and Adolescent Mental Health Service	Summerhill, Wicklow Town	(0404) 25 591
Lucena Clinic	Child and Adolescent Mental Health Service	Sessa House, Vevay Road, Bray	(01) 286 6886





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## **Appendices**

Appendix A: Population Change and Density across Electoral Districts 2011-2016

**Table A1**Population Change and Density 2011-2016

Electoral District	Population - 2011 (Number)	Population - 2016 (Number)	Actual change since previous census (Number)	Percentage change since previous census (Number)	Population density (persons per sq km) (Number)
Arklow No. 1 Urban	9817	9976	159	1.6	2402.5
Arklow No. 2 Urban	2953	3013	60	2	1362.7
Bray No. 1	1746	1839	93	5.3	3345.4
Bray No. 2	6192	6414	222	3.6	2756.4
Bray No. 3	6424	6459	35	0.5	4611.4
Rathmichael (Bray)	2380	2415	35	1.5	7689
Wicklow Urban	6761	6762	1	0	2201.5
Ballinguile	138	136	-2	-1.4	5.3
Baltinglass	2614	2720	106	4.1	140.2
Blessington	4399	4606	207	4.7	74.5
Burgage	1786	2065	279	15.6	122.6
Donaghmore	396	439	43	10.9	25.1
Donard	508	510	2	0.4	26.3
Dunlavin	1327	1359	32	2.4	76.3
Eadestown, Co. Wicklow	201	194	-7	-3.5	11.5
Hartstown, Co. Wicklow	276	267	-9	-3.3	18.4
Hollywood, Co. Wicklow	727	766	39	5.4	26
Humewood, Co. Wicklow	304	314	10	3.3	18.4
Imael North, Co. Wicklow	235	258	23	9.8	5.3





Electoral District	Population - 2011 (Number)	Population - 2016 (Number)	Actual change since previous census (Number)	Percentage change since previous census (Number)	Population density (persons per sq km) (Number)
Imael South, Co.	254	253	-1	-0.4	11.3
Wicklow		0.00	_		
Kilbride, Co. Wicklow	975	968	-7	-0.7	20.7
Lackan, Co. Wicklow	743	805	62	8.3	12.6
Lugglass, Co. Wicklow	155	171	16	10.3	4.5
Rathdangan, Co. Wicklow	445	460	15	3.4	19
Rathsallagh, Co. Wicklow	269	292	23	8.6	19.5
Stratford, Co. Wicklow	430	468	38	8.8	50.3
Talbotstown, Co. Wicklow	395	416	21	5.3	28.7
The Grange, Co. Wicklow	419	435	16	3.8	24.6
Tober, Co. Wicklow	524	512	-12	-2.3	26.4
Togher, Co. Wicklow	332	341	9	2.7	18.8
Tuckmill, Co. Wicklow	246	279	33	13.4	24.3
Delgany	5652	5980	328	5.8	488.6
Enniskerry	2765	2910	145	5.2	90.2
Greystones	7151	7258	107	1.5	1914.8
Kilmacanoge (Part Urban)	14043	14706	663	4.7	518.9
Powerscourt	785	788	3	0.4	13.7
Altidore	363	365	2	0.6	20.4
Arklow Rural	1310	1367	57	4.4	21.6
Aughrim	1760	1858	98	5.6	69.7
Avoca	682	744	62	9.1	51.3
Ballinaclash	636	633	-3	-0.5	32.3
Ballinacor, Co. Wicklow	309	346	37	12	6.7
Ballinderry, Co. Wicklow	459	466	7	1.5	22.2
Ballyarthur, Co. Wicklow	1024	1102	78	7.6	59.1





Electoral District	Population - 2011 (Number)	Population - 2016 (Number)	Actual change since previous census (Number)	Percentage change since previous census (Number)	Population density (persons per sq km) (Number)
Ballycullen, Co. Wicklow	269	330	61	22.7	23.7
Brockagh, Co. Wicklow	776	733	-43	-5.5	9.7
Calary, Co. Wicklow	302	333	31	10.3	9.9
Cronebane, Co. Wicklow	478	469	-9	-1.9	34.9
Dunganstown East, Co. Wicklow	764	832	68	8.9	32.8
Dunganstown South, Co. Wicklow	840	903	63	7.5	38.7
Dunganstown West, Co. Wicklow	453	458	5	1.1	18.2
Ennereilly, Co. Wicklow	382	411	29	7.6	20.9
Glendalough, Co. Wicklow	268	274	6	2.2	4.5
Glenealy, Co. Wicklow	2750	2724	-26	-0.9	68.6
Kilbride, Co. Wicklow	909	889	-20	-2.2	36
Kilcoole, Co. Wicklow	9834	10731	897	9.1	451.2
Killiskey, Co. Wicklow	1038	1062	24	2.3	44.8
Knockrath, Co. Wicklow	239	246	7	2.9	3.5
Moneystown, Co. Wicklow	303	304	1	0.3	21.9
Newcastle Lower, Co. Wicklow	2209	2354	145	6.6	94.4
Newcastle Upper, Co. Wicklow	3584	4009	425	11.9	148.5
Oldtown, Co. Wicklow	583	615	32	5.5	32.9
Rathdrum, Co. Wicklow	2448	2529	81	3.3	68.4
Togher, Co. Wicklow	1204	1378	174	14.5	67.6





Electoral District	Population - 2011 (Number)	Population - 2016 (Number)	Actual change since previous census (Number)	Percentage change since previous census (Number)	Population density (persons per sq km) (Number)
Trooperstown, Co. Wicklow	348	335	-13	-3.7	16.7
Wicklow Rural, Co. Wicklow	7429	8163	734	9.9	246.1
Aghowle, Co. Wicklow	213	242	29	13.6	14.6
Ballingate, Co. Wicklow	398	404	6	1.5	18.9
Ballinglen, Co. Wicklow	230	210	-20	-8.7	12
Ballybeg, Co. Wicklow	201	184	-17	-8.5	10
Carnew, Co. Wicklow	1759	1701	-58	-3.3	71.5
Coolattin, Co. Wicklow	290	278	-12	-4.1	17.9
Coolballintaggart, Co. Wicklow	461	491	30	6.5	12.1
Coolboy, Co. Wicklow	546	597	51	9.3	36.3
Cronelea, Co. Wicklow	190	178	-12	-6.3	13
Kilballyowen, Co. Wicklow	345	348	3	0.9	19.9
Killinure, Co. Wicklow	340	334	-6	-1.8	19.5
Kilpipe, Co. Wicklow	406	427	21	5.2	14.5
Money, Co. Wicklow	149	141	-8	-5.4	9.5
Rath, Co. Wicklow	261	277	16	6.1	17.3
Shillelagh, Co. Wicklow	595	589	-6	-1	37.5
Tinahely, Co. Wicklow	1536	1507	-29	-1.9	37.3





## Appendix B: Small Area Data for Age and Gender 2016

**Table B1**Number of Males by Age Category in Wicklow Small Areas (Electoral Districts) 2016

Males							
Electoral District	0-11 yrs.	12-24 yrs.	25+ yrs.	Total	0-11 yrs.	12-24 yrs.	25+ yrs.
	(n)	(n)	(n)	(n)	(%)	(%)	(%)
Arklow No. 1 Urban	988	784	3116	4,888	20%	16%	64%
Arklow No. 2 Urban	273	222	959	1,454	19%	15%	66%
Bray No. 1	168	98	672	938	18%	10%	72%
Bray No. 2	430	407	2240	3,077	14%	13%	73%
Bray No. 3	479	447	2190	3,116	15%	14%	70%
Rathmichael (Bray)	210	249	682	1,141	18%	22%	60%
Wicklow Urban	538	560	2249	3,347	16%	17%	67%
Ballinguile	11	13	49	73	15%	18%	67%
Baltinglass	232	248	861	1,341	17%	18%	64%
Blessington	469	386	1413	2,268	21%	17%	62%
Burgage	261	173	611	1,045	25%	17%	58%
Donaghmore	46	36	147	229	20%	16%	64%
Donard	45	30	171	246	18%	12%	70%
Dunlavin	133	120	431	684	19%	18%	63%
Eadestown	22	12	73	107	21%	11%	68%
Hartstown	23	14	91	128	18%	11%	71%
Hollywood	87	61	245	393	22%	16%	62%
Humewood	17	25	108	150	11%	17%	72%
Imael North	27	27	95	149	18%	18%	64%
Imael South	15	29	95	139	11%	21%	68%
Kilbride	79	71	355	505	16%	14%	70%
Lackan	78	51	284	413	19%	12%	69%
Lugglass	11	15	52	78	14%	19%	67%
Rathdangan	42	24	193	259	16%	9%	75%
Rathsallagh	27	15	101	143	19%	10%	71%
Stratford	42	38	143	223	19%	17%	64%
Talbotstown	43	33	141	217	20%	15%	65%
The Grange	35	30	145	210	17%	14%	69%
Tober	46	55	157	258	18%	21%	61%
Togher	36	14	123	173	21%	8%	71%





Males							
Electoral District	0-11 yrs.	12-24 yrs.	25+ yrs.	Total	0-11 yrs.	12-24 yrs.	25+ yrs.
	(n)	(n)	(n)	(n)	(%)	(%)	(%)
Tuckmill	36	18	90	144	25%	13%	63%
Delgany	572	498	1835	2,905	20%	17%	63%
Enniskerry	185	296	904	1,385	13%	21%	65%
Greystones	584	649	2281	3,514	17%	18%	65%
Kilmacanoge	1258	1377	4397	7,032	18%	20%	63%
Powerscourt	48	80	259	387	12%	21%	67%
Altidore	38	21	131	190	20%	11%	69%
Arklow Rural	140	107	444	691	20%	15%	64%
Aughrim	209	116	568	893	23%	13%	64%
Avoca	63	56	275	394	16%	14%	70%
Ballinaclash	55	63	215	333	17%	19%	65%
Ballinacor	41	17	111	169	24%	10%	66%
Ballinderry	47	37	167	251	19%	15%	67%
Ballyarthur	107	99	340	546	20%	18%	62%
Ballycullen	26	25	127	178	15%	14%	71%
Brockagh	64	45	265	374	17%	12%	71%
Calary	25	18	117	160	16%	11%	73%
Cronebane	30	37	175	242	12%	15%	72%
Dunganstown East	76	56	261	393	19%	14%	66%
Dunganstown South	91	94	274	459	20%	20%	60%
Dunganstown West	28	49	160	237	12%	21%	68%
Ennereilly	28	40	136	204	14%	20%	67%
Glendalough	22	24	92	138	16%	17%	67%
Glenealy	252	237	902	1391	18%	17%	65%
Kilbride	62	44	378	484	13%	9%	78%
Kilcoole	1351	714	3154	5,219	26%	14%	60%
Killiskey	102	95	319	516	20%	18%	62%
Knockrath	23	23	85	131	18%	18%	65%
Moneystown	31	29	95	155	20%	19%	61%
Newcastle Lower	214	195	801	1,210	18%	16%	66%
Newcastle Upper	390	342	1286	2,018	19%	17%	64%
Oldtown	50	38	221	309	16%	12%	72%
Rathdrum	238	207	809	1,254	19%	17%	65%
Togher	172	96	419	687	25%	14%	61%
Trooperstown	28	35	111	174	16%	20%	64%
Wicklow Rural	948	678	2365	3,991	24%	17%	59%





Males							
Electoral District	0-11 yrs. (n)	12-24 yrs. (n)	25+ yrs. (n)	Total (n)	0-11 yrs. (%)	12-24 yrs. (%)	25+ yrs. (%)
Aghowle	25	18	87	130	19%	14%	67%
Ballingate	36	24	148	208	17%	12%	71%
Ballinglen	12	17	73	102	12%	17%	72%
Ballybeg	15	22	64	101	15%	22%	63%
Carnew	163	119	573	855	19%	14%	67%
Coolattin	21	22	94	137	15%	16%	69%
Coolballintaggart	47	39	164	250	19%	16%	66%
Coolboy	65	45	210	320	20%	14%	66%
Cronelea	11	11	68	90	12%	12%	76%
Kilballyowen	39	25	119	183	21%	14%	65%
Killinure	27	22	118	167	16%	13%	71%
Kilpipe	37	38	147	222	17%	17%	66%
Money	17	7	53	77	22%	9%	69%
Rath	25	29	92	146	17%	20%	63%
Shillelagh	57	39	197	293	19%	13%	67%
Tinahely	139	116	470	725	19%	16%	65%
Total	13,283	11,435	45,438	70,156			





**Table B2**Number of Females by Age Category in Wicklow Small Areas (Electoral Districts) 2016

Females							
Electoral District	0-11 yrs. (n)	12-24yrs. (n)	25+ yrs. (n)	Total (n)	0-11 yrs. (%)	12-24yrs (%)	25+ yrs. (%)
Arklow No. 1 Urban	981	779	3328	5,088	19%	15%	65%
Arklow No. 2 Urban	295	262	1002	1,559	19%	17%	64%
Bray No. 1	147	96	658	901	16%	11%	73%
Bray No. 2	428	428	2481	3,337	13%	13%	74%
Bray No. 3	443	454	2446	3,343	13%	14%	73%
Rathmichael (Bray)	195	254	825	1,274	15%	20%	65%
Wicklow Urban	493	487	2435	3,415	14%	14%	71%
Ballinguile	9	9	45	63	14%	14%	71%
Baltinglass	234	243	902	1,379	17%	18%	65%
Blessington	485	337	1516	2,338	21%	14%	65%
Burgage	249	121	650	1,020	24%	12%	64%
Donaghmore	48	22	140	210	23%	10%	67%
Donard	42	40	182	264	16%	15%	69%
Dunlavin	118	115	442	675	17%	17%	65%
Eadestown	11	16	60	87	13%	18%	69%
Hartstown	24	28	87	139	17%	20%	63%
Hollywood	55	65	253	373	15%	17%	68%
Humewood	27	24	113	164	16%	15%	69%
Imael North	17	17	75	109	16%	16%	69%
Imael South	8	18	88	114	7%	16%	77%
Kilbride	63	76	324	463	14%	16%	70%
Lackan	63	57	272	392	16%	15%	69%
Lugglass	15	25	53	93	16%	27%	57%
Rathdangan	42	27	132	201	21%	13%	66%
Rathsallagh	27	19	103	149	18%	13%	69%
Stratford	41	39	165	245	17%	16%	67%
Talbotstown	39	21	139	199	20%	11%	70%
The Grange	40	33	152	225	18%	15%	68%
Tober	51	43	160	254	20%	17%	63%
Togher	35	25	108	168	21%	15%	64%





Females							
Electoral District	0-11 yrs.	12-24yrs.	25+ yrs.	Total	0-11 yrs.	12-24yrs	25+ yrs.
	(n)	(n)	(n)	(n)	(%)	(%)	(%)
Tuckmill	37	13	85	135	27%	10%	63%
Delgany	604	436	2035	3,075	20%	14%	66%
Enniskerry	242	264	1019	1,525	16%	17%	67%
Greystones	551	593	2600	3,744	15%	16%	69%
Kilmacanoge	1243	1413	5018	7,674	16%	18%	65%
Powerscourt	56	74	271	401	14%	18%	68%
Altidore	30	21	124	175	17%	12%	71%
Arklow Rural	122	115	439	676	18%	17%	65%
Aughrim	216	112	637	965	22%	12%	66%
Avoca	39	48	263	350	11%	14%	75%
Ballinaclash	62	45	193	300	21%	15%	64%
Ballinacor	38	26	113	177	21%	15%	64%
Ballinderry	34	28	153	215	16%	13%	71%
Ballyarthur	114	91	351	556	21%	16%	63%
Ballycullen	25	13	114	152	16%	9%	75%
Brockagh	37	43	279	359	10%	12%	78%
Calary	38	27	108	173	22%	16%	62%
Cronebane	34	40	153	227	15%	18%	67%
Dunganstown East	76	41	322	439	17%	9%	73%
<b>Dunganstown South</b>	67	73	304	444	15%	16%	68%
<b>Dunganstown West</b>	33	42	146	221	15%	19%	66%
Ennereilly	32	33	142	207	15%	16%	69%
Glendalough	17	16	103	136	13%	12%	76%
Glenealy	209	220	904	1333	16%	17%	68%
Kilbride	64	48	293	405	16%	12%	72%
Kilcoole	1299	697	3516	5,512	24%	13%	64%
Killiskey	80	89	377	546	15%	16%	69%
Knockrath	22	11	82	115	19%	10%	71%
Moneystown	27	20	102	149	18%	13%	68%
Newcastle Lower	183	164	797	1,144	16%	14%	70%
Newcastle Upper	372	276	1343	1,991	19%	14%	67%
Oldtown	60	43	203	306	20%	14%	66%
Rathdrum	243	185	847	1,275	19%	15%	66%





Females							
Electoral District	0-11 yrs. (n)	12-24yrs. (n)	25+ yrs. (n)	Total (n)	0-11 yrs. (%)	12-24yrs (%)	25+ yrs. (%)
Togher	173	79	439	691	25%	11%	64%
Trooperstown	31	27	103	161	19%	17%	64%
Wicklow Rural	909	668	2595	4,172	22%	16%	62%
Aghowle	21	10	81	112	19%	9%	72%
Ballingate	31	29	136	196	16%	15%	69%
Ballinglen	13	22	73	108	12%	20%	68%
Ballybeg	10	13	60	83	12%	16%	72%
Carnew	152	130	564	846	18%	15%	67%
Coolattin	25	22	94	141	18%	16%	67%
Coolballintaggart	52	44	145	241	22%	18%	60%
Coolboy	54	40	183	277	19%	14%	66%
Cronelea	11	15	62	88	13%	17%	70%
Kilballyowen	31	19	115	165	19%	12%	70%
Killinure	22	27	118	167	13%	16%	71%
Kilpipe	36	29	140	205	18%	14%	68%
Money	10	2	52	64	16%	3%	81%
Rath	20	25	86	131	15%	19%	66%
Shillelagh	60	43	193	296	20%	15%	65%
Tinahely	141	128	513	782	18%	16%	66%
Total	12,833	10,912	48,524	72,269			





## Appendix C: Breakdown of Relative HP Index Scores by Census Small Area of Population 2016

**Table C1**Poabl HP Index Scores for Wicklow Electoral Districts 2016

Electoral District	HP Deprivation Index	Description
Aghowle	-5.57	Marginally below average
Altidore	3.5	Marginally above average
Arklow No. 1 Urban	-7.75	Marginally below average
Arklow No. 2 Urban	-2.9	Marginally below average
Arklow Rural	-2.34	Marginally below average
Aughrim	-2.79	Marginally below average
Avoca	-4.85	Marginally below average
Ballinaclash	-1.84	Marginally below average
Ballinacor	1.95	Marginally above average
Ballinderry	2.01	Marginally above average
Ballingate	-4.77	Marginally below average
Ballinglen	-0.17	Marginally below average
Ballinguile	1.21	Marginally above average
Ballyarthur	0.95	Marginally above average
Ballybeg	-3.05	Marginally below average
Ballycullen	3.66	Marginally above average
Baltinglass	-7.02	Marginally below average
Blessington	2.05	Marginally above average
Bray no. 1	-3.08	Marginally below average
Bray no. 2	6.8	Marginally above average
Bray no.3	1.14	Marginally above average
Brockagh	0.12	Marginally above average
Burgage	6.06	Marginally above average
Calary	5.39	Marginally above average
Carnew	-10.65	Disadvantaged
Coolattin	-1.58	Marginally below average
Coolballintaggart	-3.16	Marginally below average
Coolboy	-3.93	Marginally below average
Cronebane	-4.58	Marginally below average
Cronelea	-4.39	Marginally below average
Delgany	8.96	Marginally above average





Electoral District	HP Deprivation Index	Description
Donaghmore	-0.82	Marginally below average
Donard	-1.34	Marginally below average
Dunganstown East	0.25	Marginally above average
Dunganstown South	0.25	Marginally above average
Dunganstown West	3.03	Marginally above average
Dunlavin	-7.5	Marginally below average
Eadestown	-1.72	Marginally below average
Ennereilly	0.95	Marginally above average
Enniskerry	8.72	Marginally above average
Glendalough	-0.7	Marginally below average
Glenealy	0.07	Marginally above average
Greystones	9.36	Marginally above average
Hartstown	1.98	Marginally above average
Hollywood	2.84	Marginally above average
Humewood	1.19	Marginally above average
Imael North	-0.72	Marginally below average
Imael South	-5.24	Marginally below average
Kilballyowen	1.39	Marginally above average
Kilbride	-4.73	Marginally below average
Kilbride	5.65	Marginally above average
Kilcoole	1.43	Marginally above average
Killinure	-4.18	Marginally below average
Killiskey	5.63	Marginally above average
Kilmacanogue	3.56	Marginally above average
Kilpipe	2.44	Marginally above average
Knockrath	-0.28	Marginally below average
Lackan	2.56	Marginally above average
Lugglass	1.43	Marginally above average
Moneystown	8.94	Marginally above average
Moneystown	0.6	Marginally above average
Newcastle Lower	3.72	Marginally above average
Newcastle Upper	3.82	Marginally above average
Oldtown	3.22	Marginally above average
Powerscourt	9.69	Marginally above average
Rath	0.4	Marginally above average
Rathdangan	-1.66	Marginally below average
Rathdrum	-5.29	Marginally below average
Rathmichael (Bray)	-13.74	Disadvantaged





Electoral District	HP Deprivation Index	Description
Rathsallagh	5.11	Marginally above average
Shilleagh	-3.72	Marginally below average
Stratford	-2.81	Marginally below average
Talbotstown	2.95	Marginally above average
The Grange	2.1	Marginally above average
Tinahely	-5.23	Marginally below average
Tober	2.79	Marginally above average
Togher	1.81	Marginally above average
Togher	0.33	Marginally above average
Trooperstown	6.78	Marginally above average
Wickloe Rural	2.18	Marginally above average
Wicklow Urban	-4.06	Marginally below average







We're here to make sure that every young person's mental health is valued and supported, providing information and support online, through schools, and our services based in communities across Ireland.

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